


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-family: cursive;">February 2020</h1> <p style="color: red; font-family: cursive;">Life Enrichment Activity Calendar</p>						<p>8:30 Coffee Club 1</p> <p>10:00 Exercise</p> <p>11:00 Giant Yahtzee</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Groundhog Day</i> (1993)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club 2</p> <p>10:00 Exercise</p> <p>11:00 Arts & Crafts: Super Bowl Signs</p> <p>1:15 Walking Group</p> <p>2:30 Sports History: The Super Bowl</p> <p>3:30 Super Bowl Party</p> <p style="text-align: center;">Groundhog Day</p>	<p>8:30 Coffee Club 3</p> <p>10:00 Scenic Drive: Cayucos</p> <p>10:45 Exercise</p> <p>11:15 Sips & Stories</p> <p>1:15 Walking Group</p> <p>2:30 Reminiscing: Oscar Fashion through the Years</p> <p>3:30 Afternoon Tea</p> <p>4:00 Small Group Social Hour</p>	<p>8:30 Coffee Club 4</p> <p>10:15 Yoga with Tonya</p> <p>11:00 Biography: Harriet Tubman</p> <p>1:15 Walking Group</p> <p>2:00 Special Presentation: Charles Paddock Zoo</p> <p>3:00 Giant Ring Toss</p> <p>4:00 Hometown Legends</p>	<p>8:30 Coffee Club 5</p> <p>10:00 Exercise</p> <p>10:45 Lunch Bunch Rock & Roll Diner</p> <p>11:00 Ball Games</p> <p>2:00 Walking Group</p> <p>3:00 Music & Memories Sing-Along</p> <p>4:00 Spanish Lessons with Martha</p>	<p>8:30 Coffee Club 6</p> <p>10:00 Exercise</p> <p>10:30 Baking: Sugar Cookies</p> <p>1:15 Walking Group</p> <p>2:00 Musical Guest: Ted Waterhouse</p> <p>3:15 Travel the US: Tennessee</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club 7</p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Spa Day: Manicures</p> <p>1:15 Wheelchair Outing in the Park</p> <p>2:30 Exercise with Michael Balson</p> <p>4:00 Happy Hour</p>	<p>8:30 Coffee Club 8</p> <p>10:00 Exercise</p> <p>10:30 Caring Canines Visit</p> <p>11:00 Kickball</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Meet Me in St. Louis</i> (1944)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club 9</p> <p>10:00 Exercise</p> <p>11:00 Famous Faces Bingo</p> <p>1:15 Walking Group</p> <p>2:00 All About Animals</p> <p>3:00 Art Bar</p> <p>4:30 Fireside Chat</p>	<p>8:30 Coffee Club 10</p> <p>10:00 Scenic Drive: Avila Beach</p> <p>10:45 Exercise</p> <p>11:15 Sips & Stories</p> <p>1:15 Walking Group</p> <p>2:30 Musical Guest: Brett Mitchell</p> <p>3:30 Reminiscing: Valentine's Day</p> <p>4:00 Small Group Social Hour</p>	<p>8:30 Coffee Club 11</p> <p>10:15 Yoga with Tonya</p> <p>11:00 Musical Guest: Violinist Brynn Albanese</p> <p>1:15 Walking Group</p> <p>2:00 Chair Dancing Class</p> <p>3:00 Target Ball</p> <p>4:00 Hometown Legends</p>	<p>8:30 Coffee Club 12</p> <p>10:00 Exercise</p> <p>10:45 Lunch Bunch: Madonna Inn's Copper Café</p> <p>11:00 Life Skills: Folding & Sorting</p> <p>2:00 Walking Group</p> <p>3:00 Music & Memories Sing-Along</p> <p>4:00 I Hear Memories</p>	<p>8:30 Coffee Club 13</p> <p>10:00 Exercise</p> <p>10:30 Arts & Crafts: Valentines</p> <p>1:15 Walking Group</p> <p>2:00 Biography: Jackie Robinson</p> <p>3:15 Travel the World: Costa Rica</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club 14</p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Cookie Decorating</p> <p>1:15 Wheelchair Outing in the Park</p> <p>2:30 Valentine's Day Dance with Music by Liz Douglas</p> <p