

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Sign-ups are only REQUIRED for Bus Trips and stated (***) events.



<p>11:30 Walking group 12:00 Movie-PLR (Gigi) 3:30 Hymn singing- PLR 6:30 Movie-PLR (Gigi)</p>	<p>2 10:00 Weights w/ Sophie - canceled 10:30 Palms Resident Association Meeting- PLR 12:00 Movie-PLR (Free Guy) 1:00 Bridge- PCR*** 2-3 Music by Three Martini Lunch - PLR Birthday: Janet Burt</p>	<p>3 10:00 Balance w/ Misty- PLR 10:00 Communion Service-PCR 10:30 Banking (sign up at front desk) 11:00 Bus Trip Sign Ups -PLR 12:00 Movie -OT (King Richard) 1:00 Bingo (\$1) -PLR 3:00 Comm. Connection -PCR 6:30 Movie-PLR (Free Guy)</p>	<p>4 10:00 Water Aerobics -Palms pool 10:00 Workout Video -PLR 10:00 Nosey for News - PCR 10:30 Rite Aid 20% off Shopping Bus Trip*** 2:30 Oaks Resident Association Meeting- OT 6:30 Movie-PLR (Meet Joe Black)</p>	<p>5 10:00 Yoga w/ Mary Ann -PLR 10:00 Bible Study-PCR 1:00 Two-Buck Bingo -PLR 2:00 Zumba w/ Sophie -PLR 3:00 TED talk- PLR 6:30 Movie-PLR (Meet Joe Black)</p>	<p>6 10:00 Weights w/ Sophie -PLR 10:00 Bible In Discussion -PCR 11:00 Lip reading w/ Lou- PGR 2-3 Music performance by Steve Pruitt - PLR 6:30 Movie-PLR (Andre Rieu: Live in Dublin)</p>	<p>7 10:00 Arthritis w/ Misty-PLR 10:30 Book Club -PAR 11:00 Brain Games- PLR 12:00 Movie-PLR (The Greek, Episode 2) 1:30 Watercolor w/ Dixie- PAR*** 2:30 Movie-PLR (The Greeks, Episode 2) 6:30 Movie-PLR (Andre Rieu, Live in Dublin)</p>	
<p>9 11:30 Walking group 12:00 Movie-PLR (The King and I) 6:30 Movie-PLR (The King and I)</p>	<p>10 10:00 Weights w/ Sophie -PLR 11:00 Dealing with Anger (Part I) - PCR 12:00 Movie-PLR (Remember the Titans) 1:00 Bridge- PCR*** 2:00- 4:00 Music by Rick Jarrett- PLR</p>	<p>11 10:00 Balance w/ Misty- PLR 10:00 Communion Service-PCR 10:30 Banking (sign up at front desk) 12:00 Movie in OT (Race) 1:00 Bingo (\$1) -PLR 3:00 Comm. Connection -PCR 6:30 Movie PLR (Remember the Titans) Birthday: Peter Worsley</p>	<p>12 10:00 Water Aerobics w/ Sophie -Palms pool 10:00 Workout Video -PLR 10:00 Nosey for News - PCR 11:30 Lunch at Madonna Inn 6:30 Movie-PLR (Freedom Writers) Birthday: Pam Kendall</p>	<p>13 10:00 Yoga w/ Mary Ann -PLR 10:00 Bible Study-PCR 12:00 New Resident Luncheon by invitation 1:00 Two-Buck Bingo -PLR 2:00 Zumba w/ Sophie -PLR 3:00 TED talk- PLR 6:30 Movie-PLR (Freedom Writers) Birthday: Lea Spangler</p>	<p>14 10:00 Weights w/ Sophie -PLR 10:00 Bible In Discussion -PCR 11:00 Lip reading w/ Lou- PGR 2-3 Music performance by Brian Black - PLR 6:30 Movie-PLR (Run boy Run) Birthdays: Richard Lehlbach & Elvadee Rittenhouse</p>	<p>15 10:00 Arthritis w/ Misty-PLR 11:00 Brain Games- PLR 12:00 Movie-PLR (The Greeks, Episode 3) 1:30 Craft with Mary Ann (Inspirational Word)- PAR** 2:30 Movie-PLR (The Greeks, Episode 3) 6:30 Movie-PLR (Run Boy Run) Birthday: Janice Lehlbach</p>	
