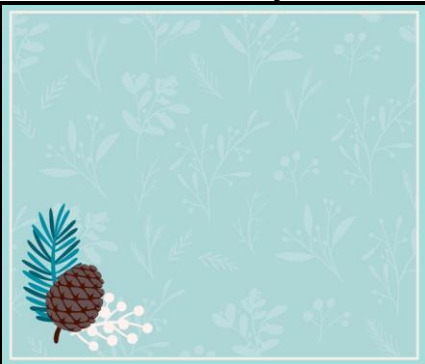




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>9:30 Chair exercise w/Tonya 1:30 NO Bingo- PDR</p>  <p>New Year's Day</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 10:30 Banking 1:00 Bridge- PCR 1:30 Tai chi video- OLR 1:30 Paper Snowflake Making!- PLR Dinner Time- Welcome New Resident Table - PDR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Rite Aid Shopping 10:30 NO Arts & Crafts 2:30 Oaks Association Meeting</p>	<p>9:30 NO Yoga w/Mary Ann 10:00 Bible study- GC 1:00 Mahjong Game- OLR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:30 Balance Class w/ Amy - PLR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Ted Waterhouse-PLR</p>	<p>9:30 NO Meditation w/Mary Ann 10:30 NO Gentle Yoga 12:00 Movie- PLR 4:30 NO Arts and Crafts 6:30 Movie- PLR</p>	
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 3:30 Hymn Singing 6:30 Movie- PLR</p>	<p>9:30 NO Chair exercise 10:30 Palms Association Meeting 11:45 Firestone Brewery Lunch/ Beer Tasting 1:30 \$1 Bingo- PDR 2:00 NO Stretch & Move -PLR</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 1:00 Bridge- PCR 1:30 Tai chi video- OLR 1:30 Snow Globe Making!- PLR Dinner Time- Welcome New Resident Table - PDR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Target 10:30 Arts & Crafts-PAR 2:00 Grief & Loss Group-PCR 3:00 Joy Bonner-PLR</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 11:00 Book Mobile - GC 1:00 Mahjong Game- OLR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:00 Bible Discussion- GC 10:00 – 3:00 Chair Massage 10:30 Balance Class w/ Amy - PLR 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 2:00 Watercolor Wonders- PDR 3:00 Dick Miller – How We Got Hooked on Caffeine Pt.1 - PLR</p>	<p>9:30 Meditation w/Mary Ann 10:30 Gentle Yoga 12:00 Movie- PLR 4:30 NO Arts and Crafts 3:00 Village Voices PLR 6:30 Movie- PLR</p>	
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p>9:30 Chair exercise w/Tonya 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR 10:30 Walmart/ Marshalls 3:00 Rick Jarrett- PLR</p> <p>Martin Luther King Jr. Day</p>	<p>9:30 Mobility Video 10:00 Communion- PCR 10:30 Banking 1:00 Bridge- PCR 1:30 Tai chi video- OLR Dinner Time- Welcome New Resident Table - PDR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 11:00 Atascadero Zoo 10:30 Arts & Crafts- PAR</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 1:00 Mahjong Game-OLR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 10:30 Balance Class w/ Amy - PLR 1:30 Water coloring- PAR 3:00 Dick Miller – How We Got Hooked on Caffeine pt. 2 - PLR</p>	<p>9:30 Meditation w/Mary Ann 10:30 Gentle Yoga 10:30 Book Club PAR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR</p>	
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly -OLR 3:30 Hymn Singing 6:30 Movie- PLR</p> <p>Activity Professionals Week</p>	<p>9:30 Chair exercise w/Tonya 11:00 Carlas Country Kitchen 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 1:00 Bridge- PCR 1:30 Tai chi video- OLR Dinner Time - Welcome New Resident Table - PDR 3:00 Birthday Cocktail Party Linda Wilson (piano & vocals)- OLR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Trader Joes 10:30 Arts & Crafts- PAR 2:00 Grief & Loss Group-PCR 3:00 Tim Jackson</p> <p>Tu B'Shevat Begins</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 1:00 Mahjong Game- OLR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:00 Bible Discussion- GC 10:00 – 3:00 Chair Massage 10:30 Balance Class w/ Amy - PLR 11:00 Lip Reading- PGR 1:30 Water coloring- PAR</p> <p>Australia Day (Observed)</p>	<p>9:30 Meditation w/Mary Ann 10:30 Gentle Yoga 12:00 Movie- PLR 1:30 Arts and Crafts 3:00 Village Voices PLR 6:30 Movie- PLR</p>	
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p>9:30 Chair exercise w/Tonya 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR 11:00 Bob Jones Trail/ Lunch 3:00 Gary Ryan - PLR</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 10:30 Banking 1:00 Bridge- PCR 1:30 Tai chi video- OLR 5:00 Once Upon A Short Story- PPDR Dinner Time- Welcome New Resident Table - PDR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Arts & Crafts- PAR 11:00 Irish Hills Plaza Shopping</p>				

