

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

## Life Enrichment Activity Calendar

|  |  |   |  |  |   |   |  |
|--|--|---|--|--|---|---|--|
| <p>8:00 Coffee Club<br/>10:00 Church Service<br/>11:15 Strength and Balance<br/>1:30 Social Hour<br/>3:00 Riddle Me This<br/>4:00 Classic TV</p>   |  |   |  |  |   | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Holiday History<br/>1:30 Social Hour<br/>3:00 Trivia Twisters<br/>4:00 Classic TV<br/><small>New Year's Day</small></p> | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Kerplop!<br/>1:30 Social Hour<br/>3:00 Groupthink<br/>4:00 Classic TV</p> |
| <p>8:00 Coffee Club<br/>10:00 Church Service<br/>11:15 Strength and Balance<br/>1:30 Social Hour<br/>3:00 Riddle Me This<br/>4:00 Classic TV</p>   | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Golf<br/>1:30 Social Hour<br/>3:00 Who's Got It?<br/>4:00 Classic TV</p>   | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Arts &amp; Crafts<br/>1:30 Social Hour<br/>3:00 Word Games<br/>4:00 Classic TV</p>   | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Giant Yahtzee<br/>1:30 Social Hour<br/>3:00 Music &amp; Memories<br/>4:00 Classic TV</p>  | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Classic Bingo<br/>1:30 Social Hour<br/>3:00 Music &amp; Memories<br/>4:00 Classic TV</p>       | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Biography<br/>1:30 Social Hour<br/>3:00 Trivia Twisters<br/>4:00 Classic TV</p>                    | <p>8:00 Coffee Club<br/>10:30 Exercise<br/>1:00 Saturday Movie<br/>Matinee: <i>The Sound of Music (1964)</i>, part 1.</p>   |  |
| <p>8:00 Coffee Club<br/>10:30 Exercise<br/>1:00 Saturday Movie<br/>Matinee: <i>The Sound of Music (1964)</i>, part 2</p>   | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Kickball<br/>1:30 Social Hour<br/>3:00 <b>Concerts on the Patio with Les Beck</b><br/>4:00 Classic TV</p>  | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Balloon Tennis<br/>1:30 Social Hour<br/>3:00 <b>Concerts on the Patio with Rick Jarrett</b><br/>4:00 Classic TV</p>             | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Bowling<br/>1:30 Social Hour<br/>3:00 Music &amp; Memories<br/>4:00 Classic TV</p>        | <p>8:00 Coffee Club<br/>10:30 Strength &amp; Balance<br/>11:15 Famous Faces Bingo<br/>1:30 Social Hour<br/>3:00 Name the States<br/>4:00 Classic TV</p>      | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 All About Animals<br/>1:30 Social Hour<br/>3:00 Trivia Twisters<br/>4:00 Classic TV</p> | <p>8:00 Coffee Club<br/>10:00 Saturday Morning Movie: <i>Soul (2020)</i><br/>1:30 Social Hour<br/>3:00 Flower Arranging<br/>4:00 Classic TV</p>                                       |  |
| <p>8:00 Coffee Club<br/>10:00 Church Service<br/>11:15 Strength and Balance<br/>1:30 Social Hour<br/>3:00 Riddle Me This<br/>4:00 Classic TV</p>   | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Balloon Tennis<br/>1:30 Social Hour<br/>3:00 <b>Concerts on the Patio with Liz Douglas</b><br/>4:00 Classic TV<br/><small>Chinese New Year</small></p> | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Arts &amp; Crafts<br/>1:30 Social Hour<br/>3:00 Pictionary<br/>4:00 Classic TV</p>   | <p>8:00 Coffee Club<br/>10:30 Strength and Balance<br/>11:15 Who, What, When?<br/>1:30 Social Hour<br/>3:00 Kerplop!<br/>4:00 Classic TV</p> | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Classic Bingo<br/>1:30 Social Hour<br/>3:00 Music &amp; Memories<br/>4:00 Classic TV</p>       | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Biography<br/>1:30 Social Hour<br/>3:00 Trivia Twisters<br/>4:00 Classic TV</p>                    | <p>8:00 Coffee Club<br/>10:30 Strength &amp; Balance<br/>11:15 Bowling<br/>1:30 Social Hour<br/>3:00 Groupthink<br/>4:00 Classic TV</p>   |  |
| <p>8:00 Coffee Club<br/>10:00 Church Service<br/>11:15 Strength and Balance<br/>1:30 Social Hour<br/>3:00 Riddle Me This<br/>4:00 Classic TV<br/><small>Wesleyan Missionals Week</small></p> | <p>8:00 Coffee Club<br/>10:00 Monday Movie: <i>Singin' in the Rain (1952)</i><br/>1:30 Social Hour<br/>3:00 Flower Arranging<br/>4:00 Classic TV</p>   | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Arts &amp; Crafts<br/>1:30 Social Hour<br/>3:00 Target Ball<br/>4:00 Classic TV<br/><small>Australia Day (observed)</small></p> | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Karlee's Tattoo Shop<br/>1:30 Social Hour<br/>3:00 Word Games<br/>4:00 Classic TV</p>     | <p>8:00 Coffee Club<br/>10:30 Strength &amp; Balance<br/>11:15 Famous Faces Bingo<br/>1:30 Social Hour<br/>3:00 Music &amp; Memories<br/>4:00 Classic TV</p> | <p>8:00 Coffee Club<br/>10:30 Cardio &amp; Mobility<br/>11:15 Travel the World<br/>1:30 Social Hour<br/>3:00 Trivia Twisters<br/>4:00 Classic TV</p>  | <p>8:00 Coffee Club<br/>10:30 Chair Yoga<br/>11:15 Cornhole<br/>1:30 Social Hour<br/>3:00 Groupthink<br/>4:00 Classic TV</p>  |  |
| <p>8:00 Coffee Club<br/>10:00 Church Service<br/>11:15 Strength and Balance<br/>1:30 Social Hour<br/>3:00 Riddle Me This<br/>4:00 Classic TV</p>   | <h1>Happy New Year!</h1>   |   |  |  |   |   |  |