

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Rides to Church (Sign up at Front Desk) 10:30 St. Stephen's Church PLR 12:30 Quiddler PGR 1:30 Dollar Store (Sign up in Activity Book) 2:30 Music Appreciation w/ Mark Pietri PLR</p>	<p><b>No Exercise Today</b> 10:30 Palms Association Meeting PLR 1:30 Bingo (\$1) PDR 1:00-4:00 PLR Opera Lovers Meet Join John Frey for a video plus commentary &amp; discussion of Carmen</p>	<p>9:30 Balance Class PLR 10:00 Catholic Liturgy Communion PAR 10:30 Banking (Sign up at Front Desk) 12:30 Bridge PDR 3:00 Decorating the Oaks Christmas Tree OLR Join us for a good time decorating our trees with friends with snacks &amp; sharing stories</p>	<p>9:30 Sit &amp; Be Fit PLR 10:30 Rite Aid – 20% Discount (Sign up in Activity Book) 11:00 Speech/Lip Reading Class PGR 1:00 Bingo (\$1) PDR 2:30 Oaks Association Mtg. In the Oaks Movie Theater 2:30 Film Appreciation PLR 6:30 Trivia Night PLR</p>	<p>9:30 Strength Training w/ Weights PLR 10:30 Bible Study PAR 12:30 Walmart (Sign up in Activity Book) 3:30 Guys in Ties, Girls in Pearls PLR Cocktail Hour Serving Full Bar + Special: Spiked Egnog Join in during the festivities to help decorate our Palms Living Room Christmas Tree</p>	<p>9:30 Balance Class PLR 11:15 Brownbag Concert Presenting: The In Time Trio Lunch Provided! (Sign up in Activity Book) 1:30 Two-Buck Bingo (\$2) PDR 3:00 Live Performance PLR Presenting: Charles Jones Songs Celebrating the Christ in Christmas 6:30 Cal Poly Students Christmas Caroling PLR</p>	<p>9:30 Strength Training w/ Weights PLR 10:30 Employee Appreciation Ceremony PDR A very special thank you from the residents to the staff for the holidays! 5:00 Lighted Boat Parade in Morro Bay – Dress Warm! Dinner &amp; Hot Beverages Provided (Sign up in Activity Book)</p>
<p>Rides to Church (Sign up at Front Desk) 10:30 St. Stephen's Church PLR 12:30 Quiddler PGR 2:30 Music Appreciation w/ Mark Pietri PLR 6:30 Live Performance PLR Cross Traffic – Christmas Favorites</p>	<p>9:30 Tai Chi/Yoga PLR 11:00 Village Voices PLR 12:00 Men's Luncheon PDR Serving: Roast Beef &amp; Cheddar Sandwich &amp; Beer (Sign up in Activity Book) 1:30 Bingo (\$1) PDR 3:00 Presentation PLR Join Resident, Dale Moody to Learn About Alexander Von Humboldt - The Forgotten Scientist of Nature</p>	<p><b>No Exercise Today</b> 10:00 Catholic Liturgy Communion PAR 10:30 Banking (Sign up at Front Desk) 10:30 Winter Fashion Show Featuring: Kelly's Casuals @ Garden Creek 12:30 Bridge PDR 2:00-4:00 PLR Enjoy shopping from various local vendors from the comfort of your home!</p>	<p>9:30 Sit &amp; Be Fit PLR 11:00 Speech/Lip Reading Class PGR 10:30 The Villages Voices Performance at Sydney Creek (Only for Chorus Members) 11:00 Lunch &amp; Gift Shop at Apple Farm in SLO in San Luis Obispo (Sign up in Activity Book) 1:30 Bingo (\$1) PDR 2:30 Film Appreciation PLR</p>	<p>9:30 Exercise Morning Neighborhood Walk (Meet in PLR) 10:30 Bible Study PAR 5:30 – 7:30 The Villages Holiday Open House In the Palms Living Room &amp; Garden Creek Featuring Hors d'oeuvre Drinks, Live Music, &amp; Dancing</p>	<p>9:30 Balance Class PLR 10:30 Macy's Shopping (Sign up in Activity Book) No Bingo Today 2:00 Live Performance GC Join us for a great concert performed by our own residents The Village Voices 4:30 Guys in Ties, Girls in Pearls OLR With Live Performance Luke on the Piano</p>	<p>9:30 Strength Training w/ Weights PLR 10:30 Trader Joe's (Sign up in Activity Book) 1:30 Los Osos Rexall Drug Store &amp; Gift Shop (Sign up in Activity Book) 3:00 Giving Back PCR Join us to stuff donated purses – supplies provided that will be given to the Women's Shelter</p>
