

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
 10:00 Balance w/ Misty- PLR
 10:00 Communion Service-PCR
 10:30 Banking (sign up at front desk)
 11:00 **Bus Trip Sign Ups -PLR**
 12:00 Movie -OT (Charlie and the chocolate factory 1971)
 1:00 Bingo (\$1) - PL
 3-4 **Mardi Gras Party W/ Crustacea Jazz Band - PLR**
 6:30 Movie-PLR (Charlie St. Cloud)
 Mardi Gras

2
 10:00 Water Aerobics -Palms pool
 10:00 Nosey for News - PCR
 10:30 Rite Aid 20% off **Shopping Bus Trip*****
 2:00 Fitness Fusion - PLR
 2:30 Oaks Resident **Association Meeting- OT**
 6:30 Movie-PLR (McFarland)
 Ash Wednesday

3
 10:00 Yoga w/ Mary Ann -PLR
 10:00 Bible Study-PCR
 11:00 Caring for the Brain (part 2)-PLR
 1:00 Two-Buck Bingo - PLR
 2:00 Zumba -PLR
 3:00 TED talk- PLR
 6:30 Movie-PLR (McFarland)

4
 10:00 Weights - PLR
 10:00 Bible In Discussion -PCR
 11:00 Lip reading w/ Lou- PGR
 2-3 **Wine and Design - PLR*****
 6:30 Movie-PLR (Once)
 Birthday: Deon Dunaway

5
 10:00 Arthritis w/Misty -PLR
 11:00 Brain Games -PLR
 12:00 Movie-PLR (The Rescue)
 1:30 Craft with Mary Ann (Holiday Decor Making)- PAR**
 2:30 Movie-PLR (The Rescue)
 6:30 Movie-PLR (Once)
 Birthday: Deon Dunaway

6
 11:30 Walking group
 12:00 Movie-PLR (Pocket full of Miracles 1961)
 3:30 Hymn singing- PLR
 6:30 Movie-PLR (Pocket Full of Miracles 1961)
 Birthday: Mary Ruth Mach

7
 10:00 Weights w/ Sophie - canceled
 10:30 **Palms Resident Association Meeting- PLR**
 12:00 Movie-PLR (The Greatest Showman)
 1:00 Bridge- PCR***
 2-4 **Music Performance by Rick Jarrett**

8
 10:00 Balance w/ Misty- PLR
 10:00 Communion Service-PCR
 10:30 Banking (sign up at front desk)
 11:00 **Book Reading W/ Shiana - PLR*****
 12:00 Movie in OT (The Good Shepherd)
 1:00 Bingo \$1 -PLR
 3:00 Comm. Connection -PCR
 6:30 Movie PLR (The Greatest Showman)
 Birthday: Gene Anderson

9
 10:00 Water Aerobics -Palms pool
 10:00 Nosey for News - PCR
 11:30 **Broken Earth Winery*****
 2:00 Fitness Fusion -PLR
 6:30 Movie-PLR (Brooklyn)

10
 10:00 Yoga w/ Mary Ann -PLR
 10:00 Bible Study-PCR
 11:00 Caring for the Brain (part 2)-PLR
 1:00 Two-Buck Bingo -PLR
 2:00 Zumba -PLR
 3:00 TED talk- PLR
 6:30 Movie-PLR (Brooklyn)

11
 10:00 Weights - PLR
 10:00 Bible In Discussion -PCR
 11:00 Lip reading w/ Lou- PGR
 3-4 **Music performance by Liz Douglas - PLR**
 6:30 Movie-PLR (Angela's Ashes)

12
 10:00 Arthritis w/ Misty-PLR
 11:00 Brain Games- PLR
 12:00 Movie-PLR (Lost Cities, Episode 1)
 1:30 **Watercolor w/ Dixie- PAR*****
 2:30 Movie-PLR (Lost Cities, Episode 1)
 6:30 Movie-PLR (Angela's Ashes)
 Birthday: Betty Neal

13
 10:00 **Meditation Group -PLR**
 11:30 Walking group
 12:00 Movie-PLR (The Virgin Queen (1955))
 6:30 Movie-PLR (The Virgin Queen (1955))
 Daylight Saving Time Begins

14
 10:00 Weights w/ Sophie -PLR
 11:00 **Trader Joes Shopping Bus Trip*****
 12:00 Movie-PLR (Walking Ned)
 1:00 Bridge- PCR***
 3-4 **Music performance by Brynn Albanese- PLR**
 Birthday: Bev Sessa

15
 10:00 Balance w/ Misty -PLR
 10:00 Communion Service-PCR
 10:30 Banking (sign up at front desk)
 12:00 Movie in OT (Far and Away)
 1:00 Bingo \$1 -PLR
 3:00 Comm. Connection -PCR
 6:30 Movie PLR (Walking Ned)
 Birthday: Lucille Yaffe

16
 10:00 Water Aerobics -Canceled
 10:00 Nosey for News - PCR
 9:30 **Macy's & JoAnnes Fabric Shopping*****
 2:00 Fitness Fusion
 3:30 Trivia W/ Jack - PLR
 6:30 Movie-PLR (Leap Year)
 Purim Begins

