

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-family: cursive;">BLACK HISTORY MONTH</h1>						
9:00 Church 5 9:30 Workout Video—PLR 11:30 Walking Group (12:00 movie cancelled) 2:00 Live music: <i>Allegria Winds woodwind quintet classical performance</i> PLR 3:30 Hymn Singing—PLR 6:30 Movie—PLR	9:30 Chair Exercise—CANCELLED 6 10:30 Palms Association Mtg—PLR 11:30 Duckie's lunch outing 12:30-1:30 Book Club—PGR 1:30 \$1 Bingo—PDR 2:00 Fitness Fusion w/ Mary Ann—PLR Birthday: Robert Wunderlich	9:30 Mobility w/ Thomas PLR 7 10:00 Communion—PCR 10:30 Banking 11:00 Balance w/ Misty PLR 1:30 Tai Chi w/ Colleen OLR 1:00 Bridge—PCR 5:00 Welcome New Res. Table-ODR Birthday: Marta Hoffman & Yvonne Leever	9:30 Chair Exercise w/ Tonya—PLR 8 11:00 Arthritis w/ Misty PLR 12:30 Balance w/ Misty PLR	9:30-5:00 Bus signup via ballot drop off PLR + OLR 9:30 Yoga—PLR 10:00 Bible Study—PAR 1:30 Tai Chi w/ Colleen PCR 1:30 \$2 Bingo—PDR 3:00 Docuseries & Wine <small>Groundhog Day</small>	9:30 Chair Exercise w/ Tonya—PLR 3 10:00 Bible Discussion—GC 11:00 Lip Reading—PGR 1:00 Valentine's pot painting w/ Simon 3-4 Entertainment: Daily Special - Electric Bluegrass Band 9:30 Chair Exercise w/ Tonya—PLR 10 10:00 Bible Discussion—GC 11:00 Lip Reading—PGR 2:30 "Gal"entine's women's' tea party (raffle winners!) Birthday: Gloria Fourie & Paul Cueni	9:30 Meditation w/ Mary Ann—PLR 4 10:30 Gentle Yoga w/ Mary Ann 1:30 Arts & crafts w/ Mary Ann—PAR 2-4 Camp Fire Troop – Valentines for Veterans PLR
9:00 Church 12 9:30 Workout Video—PLR 11:30 Walking Group 12:00 Movie—PLR 3:30 Hymn Singing—PLR 4:30 Football & Finger foods: Super Bowl Showing! PLR	9:30 Chair Exercise w/ Tonya—PLR 13 1:30 \$1 Bingo—PDR 2:00 Fitness Fusion w/ Mary Ann—PLR 3-4 Entertainment: Rick Jarrett	9:30 Mobility w/ Thomas PLR 14 10:00 Communion—PCR 11:00 Balance w/ Misty PLR 1:30 Tai Chi w/ Colleen OLR 1:00 Bridge—PCR 2-3 Valentines Party PLR 3-4 Bellissima Handbells PLR 5:30 Welcome New Res. Table-PDR Birthday: Anita Langer	8-12 Dr. Ziomek—PCR 15 9:30 Chair Exercise—PLR 9:30 Chumash Casino Outing 11:00 Arthritis w/ Misty PLR 12:30 Balance w/ Misty PLR 3:00 Trivia w/Jack Hennessy PCR Birthday: Beryl Reichenberg & Gar Salzgeber	9:30 Yoga w/ Mary Ann—PLR 16 10:00 Bible Study—PAR 1:30 Tai Chi w/ Colleen PCR 1:30 \$2 Bingo—PDR 3:00 Docuseries & Wine	9:30 Chair Exercise w/ Tonya—PLR 17 10:00 Bible Discussion—GC 11:00 Lip Reading—PGR 1:00 Greeter's Committee meeting—PCR 2:30-4:30 Resident Open House Art Show	9:30 Meditation w/ Mary Ann—PLR 18 10:30 Gentle Yoga w/ Mary Ann 1:30 Arts & crafts w/ Mary Ann—PAR
9:00 Church 19 9:30 Workout Video—PLR 11:30 Walking Group 12:00 Movie—PLR 6:30 Movie—PLR Birthday: Clinton Whitney	9:30 Chair Exercise w/ Tonya—PLR 20 1:30 \$1 Bingo—PDR 2:00 Fitness Fusion w/ Mary Ann—PLR <small>Presidents' Day (US)</small>	9:30 Mobility w/ Thomas PLR 21 10:00 Communion—PCR 10:30 Banking 11:00 Balance w/ Misty PLR 1:30 Tai Chi w/ Colleen OLR 1:00 Bridge—PCR 5:00 Welcome New Res. Table-ODR Birthday: Doris Serpa <small>Mardi Gras</small>	9:30 Chair Exercise w/ Tonya—PLR 22 10:30 Trader Joe's 11:00 Arthritis w/ Misty—PLR 12:30 Balance w/ Misty—PLR 12:00 PCPA Theater outing 3:30 Once Upon A Short Story—PAR <small>Wednesday</small>	9:30 Yoga w/ Mary Ann—PLR 23 10:00 Bible Study—PAR 1:30 Tai Chi w/ Colleen PCR 1:30 \$2 Bingo—PDR 3:00 Docuseries & Wine Birthday: Gene Johnson	9:30 Chair Exercise w/ Tonya—PLR 24 10:00 Bible Discussion—GC 11:00 Lip Reading—PGR 1:00 New Resident Orientation w/Lupe – PCR 3-4 Entertainment: Vocalists Gary & Kathryn	9:30 Woodland Auto Display & Estrella Warbird Museum Lunch outing at Odyssey World Cafe 1:30 Watercolor w/Dixie – PAR Birthday: Jackie Murphy
9:00 Church 26 9:30 Workout Video—PLR 11:30 Walking Group 12:00 Movie—PLR 6:30 Movie—PLR	9:30 Chair Exercise w/ Tonya—PLR 27 1:30 \$1 Bingo—PDR 2:00 Fitness Fusion w/ Mary Ann—PLR	9:30 Mobility w/ Thomas PLR 28 10:00 Communion—PCR 11:00 Balance w/ Misty 1:30 Tai Chi w/ Colleen OLR 1:00 Bridge—PCR 3-5 BIG JOINT B-DAY Cocktail Party ft Joy Bonner OLR 5:30 Welcome New Res. Table PDR Birthday: Meredith Boyd & Dick Miller & Ester Ekmanian 29th	 <h1 style="color: red; font-family: cursive;">February 2023</h1> <p style="text-align: center;">SEE BACK OF CALENDAR FOR FEBRUARY'S OUTING LIST AND MOVIES</p>			