<p>16 11:30 Walking group 12:00 Movie-PLR (Singin' in the Rain) 3:30 Hymn singing- PLR 6:30 Movie-PLR (Singin' in the Rain) Birthday: Jaqueline Sharp</p>	<p>17 10:00 Weights w/ Sophie -PLR 11:00 Trader Joes Shopping Bus Trip*** 12:00 Movie-PLR (Boycott) 1:00 Bridge- PCR*** 3:30 Once Upon a Short Story Club- PLR*** Martin Luther King Jr. Day</p>	<p>18 10:00 Balance w/ Misty -PLR 10:00 Communion Service-PCR 10:30 Banking (sign up at front desk) 11:30 Tye Dye Craft- PAR*** 12:00 Movie in OT (Life of Pi) 1:00 Bingo (\$1) -PLR 3:00 Comm. Connection -PCR 6:30 Movie PLR (Boycott)</p>	<p>19 New Newspaper today! 10:00 Water Aerobics w/ Sophie -Palms pool 10:00 Workout Video -PLR 10:00 Nosey for News - PCR 12:30 Scenic Drive w/ Frankie 3:00 Trivia W/ Jack - PLR 6:30 Movie-PLR (Soul) Birthday: Shirley Mednick</p>	<p>20 10:00 Yoga w/ Mary Ann -PLR 10:00 Bible Study-PCR 11:00 Caring for the Brain-PLR 1:00 Two-Buck Bingo -PLR 2:00 Zumba w/ Sophie -PLR 3:00 TED talk- PLR 6:30 Movie-PLR (Soul)</p>	<p>21 10:00 Weights w/ Sophie -PLR 10:00 Bible In Discussion -PCR 11:00 Lip reading w/ Lou- PGR 2-3 Music performance by Daily Special - PLR 6:30 Movie-PLR (Dead Poets Society)</p>	<p>22 10:00 Arthritis w/Misty -canceled 11:00 Brain Games-canceled 12:00 Movie-PLR (The Social Dilemma) 1:30 Craft with Mary Ann (Valentines Home Decor)- PAR** 2:30 Movie-PLR (The Social Dilemma) 6:30 Movie-PLR (Dead Poets Society) Birthday: Alice York</p>	
<p>23 11:30 Walking group 12:00 Movie-PLR (South Pacific) 6:30 Movie-PLR (South Pacific) Birthday: David Godsey Activity Professionals Week</p>	<p>24 10:00 Weights w/ Sophie -PLR 11:00 Dealing with Anger (Part II) - PCR 12:00 Movie-PLR (Gifted Hands) 1:00 Bridge- PCR*** 2:00 Music by Liz Douglas - PLR</p>	<p>25 B-Day party performer: Joy Bonner 10:00 Balance w/ Misty 10:00 Communion Service-PCR 10:30 Banking (sign up at front desk) 12:00 Movie -OT (Gifted Hands) 1:00 Bingo (\$1) -PLR 3:00 B-Day Cocktail party-PLR 4:30 B-Day Cocktail party-OLR</p>	<p>26 Dr. Ziomek Visit 8:00-1 Dr. Ziomek Visit -PCR*** 10:00 Water Aerobics w/ Sophie 10:00 Workout Video -PLR 10:00 Nosey for News-PLR 11:30 Olive Garden Luncheon 6:30 Movie-PLR (Hotel Rwanda) Birthday: Antonia Bowden Australia Day (observed)</p>	<p>27 10:00 Yoga w/ Mary Ann -PLR 10:00 Bible Study-PCR 11:00 Caring for the Brain -PLR 1:00 Two-Buck Bingo -PLR 2:00 Zumba w/ Sophie -PLR 3:00 TED talk- PLR 6:30 Movie-PLR (Hotel Rwanda)</p>	<p>28 10:00 Weights w/ Sophie -PLR 10:00 Bible In Discussion -PCR 11:00 Lip reading w/ Lou- PGR 11:00 New Residents Orientation (by invitation)-PLR 2-3 Music performance by Gary Ryan -PLR 6:30 Movie-PLR (21) Birthday: Kathy Peterson</p>	<p>29 10:00 Arthritis w/Misty-PLR 11:00 Arthritis w/Misty- PLR 12:00 Movie-PLR (Born into Brothels) 1:30 Watercolor w/ Dixie- PAR*** 2:30 Movie-PLR (Born into Brothels) 6:30 Movie-PLR (21)</p>	
<p>30 11:30 Walking group 12:00 Movie-PLR (Lili) 6:30 Movie-PLR (Lili) Birthdays: Andrea Stewart & JoAnne Frantz</p>	<p>31 10:00 Weights w/ Sophie -PLR 11:00 Greeters Committee Meeting -PCR 12:00 Movie-PLR (My Sisters Keeper) 1:00 Bridge- PCR*** 2:00 Slo Museum of Art Bus Trip</p>	<p>The Activities Binder Located in The Palms Lobby contains descriptions and sign-up sheets for all events. Masks are REQUIRED for ALL residents even if you are vaccinated!</p>					

PLR= Palms Living Room PCR = Palms Community Room(cy 2) PAR= Palms Arts & Crafts Room(cy 3) OT= Oaks Movie Theater PDR= Palms Dining Room ODR= Oaks Dining Room PGR= Palms Garden Room