

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Chip Clips - PAR 1-3 Open Studio Time - PAR 3:30 Hymn Singing -- PLR 6:30 Movie - PLR	9:30 Exercise w/ Tonya- PLR 10:30 Palms Association Meeting – PLR 1:30 \$1 Bingo-PDR 1:30 Memoir Workshop – PGR 3:00 Cinco De Mayo Social Mariachi Mexicanísimo – PCY 6:30 Movie - PLR Cinco de Mayo	9:30 Mobility Video – PLR 12-2 CWATrishaw Rides 10:00 Communion – PGR 10:30 Banking w/ Brian 1:00 Bridge – PDR 1-2:30 Art w/ Timo - PAR 2:00 Scrabble – PGR 3:00 DIY Lanterns – PLR 3:30 Poetry Circle – OLR	9:30 Exercise w/ Tonya-PLR 10:30 Rite Aid 1:30 Drumming for Wellness - PCY 2:30 Oaks Assoc. Mtg. – OT 3:00 Rummikub - PGR 6:30 Mexican Train – PDR 6:30 Movie - PLR	9:30 Yoga w/Lesley - PLR 10:00 Bible Study – GC 10:30 Health Check - Home Matters Office at The Oaks 11:30 Sound Bath Experience w/ Dee - PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR May Day	9:30 Exercise w/Tonya – PLR 10:00 Bible Discussion – GC 11:00 Lip Reading – PGR 1:30 Water coloring – PAR 2:30 Bible Study – PGR 3-4 Pots+Plants Party – PCY 6:30 Only Murders in the Building TV show – PLR	9:30 Mindful Meditation - PLR 10:30 Gentle Yoga – PLR 11:30 Photo Holders – PAR 1:00 Aqua Exercise -Palms Pool 1:00 Art w/ Flo(w) - PAR 6:30 Mexican Train 6:30 Movie- PLR
9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Silk Flowers - PAR Mother's Day Dinner - Reservations Needed 1-3 Open Studio Time - PAR 6:30 Movie – PLR Mother's Day National Skilled Nursing Care Week	9:30 Exercise w/ Tonya- PLR 10:30 Walmart/Marshalls 1:30 \$1 Bingo – PDR 2-4 Tech w/ Nancy - PLR 6:30 Movie – PLR	9:30 Mobility Video – PLR 10:00 Communion – PGR 10-3 Chair Massage - PAR 1:00 Bridge – PDR 2:00 Scrabble – PGR 5:00 New Resident Table-PDR 6:30 Movie - PLR	9:30 Exercise w/ Tonya- PLR 10:30 Target 2-4 Lives Well Lived Photos–PCR 2:30 Lives Well Lived Interviews #3 3:00 Rummikub - PGR 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley – PLR 9:30 Mobility Video - PLR 10:00 Bible Study – GC 10:30 Health Check - Home Matters Office at The Oaks 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie – PLR	9:30 Exercise w/Tonya- PLR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring – PAR 2:30 Bible Study – PGR 6:30 Only Murders in the Building TV show – PLR	9:30 Mindful Meditation - PLR 10:30 Gentle Yoga – PLR 10:30 Nature Walk w/ Joyce 11:30 Floral Pins – PAR 1:00 Aqua Exercise –Palms Pool 1:00 Art w/ Flo(w) - PAR 3:00 Village Voices – PLR 2:00 Dance Girl, Dance Film & Talk w Prof Paul - OT 6:30 Mexican Train Armed Forces Day
9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Beaded Necklaces - PAR 1-3 Open Studio Time - PAR 3:00 Death Trap - Play in Morro Bay 3:30 Hymn Singing - PLR 6:30 Movie – PLR	9:30 Chair Exercise w/ Tonya- PLR 10:30 Trader Joe's 1:30 Memoir Workshop - PGR 1:30 \$1 Bingo – PDR 3:00 Rick Jarret – OLR 6:30 Movie – PLR Victoria Day (Canada)	9:30-11:00 Mobility in Motion Workshop - PLR 10:00 Communion – PGR 10:30 Banking w/ Brian 12-2 CWATrishaw Rides 1:00 Bridge – PDR 1-2:30 Art w/ Timo - PAR 2:00 Scrabble – PGR 6:30 Movie – PLR	9:30 Exercise w/ Tonya-PLR 11-1 Luna Red Lunch & Mission Stroll in SLO 1:30 Drumming for Wellness - PCY 3:00 Rummikub – PGR 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley - PLR 10:00 Bible Study – GC 10:30 Health Check - Home Matters Office at The Oaks 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – OT 3-5 It Takes a Village Happy Hour – PCY 6:30 Movie - PLR	9:30 Exercise w/Tonya- PLR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 2:30 Bible Study – PGR 3-4 Recycling Workshop – PLR 6:30 Only Murders in the Building TV show – PLR	9:30 Mindful Meditation - PLR 10:30 Gentle Yoga – PLR 10:30 Book Club, Celeste Ng's, Our Missing Hearts – PAR 11:30 Jewelry – PAR 1:00 Aqua Exercise – Oaks Pool 3:00 Village Voices- PLR 6:30 Mexican Train 6:30 Movie- PLR
9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Pop Up Cards – PAR 1-3 Open Studio Time - PAR 2:00 Sunday Matinee: A Complete Unknown – OT 6:30 Movie - PLR	9:30 Exercise w/ Tonya- PLR 10:30 Grief & Loss Support Group – PCR 1:30 \$1 Bingo – PDR 3:00 Memorial Day: Care Packages – PLR 6:30 Movie – PLR Memorial Day	9:30 Mobility Video – PLR 10:00 Communion – PGR 10-3 Chair Massage - PAR 1:00 Bridge – PDR 2:00 Scrabble – PGR 3:00 Birthday Party w/ Bon Frere, World Music - OLR 5:00 New Resident Table-PDR 6:30 Movie	9:30 Exercise w/ Tonya- PLR 12:00 Movie – OT 2:15-3:45 Lives Well Lived Wrap Party – PLR 3:00 Rummikub – PGR 5:30 Once Upon A Short Story – Private PDR 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley - PLR 10:00 Bible Study – GC 10:30 Health Check - Home Matters Office at The Oaks 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR	9:30 Exercise w/ Tonya- PLR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:00 Greeters Meeting - PCR 1:30 Water coloring- PAR 2:30 Bible Study – PGR 3:00 Trivia w/ DG Cal Poly Students - PLR 6:30 Only Murders in the Building TV show – PLR	9:30 Mindful Meditation - PLR 10:30 Gentle Yoga – PLR 11:30 Bees and Baskets – PAR 12:30 Snow Cone Social - PCY 1:00 Aqua Exercise –Palms Pool 3:00 Village Voices – PLR 6:30 Mexican Train 6:30 Movie- PLR