17
 10:00 Yoga w/ Mary Ann -PLR
 10:00 Bible Study-PCR
 11:00 Caring for the Brain (part 2)-PLR
 1:00 Two-Buck Bingo -PLR
 2:00 **St. Patrick's Day Party -PLR**
 6:30 Movie-PLR (Leap Year)
 St. Patrick's Day

18
 New Newspaper today!
 10:00 Weights -PLR
 10:00 Bible In Discussion -PCR
 11:00 Lip reading w/ Lou- PGR
 12:00 **History Need Not Be Boring -PCR*****
 3-4 **Music performance by Steve Pruett - PLR**
 6:30 Movie-PLR (West Side Story)
 Birthday: Sari Dworkin

19
 10:00 Arthritis w/ Misty-Canceled
 10:30 **Book Club -PAR**
 11:00 Brain Games- Canceled
 12:00 Movie-PLR (The Irish Pub)
 1:30 **Craft with Mary Ann (Display Clip Board) PAR*****
 2:30 Movie-PLR (The Irish Pub)
 6:30 Movie-PLR (West Side story)
 Birthday: Marvin Weitzenhoffer

20
 10:00 **SLO High School Band Performance- PLR**
 11:30 Walking group
 12:00 Movie-PLR (All About Eve (1950))
 3:30 Hymn singing- PLR
 6:30 Movie-PLR (All About Eve (1950))
 Birthday: Lorraine Gear
 Spring Begins

21
 10:00 Weights W/ Sophie -PLR
 12:00 Movie-PLR (The Lion King, Live Action)
 1:00 Bridge- PCR***
 2:00 **Ice Cream Social -PLR**
 Birthday: Dee Nowlen

22
 B-Day party performer: **Joy Bonner**
 10:00 Balance w/ Misty
 10:00 Communion Service-PCR
 10:30 Banking (sign up at front desk)
 12:00 Movie -OT (The Mummy)
 1:00 Bingo \$1 -PLR
 3:00 **B-Day Cocktail party-PLR**
 4:30 **B-Day Cocktail party-OLR**
 Birthday: Marian Rooney

23
 10:00 Water Aerobics - Palms Pool
 10:00 Nosey for News-PCR
 11:00 **Megan's Organic Market Shopping*****
 2:00 Fitness Fusion
 3:30 **Once Upon A Short Story Club -PLR*****
 6:30 Movie-PLR (In The Heights)

24
 10:00 Yoga w/ Mary Ann -PLR
 10:00 Bible Study-PCR
 11:00 Caring for the Brain (part 2) -PLR
 1:00 Two-Buck Bingo -PLR
 2:00 Zumba -PLR
 3:00 TED talk- PLR
 6:30 Movie-PLR (In The Heights)
 Birthday: Doris Halbig

25
 10:00 Weights -PLR
 10:00 Bible In Discussion -PCR
 11:00 Lip reading w/ Lou- PGR
 3-4 **Music performance by The Daily Special - PLR**
 6:30 Movie-PLR (King Richard)

26
 10:00 Arthritis w/Misty -Canceled
 11:00 Brain Games-Canceled
 12:00 Movie-PLR (Lost Cities, Episode 3)
 1:30 **Watercolor w/ Dixie- PAR*****
 2:30 Movie-PLR (Lost Cities, Episode 3)
 6:30 Movie-PLR (King Richard)
 Birthday: Bess Wilkinson

27
 11:30 Walking group
 12:00 Movie-PLR (New Voyager (1942))
 6:30 Movie-PLR (New Voyager (1942))

28
 10:00 Weights W/ Sophie -PLR
 12:00 Movie-PLR (Underwater)
 1:00 Bridge- PCR***
 2-3 **Music by Les Beck -PLR**

29
 10:00 Balance w/ Misty- PLR
 10:00 Celebration Mass- PCR
 10:30 Banking (sign up at front desk)
 11:00 **Book Reading W/ Shiana - OLR*****
 12:00 Movie in OT (Rudy)
 1:00 Bingo \$1 -PLR
 3:00 Comm. Connection -PCR
 6:30 Movie PLR (Underwater)
 Birthday: Marian Rooney

30
 Dr. Ziomek Visit
 8-12 **Dr. Ziomek -PCR**
 10:00 Water Aerobics - Palms Pool
 10:00 Nosey for News-PCR
 11:30 **Lunch at Custom House*****
 2:00 Fitness Fusion
 6:30 Movie-PLR (Bohemian Rhapsody)

31
 10:00 Yoga w/ Mary Ann -PLR
 10:00 Bible Study-PCR
 11:00 Caring for the Brain (part 2) -PLR
 1:00 Two-Buck Bingo -PLR
 2:00 Zumba -PLR
 3:00 TED talk- PLR
 6:30 Movie-PLR (Bohemian Rhapsody)
 Birthday: Flo Lichtig

The Activities Binder Located in The Palms Lobby contains descriptions and sign-up sheets for all events. Masks are REQUIRED for ALL residents even if you are vaccinated!

PLR= Palms Living Room PCR = Palms Community Room(cy 2) PAR= Palms Arts & Crafts Room(cy 3) OT= Oaks Movie Theater PDR= Palms Dining Room ODR= Oaks Dining Room PGR= Palms Garden Room