

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2020

**\*Sign-ups are required for activities held in the PLR, PAR, & PCR**  
 Sign-up sheets can be found in the activities binder at the Palms

<p>5</p> <p>10:00 No exercise today 12:00 movie in <u>PLR</u> (National Treasure)</p> <p>Birthdays: Elizabeth Ham</p>	<p>6</p> <p>10:00 Exercise video in <u>PLR</u> 1:30 Bingo (\$1) in <u>PLR</u> 3:00 Trivia 6:30 Evening movie in <u>PLR</u> (National Treasure) 4<sup>th</sup> edition of the Newspaper published</p> <p>Birthdays: Jean Connelly &amp; Anne Storr</p>	<p>7</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (World War II in Colour- A Docuseries that will be playing all day long for you to pop into)</p> <p>Canada Day</p>	<p>8</p> <p>9:00am-1:00pm voluntary COVID testing in <u>PCR</u> 10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (World War II in Colour- A Docuseries that will be playing all day long for you to pop into)</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (Julie &amp; Julia) 2-4 <u>Courtyard</u> performance Jazz duo Oaks: 2:00-2:20 CT 2: 2:30- 2:50 CT 3: 2:55- 3:15 CT 4: 3:20- 3:40 CT 1: 3:45</p>	<p>9</p> <p>2-3 Yoga Class w/ Mary Ann in <u>PLR</u> 1<sup>st</sup> class: 2:00- 2:25 2<sup>nd</sup> class: 2:35- 3:00 6:30 Evening movie in <u>PLR</u> (Inglorious Basterds)</p> <p>Birthdays: Helga Kane &amp; Wanda Johnson</p>	<p>10</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 4<sup>th</sup> of July <u>Courtyard</u> show Oaks: 1:00-1:30 Ct 2: 1:40- 2:10 Ct 3: 2:15- 2:45 Ct 4: 2:50-3:20 Ct 1: 3:25- 3:55 6:30 Evening movie in <u>PLR</u> (Hamilton)</p>	<p>11</p> <p>12:00 Movie in <u>PLR</u> (Hamilton) 6:30 Evening movie in <u>PLR</u> (Inglorious Basterds)</p> <p>Independence Day (US)</p>
<p>12</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (Murder Mystery) 2:00 New resident orientation in <u>PLR</u></p> <p>Birthdays: Elizabeth Ham</p>	<p>13</p> <p>10:00 Exercise video in <u>PLR</u> 9:00 – 12:00 Dr. Ziomek (podiatrist) in <u>PCR</u> 1:30 Bingo (\$1) in <u>PLR</u> 6:30 Evening movie in <u>PLR</u> (Murder Mystery)</p> <p>Birthdays: Ruth Kirkpatrick &amp; Judy Baber</p>	<p>14</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (Julie &amp; Julia) 2-4 <u>Courtyard</u> performance Jazz duo Oaks: 2:00-2:20 CT 2: 2:30- 2:50 CT 3: 2:55- 3:15 CT 4: 3:20- 3:40 CT 1: 3:45</p>	<p>15</p> <p>10:00 Bible study with Leon in <u>PCR</u> 2-3 Yoga Class w/ Mary Ann in <u>PLR</u> 1<sup>st</sup> class: 2:00- 2:25 2<sup>nd</sup> class: 2:35- 3:00 6:30 Evening movie in <u>PLR</u> (Julie &amp; Julia)</p>	<p>16</p> <p>10:00 Bible study with Leon in <u>PCR</u> 2-3 Yoga Class w/ Mary Ann in <u>PLR</u> 1<sup>st</sup> class: 2:00- 2:25 2<sup>nd</sup> class: 2:35- 3:00 6:30 Evening movie in <u>PLR</u> (Back to the Future II)</p> <p>Birthdays: Aileen Houghton &amp; Erika Londos</p>	<p>17</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 2-4 <u>Courtyard</u> performance by Garry Eister Oaks: 2:00-2:20 CT 2: 2:30- 2:50 CT 3: 2:55- 3:15 CT 4: 3:20- 3:40 CT 1: 3:45 6:30 Evening movie in <u>PLR</u> (Live action Lion King)</p>	<p>18</p> <p>12:00 Movie in <u>PLR</u> (Live action Lion King) 6:30 Evening movie in <u>PLR</u> (Star Wars V: The Empire Strikes Back)</p> <p>Birthdays: Peggy Schotz</p>
