

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2021



<p>3 Birthday: Cliff Cracknell 11:30 Walking group 12:00 Movie -<u>PLR</u> (To Catch A Thief) 4:00 Hymn singing- <u>PLR</u> 6:30 Movie -<u>PLR</u> (To Catch a Thief)</p>	<p>4 10:00 Weights w/ Mary-<u>canceled</u> 10:30 Palms Resident Association Meeting- <u>PLR</u> 12:00 Movie -<u>PLR</u> (Beetlejuice) 1:00 Bridge- <u>PCR</u>*** 3:30 BUS TRIP SIGN UPS-<u>PLR</u></p>	<p>5 10:00 Balance w/ Misty- <u>PLR</u> 10:00 Communion Service-<u>PCR</u> 10:30 Banking (sign up at front desk) 12:00 Movie in <u>OT</u> (Sleepy Hollow) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 Comm. Connection -<u>PCR</u> 6:30 Movie -<u>PLR</u> (Beetlejuice) </p>	<p>6 10:00 Water Aerobics w/ Sophie -Palms pool 10:00 Nosey for News – <u>PCR</u> 10:30 Rite Aid 20% off shopping*** 2:30 Oaks Resident Association Meeting- <u>OT</u> 6:30 Movie -<u>PLR</u> (The Others)</p>	<p>7 10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible Study-<u>canceled</u> 10:45 Caring for the Brain-<u>PLR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2:00 Yoga w/ Mary Ann -<u>PLR</u> 3:00 Awakening from Alzheimer's DVD/ discussion - <u>PLR</u> 6:30 Movie -<u>PLR</u> (The Others)</p>	<p>8 Birthdays: Carol Pawlik & Janet Gerhardt 10:00 Weights w/ Mary -<u>PLR</u> 10:00 Bible In Discussion -<u>PCR</u> 10:45 Drawing/Art- <u>PAR</u> 11:00 Lip reading w/ Lou- PGR 2-3 Music performance by Julie Beaver- <u>PLR</u> 6:30 Movie -<u>PLR</u> (Shutter Island)</p>	<p>9 Birthday: Lynn MacQuoid & Jack Neal 10:00 Arthritis w/ Misty-<u>PLR</u> 11:00 Brain Games- <u>PLR</u> 12:00 Movie -<u>PLR</u> (The Hollywood Con) 1:30 Watercolor w/ Dixie- <u>PAR</u>*** 2:30 Movie -<u>PLR</u> (The H.W..Con) 6:30 Movie -<u>PLR</u> (Shutter Island)</p>
<p>10 Birthday: Kathryn Bumpass 11:30 Walking group 12:00 Movie -<u>PLR</u> (The Birds) 6:30 Movie -<u>PLR</u> (The Birds)</p>	<p>11 10:00 Weights w/ Mary -<u>PLR</u> 11:00 iPhone class 1 - <u>PCR</u>*** 11:00 Trader Joes Shopping*** 12:00 Movie -<u>PLR</u> (Nightmare Before Christmas) 1:00 Bridge- <u>PCR</u>*** 2:00- 4:00 Music by Rick Jarrett- <u>PLR</u></p>	<p>12 10:00 Balance w/ Misty- <u>PLR</u> 10:00 Communion Service-<u>PCR</u> 10:30 Banking (sign up at front desk) 12:00 Movie in <u>OT</u> (In the Tall Grass) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 Comm. Connection -<u>PCR</u> 6:30 Movie -<u>PLR</u> (Nightmare Before Christmas) </p>	<p>13 10:00 Water Aerobics w/ Sophie -Palms pool 10:00 Nosey for News – <u>PCR</u> 12:30 Pumpkin giveaway and decorating- central courtyard 3:30 Once Upon a Time Short Story Discussion- <u>PLR</u> 6:30 Movie -<u>PLR</u> (A Beautiful Mind)</p>	<p>14 Birthday: Audrey Hurley 10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible Study-<u>canceled</u> 10:45 Caring for the Brain-<u>PLR</u> 12:00 New resident Luncheon (by invitation)-<u>PDR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2:00 Yoga w/ Mary Ann -<u>PLR</u> 6:30 Movie -<u>PLR</u> (A Beautiful Mind)</p>	<p>15 10:00 Weights w/ Mary -<u>PLR</u> 10:00 Bible In Discussion -<u>PCR</u> 10:45 Drawing/Art- Class by Cuesta***-<u>PAR</u> 11:00 Lip reading w/ Lou- PGR 2-3 Music performance by Steve and Ash Duet- <u>PLR</u> 6:30 Movie -<u>PLR</u> (Black Mirror)</p>	<p>16 10:00 Arthritis w/ Misty-<u>canceled</u> 11:00 Brain Games- <u>canceled</u> 12:00 Movie -<u>PLR</u> (Children of God) 1:30 Craft with Mary Ann (Thanksgiving decor)- <u>PAR</u>*** 2:30 Movie -<u>PLR</u> (Children of God) 6:30 Movie -<u>PLR</u> (Black Mirror)</p>
