






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Every Even Tuesday @ 5:30 New Resident Welcome Table – ODR Every Odd Tuesday @ 5:00 New Resident Table – PDR Mon-Fri Movies will be played at 12:00 PM the Oaks Theater and at 6:30 PM in the Palms Living Room. List of Movies can be found on the back.</p> 		<p>9:00 – 5:00 Bus Sign up via 1 ballot drop off 10:00 Communion -PCR 10:30 Banking 11:00 Balance w/Misty -PCR 1:00 Aqua Aerobics w/ Colleen- Oaks Pool 1:00 Bridge- PCR 2:00 Therapy Dogs- Activities lawn 5:30 New Resident Welcome – ODR</p>	<p>9:30- 4:30 Lives Well Lived— PCR 9:30 Chair exercise w/ Tonya- PLR (<i>living room today only</i>) 10:30 Rite-Aid Shopping 2:30 Oaks Association Mtg 3:00-4:00 Wine & Music –PLR</p>	<p>9:30 Yoga w/Mary Ann - PCR 10:00 Bible Study- PAR 11:00 Balance w/ Misty - PCR 1:30 2\$ Buck Bingo – PDR 1:30 Aqua Aerobics w/Colleen - OAKS Birthday: Jeanne Syvertsen & Herbert Smith</p>	<p>9:30 Chair exercise w/ Tonya- PCR 10:00 Bible Discussion – GC 11:00 Lip Reading w/ Lou- PGR 2:00 Ice Cream Social-courtyard 3-4 Piano Performance by Hal Sweasey</p>	<p>10:00 Meditation w/ Mary Ann PCR 11:30 Quilt for Kittens! Volunteer club—PAR 11:00 Gentle Yoga – PCR 12:00 Movie – OT 1:30 Arts and Crafts w/Mary Ann - PAR 6:30 Movie – PLR</p>
<p>6 9:00 Church w/Colleen 10:00 Workout Video – PCR 11:30 Walking Group 12:00 Movie – PLR 1:30 Aqua Aerobics w/Colleen - Oaks Pool 3:30 Hymn Singing – PLR 6:30 Movie – PLR <small>Daylight Saving Time Ends</small></p>	<p>7 9:30 Chair Exercise w/ Tonya-PCR 10:30 Palms Association Mtg-PLR 1:30 1\$ Bingo – PDR 2:00 Fitness Fusion w/Mary Ann - PCR 3-4 Music Performance by Rick Jarrett</p>	<p>8 10:00 Communion -PCR 10:30 Banking 11:00 Balance w/Misty -PCR 1:30 Aqua Aerobics w/ Colleen- Oaks Pool 1:00 Bridge- PCR 5:00 New Resident Welcome - PDR Birthday: Maria Lourdes Bowling</p>	<p>9 9:30 Chair Exercise w/ Tonya-PCR 10:15 Kitchen & Vine Lunch Outing 3:00-4:00 Wine & Music</p>	<p>10 9:30 Yoga w/Mary Ann-PCR 10:00 Bible Study- PAR 11:00 Balance w/ Misty -PCR 11:00 SLO County Book Mobile 12:15 Bridge—PCR 1:30 2\$ Buck Bingo – PDR 1:30 Aqua Aerobics w/Colleen 2:00 Target Shopping Birthday: Inger Hammer</p>	<p>11 10:00 Bible Discussion – GC 10:00 Nutrition & Education Cal Poly presentation –PLR 11:00-12:30 History Need Not Be Boring w/ Dick Miller- PCR 11:00 Lip Reading w/ Lou- PGR 3-4 Entertainment The Still Kicking Band - PLR <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>12 11:30 Quilt for Kittens! Volunteer club--PAR 11:00 Arthritis w/ Misty--PCR 12:00 Movie – OT 1:30 Watercolor with Dixie – PAR 12:00 Movie – OT 6:30 Movie – PLR</p>
<p>13 9:00 Church w/Colleen 10:00 Workout Video – PCR 11:30 Walking Group 12:00 Movie – PLR 1:30 Aqua Aerobics w/Colleen - Oaks Pool 6:30 Movie – PLR</p>	<p>14 10:30 Garden Walk w/ Simon 1:30 1\$ Bingo – PDR 1:30 Pismo Outlet Mall Holiday Shopping 2:00 Fitness Fusion w/Mary Ann - PCR 3-4 Music Performance by Gary Ryan on the banjo</p>	<p>15 10:00 Communion -PCR 10:30 Banking 11:00 Balance w/Misty -PCR 1:00 Bridge- PCR 1:30 Aqua Aerobics w/ Colleen- Oaks Pool 2:00-4:00 Resident Art "Open House" –OLR 5:30 New Resident Welcome – ODR</p>	<p>16 8:00-12 Dr. Ziomak - PAR 9:30 Chair exercise w/ Tonya-PCR 11:30 Sushi lunch outing—UMI 3:00-4:00 Wine & Music—PLR</p>	<p>17 9:30 Yoga w/Mary Ann-PCR 10:00 Bible Study- PAR 11:00 Balance w/ Misty -PCR 1:30 2\$ Buck Bingo – PDR 1:30 Aqua Aerobics w/Colleen - OAKS 3:00 Public Transport Presentation—PLR 3:30 Trivia w/Jack Hennessy-PGR</p>	<p>18 9:30 Chair exercise w/ Tonya-PCR 10:00 Bible Discussion – GC 11:00 Lip Reading w/ Lou- PGR 12:30 Comedy, Cookies, & Conversation 1:00 Greeter's Committee meeting--PCR 3-4 Music performance by Les Beck Duo</p>	<p>19 10:00 Meditation w/Mary Ann-PCR 11:00 Gentle Yoga – PCR 11:30 Quilt for Kittens! Volunteer club—PAR 12:00 Movie – OT 1:30 Arts and Crafts w/Mary Ann - PAR 6:30 Movie – PLR</p>