style="text-align: center;">Valentine's Day</p>	<p>8:30 Coffee Club 15</p> <p>10:00 Exercise</p> <p>11:00 Bean Bag Toss</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Top Hat</i> (1935)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club 16</p> <p>10:00 Exercise</p> <p>11:00 Flower Arranging</p> <p>1:15 Walking Group</p> <p>2:00 Bowling</p> <p>3:00 St. Stephen's Episcopal Church Sing-Along</p> <p>4:30 Fireside Chat</p>	<p>8:30 Coffee Club 17</p> <p>10:00 Scenic Drive: Cal Poly</p> <p>10:45 Exercise</p> <p>11:15 Sips & Stories</p> <p>1:15 Walking Group</p> <p>2:30 Reminiscing: Breakfast</p> <p>3:30 Afternoon Tea</p> <p>4:00 Small Group Social Hour</p> <p style="text-align: center;">Presidents' Day (US)</p>	<p>8:30 Coffee Club 18</p> <p>10:15 Yoga with Tonya</p> <p>11:00 Biography: Abraham Lincoln</p> <p>1:15 Walking Group</p> <p>2:00 Drum Circle</p> <p>3:00 Balloon Volleyball</p> <p>4:00 Hometown Legends</p>	<p>8:30 Coffee Club 19</p> <p>10:00 Exercise</p> <p>10:45 Lunch Bunch: Old Juan's Cantina</p> <p>11:00 Ball Games</p> <p>2:00 Walking Group</p> <p>3:00 Music & Memories Sing-Along</p> <p>4:00 Spanish Lessons</p>	<p>8:30 Coffee Club 20</p> <p>10:00 Exercise</p> <p>10:30 Art History with Michele</p> <p>1:15 Walking Group</p> <p>2:00 Travel the World: The Philippines</p> <p>3:00 Giant Yahtzee</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club 21</p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Spa Day: Manicures</p> <p>1:15 Wheelchair Outing in the Park</p> <p>2:30 Exercise with Michael Balson</p> <p>4:00 Happy Hour</p>	<p>8:30 Coffee Club 22</p> <p>10:00 Exercise</p> <p>11:00 Bean Bag Bocce</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Hairspray</i> (2007)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club 23</p> <p>10:00 Exercise</p> <p>11:00 Bingo</p> <p>1:15 Walking Group</p> <p>2:00 All About Animals</p> <p>3:00 Art Bar</p> <p>4:30 Fireside Chat</p>	<p>8:30 Coffee Club 24</p> <p>10:00 Scenic Drive: Oceano</p> <p>10:45 Exercise</p> <p>11:15 Sips & Stories</p> <p>1:15 Walking Group</p> <p>2:30 Reminiscing: Mardi Gras</p> <p>3:30 Afternoon Tea</p> <p>4:00 Small Group Social Hour</p>	<p>8:30 Coffee Club 25</p> <p>10:15 Yoga with Tonya</p> <p>11:00 Biography: Oprah Winfrey</p> <p>1:15 Walking Group</p> <p>2:00 Mardi Gras Party</p> <p>3:00 Putt-Putt Golf</p> <p>4:00 Hometown Legends</p> <p style="text-align: center;">Mardi Gras</p>	<p>8:30 Coffee Club 26</p> <p>10:00 Exercise</p> <p>10:45 Lunch Bunch: Fat Cats</p> <p>11:00 Life Skills: Matching</p> <p>2:00 Walking Group</p> <p>3:00 Music & Memories Sing-Along</p> <p>4:00 I Hear Memories</p> <p style="text-align: center;">Ash Wednesday</p>	<p>8:30 Coffee Club 27</p> <p>10:00 Exercise</p> <p>10:30 Arts & Crafts: Mosaic</p> <p>1:15 Walking Group</p> <p>2:00 Travel the World: Austria</p> <p>3:00 Basketball</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club 28</p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Spa Day: Manicures</p> <p>1:30 Musical Guest: Jacqi Bowe Variety Show</p> <p>2:30 Exercise with Michael Balson</p> <p>4:00 Happy Hour</p>	<p>8:30 Coffee Club 29</p> <p>10:00 Exercise</p> <p>11:00 Bean Bag Toss</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Bye Bye Birdie</i> (1963)</p> <p>4:30 Word Games</p> <p style="text-align: center;">Leap Day</p>