<p>17 11:30 Walking group 12:00 Movie -<u>PLR</u> (Frankenstein 1931) 4:00 Hymn singing- <u>PLR</u> 6:30 Movie -<u>PLR</u> (Frankenstein)</p>	<p>18 10:00 Weights w/ Mary -<u>PLR</u> 11:00 iPhone class 2 - <u>PCR</u>*** 11:00 New resident orientation (by invitation) - <u>PLR</u> 1:00 Bridge- <u>PCR</u>*** 6:30 Movie -<u>PLR</u> (Frankenweenie)</p>	<p>19 10:00 Balance w/ Misty- <u>PLR</u> 10:00 Communion Service-<u>PCR</u> 10:30 Banking (sign up at front desk) 12:00 Movie in <u>OT</u> (Black Mirror) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 Comm. Connection -<u>PCR</u> 6:30 Movie -<u>PLR</u> (Frankenweenie) </p>	<p>20 10:00 Water Aerobics w/ Sophie -Palms pool 10:00 Nosey for News – <u>PCR</u> 12:30 Avila Valley Barn (enjoy a pumpkin patch, BBQ food, fresh produce, petting zoo and more!)* 6:30 Movie -<u>PLR</u> (The Rite)</p>	<p>21 10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible Study-<u>PCR</u> 10:45 Caring for the Brain-<u>PLR</u> 12:00 New resident Luncheon (by invitation)- <u>PDR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2:00 Yoga w/ Mary Ann -<u>PLR</u> 6:30 Movie -<u>PLR</u> (The Rite)</p>	<p>22 Birthdays: Louise King & Ron Pearce 10:00 Weights w/ Mary -<u>PLR</u> 10:00 Bible In Discussion -<u>PCR</u> 10:45 Drawing/Art- Class by Cuesta***-<u>PAR</u> 11:00 Lip reading w/ Lou- PGR 2-3 Music performance by 3 Martini Lunch- <u>PLR</u> 6:30 Movie -<u>PLR</u> (Sweeney Todd)</p>	<p>23 10:00 Arthritis w/ Misty-<u>PLR</u> 11:00 Brain Games- <u>PLR</u> 12:00 Movie -<u>PLR</u> (Secrets of the Saqqara Tomb) 2:30 Movie -<u>PLR</u> (Secrets of the Saqqara Tomb) 6:30 Movie -<u>PLR</u> (Sweeney Todd)</p>
<p>24 11:30 Walking group 12:00 Movie -<u>PLR</u> (Vertigo) 6:30 Movie -<u>PLR</u> (Vertigo)</p>	<p>25 9:00 Garden Walk w/ Simon- <u>PLR</u> 10:00 Weights w/ Mary -<u>PLR</u> 11:00 Megan's Organic Market*** 12:00 Movie -<u>PLR</u> (Maleficent) 1:00 Bridge- <u>PCR</u>*** </p>	<p>26 10:00 Balance w/ Misty- <u>PLR</u> 10:00 Communion Service-<u>PCR</u> 10:30 Banking (sign up at front desk) 12:00 Movie in <u>OT</u> (Corpses Bride) 1:00 Bingo (\$1) -<u>PLR</u> 3:00 B-Day Cocktail party-<u>PLR</u> 4:30 B-Day Cocktail party-<u>OLR</u> 6:30 Movie -<u>PLR</u> (Maleficent)</p>	<p>27 10:00 Water Aerobics w/ Sophie -Palms pool 10:00 Nosey for News – <u>PCR</u> 1:00 Irish Hills Plaza shopping (Costco, HomeGoods, BevMo, T.J Maxx, Whole Foods, etc.)*** 3:00 Trivia with Jack- <u>PLR</u> 6:30 Movie -<u>PLR</u> (Edward Scissorhands)</p>	<p>28 10:00 Zumba w/ Mary -<u>PLR</u> 10:00 Bible Study-<u>PCR</u> 10:45 Caring for the Brain-<u>PLR</u> 1:00 Two-Buck Bingo -<u>PLR</u> 2:00 Yoga w/ Mary Ann -<u>PLR</u> 3:00 TED Talks Thursday- <u>PLR</u> 6:30 Movie -<u>PLR</u> (Edward Scissorhands)</p>	<p>29 10:00 Weights w/ Mary -<u>PLR</u> 10:00 Bible In Discussion -<u>PCR</u> 10:45 Drawing/Art- Class by Cuesta***-<u>PAR</u> 11:00 Lip reading w/ Lou- PGR 2:00 HALLOWEEN PARTY- <u>PLR</u> (costumes, cocktails, games) 6:30 Movie -<u>PLR</u> (The Shining)</p>	<p>30 10:00 Arthritis w/ Misty-<u>PLR</u> 11:00 Brain Games- <u>PLR</u> 12:00 Movie -<u>PLR</u> (Unsolved:E1-3) 1:30 Watercolor w/ Dixie- <u>PAR</u>*** 2:30 Movie -<u>PLR</u> (Unsolved E: 1-3) 6:30 Movie -<u>PLR</u> (The Shining)</p>
<p>31 11:30 Walking group 12:00 Movie -<u>PLR</u> (Psycho) 6:30 Movie -<u>PLR</u> (Psycho)</p>	<p>Masks are REQUIRED for ALL residents even if you are vaccinated! Sign-ups are REQUIRED for Bus Trips and stated (***) events ONLY. The Activities Binder Located in The Palms Lobby contains descriptions and sign-up sheets for all events.</p>					



PLR= Palms Living Room PCR = Palms Community Room (courtyard 2) PAR= Palms Arts & Crafts Room (courtyard 3) OT= Oaks Movie Theater PDR= Palms Dining Room PGR= Palms Garden Room