

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2023

						
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR <b>1:30 SLO WINDS ORCHESTRA @ CUESTA COLLEGE</b> 2:00 Prayer Meeting w/Melly - OLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p>9:00 Chair exercise w/Tonya <b>10:30 Palms Association Meeting - PLR</b> 1:30 \$1 Bingo- PDR 2:00 Fitness fusion -PLR</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PLR <b>10:30 Banking</b> 1:00 Bridge- PCR 1:30 Tai chi video- OLR 2:00 <b>Decorating The Palms Christmas Tree - PLR</b> 4:30 <b>Welcome New Resident Table - PDR</b></p>	<p>9:30 Chair Exercise w/ Tonya—PLR <b>10:30 Rite Aid Shopping</b> <b>2:30 Oaks Association Mtg - OT</b> <b>3:30 Decorating The Oaks Christmas Tree - OLR</b></p>	<p>9:30 Yoga 10:00 Bible Study 1:00 Mahjong Game 1:30 Tai Chi video - OLR 3:00 Cuesta College Holiday Songs - PLR (CANCELLED Doc &amp; Wine Series) <b>4:00 National Honor Society gift shopping/wrapping project</b> <small>Hanukkah Begins</small></p>	<p>9:30 Chair Exercise w/Tonya 10:00 Bible Discussion- GC <b>10:00 Rabbi Micah Hyman- PLR</b> 11:00 Lip Reading- PGR <b>1:40 - 5:20 Massage Therapy</b> 1:30 NO Water coloring- PAR <b>3:00 Don Gaete PLR</b></p>	<p>9:30 Meditation w Mary Ann <b>10:30 Employee Appreciation Ceremony - PDR</b> 10:30 Gentle Yoga w/Mary Ann 12:00 Movie- PLR 1:30 Arts &amp; Crafts <b>2:00 Upbeats &amp; Accents Music - PLR</b> <b>3:00 Central Coast Follies - PLR</b> 6:30 Movie - PLR</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR <b>1:30 VOCAL ARTS ENSEMBLE @ CUESTA COLLEGE</b> 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p>9:00 Chair exercise w/Tonya 1:30 \$1 Bingo- PDR 2:00 Fitness fusion -PLR <b>3:00 Rick Jarrett PLR</b> <b>11:00 Petras Mediterranean Pizza &amp; Grill</b></p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR <b>10:30 Santa Maria Holiday Shopping Outing</b> 1:00 Bridge- PCR 1:30 Tai chi video- OLR 3:30 Wine &amp; Doc - The Fabrication of Ancient Greece <b>5:15 Welcome New Resident Table - ODR</b></p>	<p><b>8-12 Dr. Ziomek - PCR</b> 9:30 Chair Exercise w/ Tonya—PLR <b>1:00 Spiced Apple Cider- PLR</b> 2:00 Grief &amp; Loss Group PCR 2:00 Resident Caroling PLR <b>1:30 Pot Painting for Mini Trees! - PLR</b></p>	<p>9:30 Yoga with Mary-Ann 10:00 Bible study- GC 10:00 Conservation Corp Resident Gifter - PLR 11:00 Book Mobile -GC 1:00 Mahjong Game - OLR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. &amp; Wine- PLR <b>5:30 Holiday Open House PLR</b></p>	<p>9:30 Chair exercise w Tonya 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR <b>11:00 Kindred Spirits PLR</b> <b>1:00 Greeters Committee Meeting PCR</b> 1:30 Water coloring- PAR</p>	<p>9:30 Meditation w Mary Ann 10:30 Gentle Yoga w/Mary Ann 10:30 Book Club - PAR 12:00 Movie- PLR 1:30 NO Arts &amp; Crafts 6:30 Movie - PLR</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly - OLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p><b>10:30 Walmart/Marshalls</b> 1:30 \$1 Bingo- PDR 2:00 Fitness fusion -PLR <b>3:00 Mardales PLR</b></p>	<p>9:30 Mobility Video- PLR 10:30 Communion- GC <b>10:30 Banking</b> 1:00 Bridge- PCR 1:30 Tai chi video- OLR 3:00 Javier Caroling - PLR <b>4:30 Welcome New Resident Table - PDR</b> <b>4:30 In-N-Out &amp; Christmas Lights Drive</b></p>	<p>9:30 NO Chair Exercise <b>10:30 Target***</b> <b>1:30 Potting Mini "Christmas Trees" - Palms Courtyard</b> <b>3:00 Trivia w/Jack Hennessy PCR</b></p>	<p>9:30 Yoga with Mary-Ann 10:00 Bible study- GC 1:00 Mahjong Game - OLR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. &amp; Wine- PLR</p> <p><small>Winter Begins</small></p>	<p>9:30 NO Chair Exercise 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR <b>1:40 - 5:20 Massage Therapy</b> <b>12:30 Egnog &amp; Cookies - PLR</b></p>	<p>9:30 Meditation w Mary Ann 10:30 Gentle Yoga w/Mary Ann 12:00 Movie- PLR 1:30 Arts &amp; Crafts 6:30 Movie - PLR</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR <b>2:00 DIY Charcuterie Board - PLR (9 SPOT'S AVAILABLE)</b> 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p> 2:00 NO Fitness Fusion <small>Christmas</small></p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 1:00 Bridge- PCR 1:30 Tai chi video- OLR <b>3:00 Birthday Cocktail Party - W/ PLR</b> <b>5:15 Welcome New Resident Table - ODR</b> <small>King Day (Canada) Kwanzaa Begins</small></p>	<p>9:30 Chair Exercise w/ Tonya—PLR <b>10:30 Trader Joes</b> 2:00 Grief &amp; Loss Group PCR</p>	<p>9:30 Yoga with Mary-Ann 10:00 Bible study- GC 1:00 Mahjong Game - OLR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. &amp; Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR <b>1:00 Greeters Meeting PCR</b> 1:30 Water coloring- PAR <b>3:00 Tim Pacheo PLR</b></p>	<p>9:30 Meditation w Mary Ann 10:30 Gentle Yoga w/Mary Ann 12:00 Movie- PLR 1:30 Arts &amp; Crafts 6:30 Movie - PLR</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR <b>1:00 New Years Eve Casino - PLR</b> 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p> <p><small>New Year's Eve</small></p>						

