

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

1
 8:00 Coffee Club
 10:00 Walking Group
 10:30 Sit & Fit
 11:00 Cooking Club
 1:00 Word Search & Puzzles
 3:00 TV Concert

2
 8:00 Coffee Club
 10:00 Bingo
 11:00 Neighborhood Activities
 1:00 Tea and Cookies
 3:00 Golden Girls

3
 8:00 Coffee Club
 10:00 Chair Cardio
 10:50 **Concert: Jody Mulgrew**
 1:00 Social Hour
 3:00 Movie: The Notebook

4
 8:00 Coffee Club
 10:00 Watercolor & Coloring
 11:00 Bingo!
 1:00 Social Hour
 3:00 Singing w/ Susie Q

5
 Coffee Club
 10:00 Puzzles & Word Search
 11:00 Church Service
 1:00 Hot Cocoa by The Fire
 3:00 Movie & Popcorn

6
 8:00 Coffee Club
 10:00 Balloon Volleyball
 11:00 Sydney Spa
 1:15 Trivia
 3:00 Sing-Along w/ ElderSong

7
 8:00 Coffee Club
 10:00 Crafts/Scenic Drive
 10:50 **Concert: Rick Jarrett**
 1:15 Painting
 3:00 Classic TV

8
 8:00 Coffee Club
 10:00 Walking Group
 10:30 Sit & Fit
 11:00 Cooking Club (Rice Pudding)
 1:00 Word Search & Puzzles
 3:00 TV Concert

9
 8:00 Coffee Club
 10:00 Bingo
 11:00 Neighborhood Activities
 1:00 Tea and Cookies
 3:00 Golden Girls

10
 8:00 Coffee Club
 10:00 Chair Cardio
 10:50 **Concert: Ted Waterhouse**
 1:00 November Birthday Celebration!
 3:00 Movie: Mrs. Doubtfire

11
 8:00 Coffee Club
 10:00 Watercolor & Coloring
 11:00 Bingo!
 1:00 Social Hour
 3:00 Singing w/ Susie Q

Veterans Day Remembrance Day (Canada)

12
 Coffee Club
 10:00 Puzzles & Word Search
 11:00 Church Service
 1:00 Hot Cocoa by The Fire
 3:00 Movie & Popcorn

Diwali (Hindi)

13
 8:00 Coffee Club
 10:00 Pom-Pom Exercise
 11:00 Sydney Spa
 1:15 Social Hour
 3:00 Karaoke w/ Chris

14
 8:00 Coffee Club
 10:00 Crafts/Scenic Drive
 10:50 **Concert: Les Beck**
 1:15 Painting
 3:00 Classic TV

15
 8:00 Coffee Club
 10:00 Catholic Service
 10:30 Sit & Fit
 11:00 Cooking Club (Pizza)
 1:00 Word Search & Puzzles
 3:00 TV Concert

16
 8:00 Coffee Club
 10:00 Bingo
 11:00 Neighborhood Activities
 1:00 Tea and Cookies
 3:00 Golden Girls

17
 8:00 Coffee Club
 10:00 Chair Cardio
 10:50 **Concert: Rick Tennock**
 1:00 Social Hour
 3:00 Movie: The Greatest Showman

18
 8:00 Coffee Club
 10:00 Watercolor & Coloring
 11:00 Bingo!
 1:00 Social Hour
 3:00 Singing w/ Susie Q

19
 Coffee Club
 10:00 Puzzles & Word Search
 11:00 Church Service
 1:00 Hot Cocoa by The Fire
 3:00 Movie & Popcorn

20
 8:00 Coffee Club
 10:00 Balloon Volleyball
 11:00 Sydney Spa
 1:15 Trivia
 3:00 Singing w/ Susie Q

21
 8:00 Coffee Club
 10:00 Crafts/Scenic Drive
 10:50 **Concert: Eddie & Debi**
 1:15 Painting
 3:00 Classic TV

22
 8:00 Coffee Club
 10:00 Catholic Service
 10:30 Sit & Fit
 11:00 Cooking Club (Pasta Salad)
 1:00 Word Search & Puzzles
 3:00 TV Concert

23
 8:00 Thanksgiving Parade
 10:00 Wobble Before We Gobble
 11:00 Bingo!
 1:00 Football
 Commanders vs Cowboys

Thanksgiving Day (US)

24
 8:00 Coffee Club
 10:00 Chair Cardio
 10:50 **Concert: Dale Aldrich**
 1:00 Social Hour
 3:00 Movie: The Pursuit of Happyness

25
 8:00 Coffee Club
 10:00 Watercolor & Coloring
 11:00 Bingo!
 1:00 Social Hour
 3:00 Singing w/ Susie Q

26
 Coffee Club
 10:00 Puzzles & Word Search
 11:00 Church Service
 1:00 Hot Cocoa by The Fire
 3:00 Movie & Popcorn

27
 8:00 Coffee Club
 10:00 Pom-Pom Exercise
 11:00 Sydney Spa
 1:15 Social Hour
 3:00 Karaoke w/ Chris

28
 8:00 Coffee Club
 10:00 Crafts/Scenic Drive
 11:00 Bingo!
 1:15 Painting
 3:00 Classic TV

29
 8:00 Coffee Club
 10:00 Catholic Service
 10:30 Sit & Fit
 11:00 Cooking Club (Lasagna Soup)
 1:00 Word Search & Puzzles
 3:00 TV Concert

30
 8:00 Coffee Club
 10:00 Bingo
 11:00 Neighborhood Activities
 1:00 Tea and Cookies
 3:00 Golden Girls