

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 Coffee Club 10:15 Cardio & Mobility 11:00 Church Service 1:15 Social Hour 2:00 Puzzles & Games 3:00 Riddle Me This 4:00 Songs We Remember <small>Daylight Saving Time Ends</small>	8:15 Coffee Club 10:30 Strength & Balance 11:15 Tennis 1:15 Social Hour 2:00 Puzzles & Games 3:00 Trivia Twisters 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Cooking with Barbara 1:15 Social Hour 2:00 Puzzles & Games 3:00 Arts & Crafts 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Who, What, When? 1:15 Social Hour 2:00 Puzzles & Games 3:00 Pictionary 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Strength & Balance 11:15 Famous Faces Bingo 1:15 Social Hour 2:00 Puzzles & Games 3:00 Music & Memories 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 All About Animals 1:15 Social Hour 2:00 Puzzles & Games 3:00 Happy Hour 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Word Games 1:15 Social Hour 2:00 Puzzles & Games 3:00 Afternoon Movie: <i>Newsies</i> (1992)
8:15 Coffee Club 10:15 Cardio & Mobility 11:00 Church Service 1:15 Social Hour 2:00 Puzzles & Games 3:00 Riddle Me This 4:00 Songs We Remember	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Golf 1:15 Social Hour 2:00 Puzzles & Games 3:00 Trivia Twisters 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:00 Music on the Patio: Rick Jarrett 1:15 Social Hour 2:00 Puzzles & Games 3:00 Arts & Crafts 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Who, What, When? 1:15 Social Hour 2:00 Puzzles & Games 3:00 Turkey Talk 4:00 Afternoon Wind-down <small>Veterans Day Remembrance Day (Canada)</small>	8:15 Coffee Club 10:30 Strength & Balance 11:15 Classic Bingo 1:15 Social Hour 2:00 Puzzles & Games 3:00 Music & Memories 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Travel the World 1:15 Social Hour 2:00 Puzzles & Games 3:00 Happy Hour 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Word Games 1:15 Social Hour 2:00 Puzzles & Games 3:00 Afternoon Movie: <i>The Philadelphia Story</i> (1940)
8:15 Coffee Club 10:15 Cardio & Mobility 11:00 Church Service 1:15 Social Hour 2:00 Puzzles & Games 3:00 Riddle Me This 4:00 Songs We Remember	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Bowling 1:15 Social Hour 2:00 Puzzles & Games 3:00 Mail Room 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Mailroom 1:15 Social Hour 2:00 Puzzles & Games 3:00 Arts & Crafts 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Tattoo Shop 1:15 Social Hour 2:00 Puzzles & Games 3:00 Word Game 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Strength & Balance 11:15 Thanksgiving Bingo 1:15 Social Hour 2:00 Puzzles & Games 3:00 Music & Memories 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Holiday History 1:15 Social Hour 2:00 Puzzles & Games 3:00 Happy Hour 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Word Games 1:15 Social Hour 2:00 Puzzles & Games 3:00 Afternoon Movie: <i>Remember the Titans</i> (2000)
8:15 Coffee Club 10:15 Cardio & Mobility 11:00 Church Service 1:15 Social Hour 2:00 Puzzles & Games 3:00 Riddle Me This 4:00 Songs We Remember	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Kerplow! 1:15 Social Hour 2:00 Puzzles & Games 3:00 Music on the Patio: Liz Douglas 4:00 After Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Cooking with Barbara 1:15 Social Hour 2:00 Puzzles & Games 3:00 Arts & Crafts 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Who, What, When? 1:15 Social Hour 2:00 Puzzles & Games 3:00 Gratitude Game 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Strength & Balance 11:15 Gratitude Tree 12:00 Thanksgiving Dinner 2:00 Puzzles & Games 3:00 Music & Memories 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Chair Yoga 11:15 Biography 1:15 Social Hour 2:00 Puzzles & Games 3:00 Happy Hour 4:00 Afternoon Wind-down	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Word Games 1:15 Social Hour 2:00 Puzzles & Games 3:00 Afternoon Movie: <i>Miracle on 34th Street</i> (1947)
8:15 Coffee Club 10:15 Cardio & Mobility 11:00 Church Service 1:15 Social Hour 2:00 Puzzles & Games 3:00 Riddle Me This 4:00 Songs We Remember	8:15 Coffee Club 10:30 Cardio & Mobility 11:15 Glow Ball 1:15 Social Hour 2:00 Puzzles & Games 3:00 Trivia Twisters 4:00 Afternoon Wind-down	<h1>November 2020</h1> <h2>Life Enrichment Activity Calendar</h2>				