PLR = Palms Living Room PCR = Palms Community Room PAR = Palms Arts & Crafts Room OT = Oaks Movie Theater PDR = Palms Dining Room ODR = Oaks Dining Room PGR = Palms Garden Room

## December Movies

Mon-Fri Movies will be played daily, 12:00 OAKS Theater and 6:30 PALMS Living Room. Sat & Sun Palms Living Room, 12:00 & 6:30

1. **Home Alone** – 1990 Prime
2. **The Color Purple** – 1985 Prime
3. **Scrooge** – 1971 Prime
4. **How the Grinch Stole Christmas** – 2000 Prime
5. **A Christmas Story** – 1983 Prime
6. **Miracle on 34<sup>th</sup> Street** – 1947 Hulu
7. **Peral Harbor** – 2001 Hulu, HBO Max, Prime
8. **A Bronx Tale** – 1993 Prime
9. **Yogi Berra “It Ain’t Over”** – 2022 Netflix
10. **Grease** – 1978 Hulu, Prime
11. **The Pursuit of Happiness** – 2006 Hulu
12. **Sherlock Holmes** – 2009 Prime
13. **The Public** – 2018 Prime
14. **Hector** – 2015 Prime
15. **Christmas Vacation** – 1989 Prime
16. **It’s a Wonderful Life** – 1947 Prime
17. **A Holiday for Love (Christmas in my hometown)** – 1996 Prime
18. **Jingle all the way** – 1996 Prime
19. **Stand by Me** – 1986 Netflix
20. **SLY** – 2023 Netflix
21. **ELF** – 2003 Netflix
22. **Sixteen Candles** – 1984 Netflix
23. **Walk the Line** – 2005 Hulu, Prime, HBO Max
24. **The Help** – 2011 Hulu
25. **The Passion of the Christ** – 2004 Prime
26. **Saving Private Ryan** – 1998 Netflix
27. **Silverado** – 1985 Netflix
28. **NYAD** – 2023 Netflix
29. **Madea’s Family Reunion** – 2006 Netflix
30. **Sea of Love** – 1989 Netflix
31. **New Years Eve** – 2011 Prime

## December Outings

### December Shopping

- **Rite Aid** Wednesday 12/6 @ 10:30 am
- **Santa Maria Holiday Shopping** Tuesday 12/12 @ 10:30 am
- **Walmart and Marshalls** Monday 18/12 @ 10:30 am
- **Target** Wednesday 20/12 @ 10:30 am
- **Trader Joes** Wednesday 27/12 @ 10:30 am

### December Bus Outings

- **SLO Winds Orchestra** Sunday 3/12 @ 1:30 pm
- **Vocal Arts Ensemble** Sunday 10/12 @ 1:30 pm
- **Petras Mediterranean Pizza & Grill** Monday 11/12 @ 11:00 am
- **Christmas Lights Drive and In-N-Out** Tuesday 19/12 @ 4:30 pm

### December Campus Events

- **Rabbi Ceremony** Friday 8/12 @ 10:00 am
- **Cuesta College Holiday Songs** Thursday 7/12 @ 3:00 pm
- **National Honor Society Gift Wrapping** Thursday 7/12 @ 4:00 pm
- **The Fabrication of Ancient Grease Documentary** Tuesday 12/12 @ 3:30 pm
- **Spiced Apple Cider** Wednesday 13/12 @ 1:00 pm
- **Pot Painting** Wednesday 13/12 @ 1:30 pm
- **Open House** Thursday 14/12 @ 5:30pm
- **Potting Mini “Christmas Tress”** Wednesday 20/12 @ 1:30 pm
- **Eggnog & Cookies** Friday 22/12 @ 12:30 pm
- **DIY Charcuterie Board** Sunday 24/12 @ 2:00 pm
- **New Years Eve Casino** Sunday 31/12 @ 1:00 pm