

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021



Sign-ups are required for ALL activities held in the PLR, PAR, PCR, & OT.

Sign-up sheets and more info. on activities can be found in the Activities Binder at the Palms

<p>10:30 Grace Central Coast online Sunday service -<u>PLR</u> 11:30 Walking group 12:00 Movie -<u>PLR</u> (Second Chorus) 6:30 Movie -<u>PLR</u> (Second Chorus)</p> <p>3</p> <p>3 10:30 Grace Central Coast online Sunday service -<u>PLR</u> 11:30 Walking group 12:00 Movie -<u>PLR</u> (Trocadero) 1-3 Collage with Allee- <u>PAR</u> 6:30 Movie -<u>PLR</u> (Trocadero)</p> <p>10</p> <p>10 10:30 Grace Central Coast online Sunday service -<u>PLR</u> 11:30 Walking group 12:00 Movie -<u>PLR</u> (People Are Funny) 6:30 Movie -<u>PLR</u> (People Are Funny)</p> <p>17</p> <p>24 10:30 Grace Central Coast online Sunday service -<u>PLR</u> 11:30 Walking group 12:00 Movie -<u>PLR</u> (Doll Face) 1-3 Collage with Allee- <u>PAR</u> 6:30 Movie -<u>PLR</u> (Doll Face)</p> <p>Activity Professionals Week</p>	<p>10:00 Exercise w/ Mary -<u>PLR</u> 12:00 Movie -<u>PLR</u> (Mulan- Live action) 2:00 Fitness Fusion w/ Mary Ann in <u>PLR</u> 3:00 Nosey for News -<u>PCR</u></p> <p>4</p> <p>11 10:00 Exercise w/ Mary -<u>PLR</u> 12:00 Movie -<u>PLR</u> (Eight Below) 2-4 Courtyard performance by Rick Jarrett 3:00 Nosey for News -<u>PCR</u></p> <p>18 10:00 Exercise w/ Mary -<u>PLR</u> 12:00 Movie -<u>PLR</u> (The Butler) 3:00 Nosey for News -<u>PCR</u></p> <p>Martin Luther King Day</p> <p>25 10:00 Exercise w/ Mary -<u>PLR</u> 12:00 Movie -<u>PLR</u> (Dead Poets Society) 2:00 Fitness Fusion w/ Mary Ann in <u>PLR</u> 3:00 Nosey for News -<u>PCR</u></p>	<p>10:00 Exercise video -<u>PLR</u> 10:00 Communion Service -<u>PCR</u> 10:30 Arthritis Relief(exercise)-<u>PLR</u> 12:00 Movie in <u>OT</u> (The Producers) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 Comm. Connection -<u>PCR</u> 6:30 Movie -<u>PLR</u> (Mulan- Live action)</p> <p>5</p> <p>12 10:00 Exercise video -<u>PLR</u> 10:00 Communion Service -<u>PCR</u> 10:30 Arthritis Relief(exercise)-<u>PLR</u> 12:00 Movie in <u>OT</u> (Colombiana) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 Comm. Connection -<u>PCR</u> 6:30 Movie -<u>PLR</u> (Eight Below)</p> <p>Birthday: Pam Kendall</p> <p>19 10:00 Exercise video -<u>PLR</u> 10:00 Communion Service -<u>PCR</u> 10:30 Arthritis Relief(exercise)-<u>PLR</u> 12:00 Movie in <u>OT</u> (Pink Panther Strikes Again) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 Comm. Connection -<u>PCR</u> 6:30 Movie -<u>PLR</u> (The Butler)</p> <p>26 10:00 Exercise video -<u>PLR</u> 10:00 Communion Service -<u>PCR</u> 10:30 Arthritis Relief(exercise)-<u>PLR</u> 12:00 Movie in <u>OT</u> (War Games) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 Comm. Connection -<u>PCR</u> 6:30 Movie -<u>PLR</u>(Dead Poets Society)</p> <p>Birthday: Antonia Bowden</p> <p>Australia Day (observed)</p>	<p>10:00 Exercise w/ Mary -<u>PLR</u> 12:00 Movie -<u>PLR</u> (Andre Rieu- Live at the Royal Albert Hall) 3:00 Life Enrichment Meeting- <u>PLR</u> Join Mary to discuss and share ideas of what activities you would like to see in the new year! 16<sup>th</sup> edition of Villages Newspaper</p> <p>6</p> <p>13 Dr. Ziomek visit (by appointment only) in <u>PCR</u> 10:00 Exercise w/ Mary -<u>PLR</u> 12:00 Movie -<u>PLR</u> (Where Hands Touch) 3:00 Life Enrichment Meeting- <u>PLR</u> Join Mary to discuss and share ideas of what activities you would like to see in the new year!