PLR = Palms Living Room PCR = Palms Community Room PAR = Palms Arts & Crafts Room OT = Oaks Movie Theater PDR = Palms Dining Room ODR = Oaks Dining Room PGR = Palms Garden Room.

January Movies

Mon-Fri OAKS Theater @ 12N and PALMS Living Room @ 6:30PM
Sat & Sun PALMS Living Room @ 12N & 6:30PM

1. **I Can Only Imagine** – Netflix
2. **The Imitation Game** – Netflix
3. **Asteroid City** – Prime
4. **Bank Of Dave** – Netflix
5. **Disappearance at Clifton Hill** – Hulu
6. **Tombstone** – Hulu
7. **The Book Thief** - Hulu
8. **Meet me in St. Louis** – Prime
9. **Cop Land** – Netflix
10. **Elvis** – Prime
11. **Funny Farm** – Prime
12. **American Sniper** – Prime
13. **Clive Davis (The Soundtrack of our Lives)** - Netflix
14. **The Electric horseman** – Netflix
15. **Where the crawdads sing** – Netflix
16. **Little Miss Sunshine** – Hulu
17. **Splash** – Hulu
18. **Dennis the Menace** – Prime
19. **The Secret Dare to Dream** – Netflix
20. **The Unforgivable** – Netflix
21. **Buried (The 1982 Alpine Meadows Avalanche)** – Netflix
22. **The Impossible** – Netflix
23. **Mona Lisa Smile** – Hulu
24. **Kate & Leopold** – Prime
25. **42** – Prime
26. **The Silence of the Lambs** – Hulu, Prime
27. **Narnia the Voyage of the Dawn Treader** – Hulu
28. **The Giver** – Hulu
29. **The Karate Kid** – Netflix
30. **Nowhere** – Netflix
31. **Wham** – Netflix

January Shopping

- **Rite Aid, Wednesday 1/3 @ 10:30**
- **Target, Wednesday 1/10 @ 10:30**
- **Marshalls/ Walmart, Monday 1/15 @10:30**
- **Trader Joes, Wednesday 1/24 @10:30**
- **Irish Hills Plaza Shopping 1/31 @ 11:00**

January Bus Outings

- **Firestone Brewery Lunch & Beer Tasting, Monday 1/8 @11:00**
- **Atascadero Zoo, Wednesday 1/17 @ 11:00**
- **Carlas Country Kitchen, Monday 1/22 @11:00**
- **Bob Jones Trail/ Lunch, Monday 1/29 @ 11:00**

January Campus Events

- **Paper Snowflake Craft w/ Sammy, Tuesday 1/2 @ 1:30**
- **Make Snow globes, Tuesday 1/9 @1:30**
- **Watercolor Wonders, Friday 1/12 @ 2:00**