<p>20 9:00 Church w/Colleen 10:00 Workout Video – PCR 11:30 Walking Group 12:00 Movie – PLR 1:30 Aqua Aerobics w/Colleen - Oaks Pool 3:30 Hymn Singing – PLR 6:30 Movie – PLR Birthday: Robert Mulrooney</p>	<p>21 9:30 Chair exercise w/ Tonya- PCR 10:30 Garden Walk w/ Simon 11:30 Point San Luis Lighthouse Outing 1:30 1\$ Bingo – PDR 2:00 Fitness Fusion w/Mary Ann - PCR 3-4 Entertainment – Tim Jackson PLR</p>	<p>22 10:00 Communion -PCR 10:30 Banking 1:00 Bridge- PCR 2:00 You've Got Mail showing popcorn & soda -OT 6:00-7 Pie Potluck- PLR</p>	<p>23 10:30 Luffa Farms Outing 3:00-4:00 Wine & Music—PLR Birthday: Teresa Plucinski</p>	<p>24  THANKSGIVING <small>Thanksgiving Day (US)</small></p>	<p>25 10:00 Bible Discussion – GC 11:00 Lip Reading w/ Lou-PGR 12:30 Photo collage crafting w/ Nikki—PLR 3-4 Entertainment – Eliza Sings PLR</p>	<p>26 10:00 Book Club--PAR 11:30 Quilt for Kittens! Volunteer club—PAR 12:00 Movie – OT 1:30 Watercolor with Dixie – PAR 6:30 Movie – PLR</p>
<p>27 9:00 Church w/Colleen 10:00 Workout Video – PCR 11:30 Walking Group 12:00 Movie – PLR 1:30 Aqua Aerobics w/Colleen-Oaks Pool 6:30 Movie – PLR</p>	<p>28  10:45 Harmony Cellars Outing 1:30 1\$ Bingo – PDR 2:00 Fitness Fusion w/Mary Ann - PCR 3-4 Entertainment Paul Kent – PLR</p>	<p>29 Music Performer: Joy Bonner 10:00 Communion -PCR 10:30 Banking 11:00 Balance w/Misty -PCR 1:00 Bridge—PCR 1:30 Aqua Aerobics w/ Colleen -Oaks Pool 3:00 – 5:00 BIG JOINT Cocktail Party in PLR! </p>	<p>30 9:30 Chair exercise-- PCR 10:30 Trader Joes shopping 3:30 Once Upon a Short Story Club—PAR 3:00-4:00 Wine & Music—PLR 5:30 Tree Decorating w/ spiked eggnog and treats—PLR </p>	<p>November 2022 Ballots are required for all starred events (***). The Activities Binder is in the Palms Living Room It will have both info sheets and list of residents for each bus trip</p> 		

PLR = Palms Living Room PCR = Palms Community Room PAR = Palms Arts & Crafts Room OT = Oaks Movie Theater PDR = Palms Dining Room ODR = Oaks Dining Room PGR = Palms Garden Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<u>Born free</u> ¹ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Blue Mountain State</u> ² Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>The Pelican Brief</u> ³ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Unforgiven w/Clint Eastwood</u> ⁴ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Steel Magnolias</u> ⁵ Oaks Movie Theater 12:00 Palms Living Room 6:30	
	<u>Anastasia</u> ⁶ Oaks Movie Theater 12:00 Palms Living Room 6:30 <small>Daylight Saving Time Ends</small>	<u>Pretty Woman</u> ⁷ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Crazy Stupid Love</u> ⁸ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Big Eyes</u> ⁹ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Forrest Gump</u> ¹⁰ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Dogs on the Inside</u> ¹¹ Oaks Movie Theater 12:00 Palms Living Room 6:30 <small>Veterans Day Remembrance Day (Canada)</small>	<u>Where the Crawdads sing</u> ¹² Oaks Movie Theater 12:00 Palms Living Room 6:30
	<u>Indiscreet</u> ¹³ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Diana our mother</u> ¹⁴ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Dirty Dancing</u> ¹⁵ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Paddington</u> ¹⁶ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>Zorba the Greek</u> ¹⁷ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>My Octopus Teacher</u> ¹⁸ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>The Secret Life of walter mitty</u> ¹⁹ Oaks Movie Theater 12:00 Palms Living Room 6:30
	<u>For Whom The Bell Tolls</u> ²⁰ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>In the Heights</u> ²¹ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>You've Got Mail</u> ²²  SPECIAL EVENT! OAKS THEATER 2:00 PM	<u>9 to 5</u> ²³ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>The Sound of Music</u> ²⁴ Oaks Movie Theater 12:00 Palms Living Room 6:30 <small>Thanksgiving Day (US)</small>	<u>Casablanca</u> ²⁵ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>First Wives Club</u> ²⁶ Oaks Movie Theater 12:00 Palms Living Room 6:30
	<u>Spellbound</u> ²⁷ Oaks Movie Theater 12:00 Palms Living Room 6:30	<u>The United States vs Billie Holiday</u> ²⁸ Oaks Movie Theater 12:00 Palms Living Room 6:30	NO MOVIE ²⁹ Cocktail Party	<u>Molly's Game</u> ³⁰ Oaks Movie Theater 12:00 Palms Living Room 6:30	UPDATED MOVIE LIST		