<p>Rides to Church (Sign up at Front Desk) 10:30 St. Stephen's Church PLR 12:30 Quiddler PGR 1:30 Scenic Ride (Sign up in Activity Book) 1:30 New Your Documentary Marathon Continued PLR</p>	<p>9:30 Tai Chi/Yoga PLR 10:15 FREE Point San Luis Light House Holiday Decorated Docent Lead Tour w/ Picnic (Sign up in Activity Book) 1:00 Library Committee PAR 1:30 Bingo (\$1) PDR 3:00 Christmas Cookie Decorating PAR (Sign up in Activity Book) 6:30 Christmas Carols Lead by Resident, Lou Fogo PLR</p>	<p>9:30 Balance Class PLR 10:00 Catholic Liturgy Communion PAR 10:30 Banking (Sign up at Front Desk) 12:30 Bridge PDR Birthday Celebrations With Live Music by Jeff Elliott 3:00-4:00 PLR 4:30-5:30 OLR</p>	<p>9:30 Sit &amp; Be Fit PLR 10:00 Palms Food Committee PDR 11:00 White Elephant Gift Exchange This fun game requires you to bring one wrapped present to swap with another or steal – taking your chance to see what you end up with! PLR 11:00 Speech/Lip Reading Class PGR 1:30 Bingo (\$1) PDR 2:30 Film Appreciation PLR 6:30 Night Out at Madonna Inn Live Music &amp; Dancing (Sign up in Activity Book)</p>	<p>9:30 Strength Training PLR 10:30 Bible Study PAR 1:30 Live Performance PLR Bishop Peak Elementary School Holiday Seasonal Songs by the 2nd Grade Students with a meet and greet to follow 4:30 Guys in Ties, Girls in Pearls Cocktail Hour OLR Serving Full Bar + Special: Spiked Egnog 6:30 Palms Christmas Lights Tour (Sign up in Activity Book)</p>	<p>9:30 Balance Class PLR 10:00-12:00 PCR Dr. Ziomek Podiatrist Appointments (Sign up in Activity Book) 1:30 Two-Buck Bingo (\$2) PDR 3:00 Live Performance Presenting: Kindred Spirits A fabulous chorus ensemble featuring some of our residents here from The Villages 7:30 Oaks Christmas Lights Tour (Sign up in Activity Book)</p>	<p>9:30 Strength Training w/ Weights PLR 10:30 Trip to Camp Roberts Docent lead tour of the base &amp; museum (Sign up in Activity Book) 3:00 Time of Remembrance PLR Join us for a special time to remember all those that we love and miss – You are welcome to bring pictures Winter Begins</p>
<p>Rides to Church (Sign up at Front Desk) 10:30 St. Stephen's Church PLR 12:30 Quiddler PGR 3:00 Live Performance GC Jingle Bells Chorus A performance not to be missed!</p>	<p>9:30 Tai Chi/Yoga PLR 1:30 Special Holiday Bingo (\$1) PDR Winners get to unwrap a surprise gift! 3:00 Live Performance Crustacea Band Holiday Special! @ GC First Day of Hanukkah</p>	<p>9:30 Balance Class PLR 10:00 Catholic Liturgy Communion PAR 10:30 Banking (Sign up at Front Desk) 12:30 Bridge PDR 3:00 "The Reason for the Season" PLR A reading of the Christmas story from the Bible by resident Gene Anderson</p>	<p><b>No Transportation or Exercise Today</b>  6:30 It's a Wonderful Life PLR Christmas</p>	<p>9:30 Strength Training w/ Weights PLR 10:30 Bible Study PAR 1:30 Montana de Oro Bluff Trail- Easy Flat Walking (Sign up in Activity Book) 3:00 Social Hour PLR Join Shiana for a fireside chat to share some of your favorite holiday stories &amp; memories Kwanzaa Begins</p>	<p>9:30 Balance Class PLR 1:30 Two-Buck Bingo (\$2) PDR 3:00 Life Enrichment Meeting PLR Join Natalie to discuss and share ideas and thoughts for what you would like to see on your 2020 year calendars!</p>	<p>9:30 Strength Training w/ Weights PLR 11:00 Trip to the Charles Paddock Atascadero Zoo \$9.00 Admission (Sign up in Activity Book) 1:30 Watercolor with Dixi PAR 3:00 TED Talks PLR Topic: Conservation</p>
<p>Rides to Church (Sign up at Front Desk) 10:30 St. Stephen's Church PLR 12:30 Quiddler PGR 2:15 Holiday Extravaganza at the Melodrama Call Box Office at 805-489-2499 to Buy Tickets (Sign up in Activity Book)</p>	<p>9:30 Tai Chi/Yoga PLR 11:30 Women's Tea Luncheon OLR (Sign up in Activity Book) 1:30 Bingo (\$1) PDR 3:00 Sign up for January 2020! for Outings &amp; Activities PLR &amp; OLR</p>	<p><b>No Exercise or Transportation Today</b> 6:30-8:30 New Year's Celebration PLR with Live Music by Deanna Delore &amp; Jim Bennett Enjoy dancing, champagne, cider, hors d'oeuvre and good company 9:00 Watch the Ball Drop in Time Square PLR New Year's Eve</p>	<p style="text-align: center;"><b>December 2019</b> <b>The Palms &amp; The Oaks Life Enrichment Calendar</b> <small>PLR- Palms Living Rm. PDR- Palms Dining Rm. PGR- Palms Garden Rm. PAR- Palms Arts &amp; Crafts Rm. PCR- Palms Community Room OLR- Oaks Living Rm. GC- Garden Creek</small></p>			