</p> <p>Birthday: Lea Spangler</p> <p>20 10:00 Exercise w/ Mary -<u>PLR</u> 11:00 Basic iPhone Uses (group 1)- <u>PCR</u> 12:00 Movie -<u>PLR</u> (Inside Out) 3:00 Trivia with Jack- <u>PLR</u></p> <p>27 10:00 Exercise w/ Mary -<u>PLR</u> 11:00 Basic iPhone Uses (group 2)- <u>PCR</u> 12:00 Movie -<u>PLR</u> (Jurassic Park) 3:00 Tenet Health educational presentation: Tele-ER</p> <p>17<sup>th</sup> edition of Villages Newspaper</p>	<p>10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible study w/ Leon -<u>PCR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2-2:45 Yoga Class w/ Mary Ann -<u>PLR</u> 6:30 Movie in <u>PLR</u> (Andre Rieu- Live at the Royal Albert Hall)</p> <p>7</p> <p>14 10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible study w/ Leon -<u>PCR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2-2:45 Yoga Class w/ Mary Ann -<u>PLR</u> 6:30 Movie -<u>PLR</u> (Where Hands Touch)</p> <p>Birthday: Richard Lehlbach</p> <p>21 10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible study w/ Leon -<u>PCR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2-2:45 Yoga Class w/ Mary Ann -<u>PLR</u> 6:30 Movie in <u>PLR</u> (Inside Out)</p> <p>28 10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible study w/ Leon -<u>PCR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2-2:45 Yoga Class w/ Mary Ann -<u>PLR</u> 6:30 Movie -<u>PLR</u> (Jurassic Park)</p>	<p>Happy New Year! No exercise or transportation today 12:00 Movie -<u>PLR</u> (The King's Speech) 1:00 Handy Crafters -<u>PAR</u> 6:30 Movie -<u>PLR</u> (The King's Speech) New Year's Day</p> <p>1</p> <p>8 10:00 Exercise w/ Mary -<u>PLR</u> 10:00 Presb Parable Study-<u>PCR</u> 1:00 Handy Crafters -<u>PAR</u> 2-4 Courtyard performance by the MarDales 6:30 Movie -<u>PLR</u> (The Farewell)</p> <p>15 10:00 Exercise w/ Mary -<u>PLR</u> 10:00 Presb Parable Study-<u>PCR</u> 1:00 Handy Crafters -<u>PAR</u> 2-4 Courtyard performance by Brynn Albanese 6:30 Movie -<u>PLR</u> (Anna Karenina)</p> <p>Birthday: Janice Lehlbach</p> <p>22 10:00 Exercise w/ Mary -<u>PLR</u> 10:00 Presb Parable Study-<u>PCR</u> 1:00 Handy Crafters -<u>PAR</u> 2-4 Courtyard performance by Gary Ryan 6:30 Movie -<u>PLR</u> (Life of Pi)</p>	<p>12:00 Movie -<u>PLR</u> (The Biggest Little Farm) 2:30 Movie -<u>PLR</u> (The Biggest Little Farm) 6:30 Movie -<u>PLR</u> (The King's Speech)</p> <p>2</p> <p>9 10:30 Book Club -<u>PAR</u> 12:00 Movie -<u>PLR</u> (The Accountant Of Auschwitz) 2:30 Movie -<u>PLR</u> (The Accountant Of Auschwitz) 6:30 Movie -<u>PLR</u> (The Farewell)</p> <p>16 12:00 Movie -<u>PLR</u> (Toni Morrison: The Pieces I am) 1:30 Crafts with Mary Ann- <u>PCR</u> 2:30 Movie -<u>PLR</u> (Toni Morrison: The Pieces I am) 6:30 Movie -<u>PLR</u> (Anna Karenina)</p> <p>23 12:00 Movie -<u>PLR</u> (The Social Dilemma) 1:30 Crafts with Mary Ann- <u>PCR</u> 2:30 Movie -<u>PLR</u> (The Social Dilemma) 6:30 Movie -<u>PLR</u> (Life of Pi)</p> <p>Birthday: David Godsey</p> <p>30 12:00 Movie -<u>PLR</u> (Honeyland) 1:30 Watercoloring with Dixie 2:30 Movie -<u>PLR</u> (Honeyland) 6:30 Movie -<u>PLR</u> (A Little Chaos)</p> <p>Birthdays: Joanne Frantz &amp; Andrea Stewart</p>
<p>10:30 Grace Central Coast online Sunday service -<u>PLR</u> 11:30 Walking group 12:00 Movie -<u>PLR</u> (The Great Gabbo) 6:30 Movie -<u>PLR</u> (The Great Gabbo)</p> <p>31</p>	<p>Activities are generally limited to 10 people or less due to COVID restrictions set by the State of California and San Luis Obispo County. MASKS ARE ALWAYS REQUIRED TO ATTEND ALL EVENTS</p> <p>Do not be discouraged by a filled sign-up sheet. Spots are usually available to those on the waitlist the day of due to no-shows.</p>					

PLR= Palms Living Room PCR = Palms Community Room (in courtyard 2 next to the beauty salon) PAR= Palms Arts & Crafts Room (in courtyard 3) OT= Oaks Movie Theater