

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MAY 2024

Life Enrichment Assistance – activities@villagesofslo.com

<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 2:30 5 de Mayo Celebration Margaritas & Mariachi - PCY 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p>10:30 Palms Association Meeting- PLR 9:30 Chair exercise w/Tonya 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR 3:00 Aqua Exercise – Oaks</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 10-3 Chair Massage - PAR 1:00 Bridge- PCR 1 :00 Dry Flower Lanternes - PLR 1:30 Tai chi video- OLR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Arts & Crafts- PAR 11:00 Cinco De Mayo Taqueria/ Montana de Oro – Los Osos 2 :00 Memoir Workshop- PCR 3:00 Scrabble – OLR</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:30 Balance Class w/ Amy 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 SLO Strummers- PLR</p>	<p>9:30 Meditation w/Mary Ann 10:30 Gentle Yoga 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Aqua Exercise – Palms</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 2:30 5 de Mayo Celebration Margaritas & Mariachi - PCY 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p>10:30 Palms Association Meeting- PLR 9:30 Chair exercise w/Tonya 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR 3:00 Aqua Exercise – Oaks</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 10-3 Chair Massage - PAR 1:00 Bridge- PCR 1 :00 Dry Flower Lanternes - PLR 1:30 Tai chi video- OLR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Arts & Crafts- PAR 11:00 Cinco De Mayo Taqueria/ Montana de Oro – Los Osos 2 :00 Memoir Workshop- PCR 3:00 Scrabble – OLR</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 11:00 Book Mobile - GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:30 Balance Class w/ Amy 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Mike Campell - PLR</p>	<p>9:30 Meditation w/Mary Ann 10:30 Gentle Yoga 10:30 Book Club-PAR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Villages Voices 3:00 Aqua Exercise – Palms</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p>9:30 Chair exercise w/Tonya 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR 3:00 Aqua Exercise – Oaks</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 10:30 Banking 1:00 Bridge- PCR 1:30 Earring Making- PLR 1:30 Tai chi video- OLR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Arts & Crafts- PAR 10:30 Target 2 :00 Speaking Freely - PCR 3:00 Scrabble – OLR</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:30 Balance Class w/ Amy 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 1:00 Greeters Committee Meeting- PCR 3:00 Ian Scarfe & Brynn Albanese- PLR</p>	<p>9:30 Meditation w/Mary Ann 10:30 Gentle Yoga 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Aqua Exercise – Palms</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 2:00 SLO Wind Orchestra 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p>9:30 Chair exercise w/Tonya 10:30 Marshalls & Walmart 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR 3:00 Aqua Exercise – Oaks 3:00 Rick Jarrett – OLR</p>	<p>9:30 Mobility Video – PLR 10-3 Chair Massage - PAR 10:00 Communion- PCR 1:00 Bridge- PCR 1:30 Tai chi video- OLR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Arts & Crafts- PAR 10:30 Museum of Natural History / Lunch at House of Jujus (Morro Bay) 2 :00 Memoir Workshop 3:00 Scrabble – OLR</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:30 Balance Class w/ Amy 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR</p>	<p>9:30 Meditation w/Mary Ann 10:30 Gentle Yoga 10:30 Book Club-PAR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Villages Voices 3:00 Aqua Exercise – Palms</p>
<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p>9:30 Chair exercise w/Tonya 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -PLR 3:00 Aqua Exercise – Oaks</p>	<p>9:30 Mobility Video - PLR 10:00 Communion- PCR 10:30 Banking 1:00 Avoid Scams West Coast Bank Presentation - PLR 1:00 Bridge- PCR 1:30 Tai chi video- OLR 3 :00 Birthday Cocktail Party w/ Duane English OLR</p>	<p>9:30 Chair Exercise w/ Tonya—PLR 10:30 Arts & Crafts- PAR 10 :30 Trader Joes 3:00 Scrabble – OLR 3:30 Once Upon a Short Story- PAR</p>	<p>9:30 Yoga w/Mary Ann 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>9:30 Chair exercise w Tonya 10:30 Balance Class w/ Amy 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Tim Pacheco- PLR</p>	

PLR = Palms Living Room PCR = Palms Community Room PAR = Palms Arts & Crafts Room OT = Oaks Movie Theater PDR = Palms Dining Room ODR = Oaks Dining Room PGR = Palms Garden Room PCY = Palms Courtyard

May Movies

MON-FRI in The Oaks Theater @ 12pm and The Palms Living room @ 6:30pm

SAT & SUN in The Palms Living room @ 12pm & 6:30pm

1. **It Happened One Night** – Prime Video / 1934
2. **Gaslight** – Prime Video / 1944
3. **The Way Back** – Prime Video / 2020
4. **Stand By Me** – Hulu / 1986
5. **The Red Violin** – Prime Video / 1998
6. **Boys on the Side** – Hulu / 1995
7. **She Came to Me** – Hulu / 2023
8. **Rain Man** – Prime Video / 1988
9. **Suspicion** – Prime Video / 1941
10. **The Tree of Life** – Prime Video / 2011
11. **Hamlet** – Prime Video / 1996
12. **Abducted by my Teacher** – Hulu / 2023
13. **King Richard** – Netflix / 2021
14. **My All American** – Netflix / 2015
15. **Megan Leavey** – Netflix / 2017
16. **Thelma and Louise** – Prime Video / 1991
17. **The Company Men** – Prime Video / 2011
18. **Moulin Rouge** – Hulu / 2001
19. **Boston Strangler** – Hulu / 2023
20. **Starman** – Netflix / 1984
21. **Big Eyes** – Netflix / 2014
22. **The Lightkeepers** – Prime Video / 2010
23. **Legends of the Fall** – Hulu / 1994
24. **West Side Story** – Prime Video / 1961
25. **Play Misty for Me** – Netflix / 1971
26. **A Beautiful Day in the Neighborhood** – Hulu / 2019
27. **Love with the Proper Stranger** – Prime Video / 1963
28. **Persuasion** – Netflix / 2022
29. **Little Women** – Hulu / 2019
30. **Seven Brides for Seven Brothers** – Prime Video / 1954
31. **Hope Floats** – Hulu / 1998

May Campus Events

- 5 de Mayo Celebration! Margaritas and Mariachi! 5/5 @2:30
- Dry Flower Lanterns 5/7 @1:00
- Earring Making 5/14 @1:00
- Avoid Scam West Coast Bank 5/28 @1:00

May Shopping

- Target 5/15 @10:30
- Walmart & Marshalls 5/20 @10:30
- Trader Joes 5/29 @10:30

May Bus Outings

- Cinco De Mayo Taqueria / Montana De Oro 5/8 @11:00
- Museum of Natural History/ House of Jujus 5/22 @11:00

May Birthdays

Annette Orton 5/2
Joann Quaglino 5/4
Therese Hanlon 5/6
Marie Ornelles 5/9
Barbara Davis 5/9
Kathy Keys 5/11
Carol Mackey 5/14
Sally Blackerby 5/15
Red Camer 5/17
Sharon Moorse 5/21
Lisa Sandahl 5/24
Betty Keever 5/24
Carol Fine 5/25
Greg Heggi 5/30