PLR= Palms Living Room PCR= Palms Community Room PAR= Palms Art & Crafts Room OT= Oaks Movie Theater PDR= Palms Dining Room ODR= Oaks Dining Room PGR= Palms Garden Room PCY= Palms Courtyard

May Movies

**Movies are playing in The Palms Living Room at 6:30pm,
except on T.V. Fridays.**

1. A Day Without a Mexican – R / 2004 / Prime
2. **Only Murders in the Building – 2021 / Hulu**
3. A Better Life – PG-13 / 2011 / Prime
4. Coco – PG / 2017 / Disney +
5. Selena – PG / 1997 / Prime
6. West Side Story – Not Rated / 1961 / Prime
7. On the Basis of Sex – TV-MA / 2018 / Netflix
8. The Good, the Bad, and the Ugly – R / 1966 / Prime
9. Only Murders in the Building – 2021 / Hulu
10. Willow – PG / 1988 / Disney +
11. Jasper Jones – Not Rated / 2017 / Prime
12. Out of Africa – PG / 1985 / Netflix
13. Up – PG / 2009 / Disney +
14. The Last Laugh – Not Rated / 2019 / Netflix
15. Field of Dreams – PG / 1989 / Netflix
16. Only Murders in the Building – 2021 / Hulu
17. The Money Pit – PG / 1986 / Netflix
18. Top Gun – PG / 1986 / Prime
19. Midnight Run – R / 1988 / Prime
20. Into the Woods – PG / 2014 / Disney +
21. Say Anything – PG-13 / 1989 / Hulu, Disney +
22. The Fall Guy – PG-13 / 2024 / Prime
23. Only Murders in the Building – 2021 / Hulu
24. Fitzcarraldo – PG / 1982 / Prime
25. Pride & Prejudice – PG / 2005 / Netflix
26. Smokey and the Bandit – PG / 1977 / Netflix
27. Return to Oz – PG / 1985 / Disney +
28. Miss You Already – PG-13 / 2015 / Prime
29. Swiss Family Robinson – G / 1960 / Disney +
30. Only Murders in the Building – 2021 / Hulu
31. Murder Mystery – PG-13 / 2019 / Netflix

May Campus Events

- Sound Bath Experience w/ Dee 5/1 @ 11:30 am – PLR
- Pots + Plants Party 5/2 @ 3-4 pm – PCY
- Art w/ Flo(w) 5/3, 5/17 @ 1:00 pm – PAR
- Open Studio Time Every Sunday – PAR
- Cinco de Mayo Social 5/5 @ 3:00 pm – PCY
- Cycling Without Age Trishaw Rides 5/6, 5/20 @ 12-2 pm – Lobby
- Art w/ Timo 5/6, 5/20 @ 1-2:30 pm – PAR
- DIY Lanterns 5/6 @ 3:00 pm – PLR
- Poetry Circle 5/6 @ 3:30 pm – OLR
- Drumming for Wellness 5/7, 5/21 @ 1:30 pm – PCY
- Mother's Day Tea Party 5/9 @ 11:00 – OLR
- Tech w/ Nancy 5/12 @ 2:00 – 4:00 - PLR
- Chair Massage 5/13, 5/27 @ 10am-3pm – PAR
- Nature Walk w/ Joyce 5/17 @ 10:30 am
- Dance, Girl, Dance w/ Prof Paul 5/17 @ 2:00 – Oaks Theater
- Mobility in Motion Workshop 5/20 @ 9:30-11:00 am – PLR
- It Takes a Village Happy Hour 5/22 @ 3-5 pm – PCY
- Recycling Workshop 5/23 @ 3-4 pm – PLR
- Sunday Matinee: *A Complete Unknown* 5/25 @ 2:00 pm – OT
- Memorial Day: Care Packages 5/26 @ 3:00 pm – PLR
- Birthday Party w/ Bon Frere 5/27 @ 3:00 pm – PLR
- Lives Well Lived Wrap Party 5/28 @ 2:15-3:45 – PLR
- Trivia w/ Delta Gamma 5/30 @ 3:00 pm – PLR
- Snow Cone Social @ 12:30 pm – PCY

May Outings

- Symphony Rehearsal 5/10 @ 10:15 am
- Symphony Performance 5/10 @ 6:30 (purchase tickets, transportation provided)
- Death Trap Play in Morro Bay 5/18 @ 3:00 pm
- Luna Red Lunch & Mission Stroll 5/21 @ 11am-1pm

May Shopping

- Rite Aid 5/7 @ 10:30 am
- Walmart/Marshalls 5/12 @ 10:30 am
- Target 5/14 @ 10:30 am
- Trader Joe's 5/19 @ 10:30 am