<p>19</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (The Irishman) 2- 4 <u>Courtyard</u> performance by Rick Jarrett Oaks: 2:00-2:20 CT 2: 2:30- 2:50 CT 3: 2:55- 3:15 CT 4: 3:20- 3:40 CT 1: 3:45</p> <p>Birthdays: Howard Lagerquist</p>	<p>20</p> <p>10:00 Exercise video in <u>PLR</u> 1:30 Bingo (\$1) in <u>PLR</u> 6:30 Evening movie in <u>PLR</u> (The Irishman) 5<sup>th</sup> edition of the Newspaper published</p>	<p>21</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00pm Movie in <u>PLR</u> (Burlesque)</p>	<p>22</p> <p>10:00 Bible study with Leon in <u>PCR</u> 2-3 Yoga Class w/ Mary Ann in <u>PLR</u> 1<sup>st</sup> class: 2:00- 2:25 2<sup>nd</sup> class: 2:35- 3:00 6:30 Evening movie in <u>PLR</u> (Burlesque)</p> <p>Birthdays: George Mach</p>	<p>23</p> <p>10:00 Bible study with Leon in <u>PCR</u> 2-3 Yoga Class w/ Mary Ann in <u>PLR</u> 1<sup>st</sup> class: 2:00- 2:25 2<sup>nd</sup> class: 2:35- 3:00 6:30 Evening movie in <u>PLR</u> (Back to the Future II)</p>	<p>24</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 creative Journey w/ Jim Farmer 1:30 Two-Buck Bingo in <u>PLR</u> 6:30 Evening movie in <u>PLR</u> (Knives Out)</p>	<p>25</p> <p>12:00 Movie in <u>PLR</u> (Fantasia) 6:30 Evening movie in <u>PLR</u> (Saving Mr. Banks)</p> <p>Birthdays: Winston Skinner</p>
<p>26</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (Freaky Friday)</p> <p>Birthdays: Elizabeth Salzgerber</p>	<p>27</p> <p>10:00 Exercise video in <u>PLR</u> 1:30 Bingo (\$1) in <u>PLR</u> 6:30 Evening movie in <u>PLR</u> (Freaky Friday)</p>	<p>28</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 Movie in <u>PLR</u> (The Help) 2-4 <u>Courtyard</u> performance by The Mardales Oaks: 2:00-2:20 CT 2: 2:30- 2:50 CT 3: 2:55- 3:15 CT 4: 3:20- 3:40 CT 1: 3:45</p>	<p>29</p> <p>10:00 Bible study with Leon in <u>PCR</u> 2-3 Yoga Class w/ Mary Ann in <u>PLR</u> 1<sup>st</sup> class: 2:00- 2:25 2<sup>nd</sup> class: 2:35- 3:00 6:30 Evening movie in <u>PLR</u> (The Help)</p>	<p>30</p> <p>10:00 Exercise w/ Mary in <u>PLR</u> 12:00 creative Journey w/ Jim Farmer 1:30 Two-Buck Bingo in <u>PLR</u> 6:30 Evening movie in <u>PLR</u> (Hello, Dolly!)</p> <p>Birthdays: Dorothy Schwartz &amp; Nonie Chaffin</p>	<p>31</p> <p>10:00 Exercise with Mary in <u>PLR</u> 12:00 creative Journey w/ Jim Farmer 1:30 Two-Buck Bingo in <u>PLR</u> 6:30 Evening movie in <u>PLR</u> (Hello, Dolly!)</p> <p>Birthdays: Ingrid Brown</p>	<p>*Sign-up spots are limited due to COVID restrictions set by the State of California and San Luis Obispo County</p>

PLR= Palms living room PAR= Palms Arts and Crafts room (located in courtyard 3 next to the laundry room) PCR= Palms Community Room (located in courtyard 2 next to the beauty salon)