PLR = Palms Living Room PCR = Palms Community Room PAR = Palms Arts & Crafts Room OT = Oaks Movie Theater PDR = Palms Dining Room ODR = Oaks Dining Room PGR = Palms Garden Room

February Movies

Mon-Fri Movies will be played daily, 12:00 OAKS Theater and 6:30 PALMS Living Room

1. *Glass Onion* – Netflix
2. *13th* – Netflix
3. *Blast from the Past* – HBO
4. *Fools Rush In* – HBO
5. *Erin Brockovich* SUNDAY: film committee pick (6:30 showing only in PLR)
6. *Flipped* – HBO
7. *Say Hey Willey Mays* – HBO
8. *Singing In The Rain* – HBO (6:30 showing only in PLR)
9. *Grand Budapest Hotel* – HBO
10. *To Kill a Mockingbird* – Amazon
11. *Guess Who* – Amazon
12. *Mystic Pizza* SUNDAY: film committee pick (12pm showing only in PLR)
13. *Loving* – Netflix
14. *Princess Bride* – Amazon
15. *Love, Rosie* – Amazon
16. *Hitch* – Amazon
17. *Black Art in the Absence of Light* – HBO
18. *The Letter from Your Lover* – Netflix
19. *Pretty Woman* SUNDAY: film committee pick
20. *The Dig* – Netflix
21. *Bullet Train* – Netflix
22. *Belle* – HBO
23. *Grease* – Netflix
24. *The Audrey Hepburn* - Amazon
25. *Time* – Amazon
26. *Notting Hill* SUNDAY: film committee pick
27. *Pride & Prejudice* – Amazon
28. *Bessie* - HBO

February Outings

Here is a summary of this month's outings and bus trips. Details about each, including description and cost, are in the Activities Binder in the Palms Living Room.

Ballot Outing: requires a ballot raffle **ticket submitted on Thursday, Feb 2nd**

Sign-up trips: requires sign up on **own volition**, located in Palms Activity Binder

Balloted Outings:

- **Chumash Casino** Wednesday 2/15 9:30
bring your own wallet, *estimated return to villages 4:00pm*
- **PCPA musical "The River Bride"** Wednesday 2/22 12:00
\$25 ticket fee charged to rent, *estimated return to villages 4:30pm*
- **Woodland Auto Display & Estrella Warbird Museum; lunch at Odyssey World Café** Saturday 2/25 9:30
\$ 12 entrance fee charged to rent; bring your own wallet for lunch, *estimated return to villages 3:45pm*

Sign-Up Trips:

- **Rite-Aid** CANCELLED
- **Duckie's lunch outing** Monday 2/6 11:30
- **Target** CANCELLED
- **Trader Joes** Wednesday 2/22 10:30

NEW:

- Docuseries & Wine: *Down to Earth* series presented weekly on Thursdays in the Palms Living Room (with wine!). Description of each episode in activity binders.
- Exercise for Mobility with Thomas. See description in activity binders.

