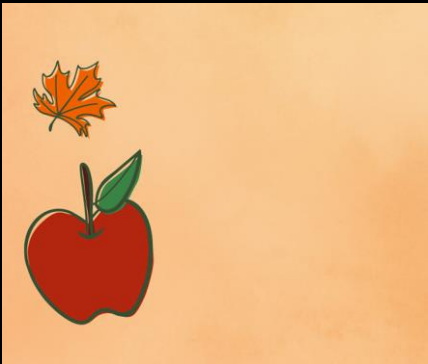


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Mobility Video - PLR 1 1:30 \$1 Bingo-PDR 1:30 Memoir Workshop-PGR 3:00 Aqua Exercise w/ Marni – Oaks Pool 6:30 Movie – PLR Labor Day Labor Day	9:30 Exercise w/Tonya - PLR 2 10:00 Communion – PGR 10:30 Banking w/ Brian 1-3 CWA Trishaw Rides 1:00 Bridge – PDR 2:00 Scrabble -PGR 3:00 Roy Griffith, vocals & guitar – PLR or PCY 6:30 TV Tuesday - PLR	9:30 Exercise w/Tonya-PLR 3 10:30 CVS On Madonna Rd. 1:30 Drum 4 Wellness - PCY 2:30 Oaks Assoc. Mtg. – OT 3:00 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie - PLR	9:30 Yoga w/Lesley-PLR 4 10:00 Bible Study – GC 10:30-12 Acrylic Painting- PCY or PAR 10:30 HM Health Check-Oaks 12:30 Ukelele Class - PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR 5 10:00 Bible Discussion – GC 10:45 Coffee w/ Daniel, Spectrum Tech - PLR 11:00 Lip Reading – PGR 2:30 Bible Study – PGR 6:30 Foreign Film Friday	9:30 Mindful Matters–PLR 6 10:30 Gentle Yoga – PLR 11:30 Welcome Signs -PAR 1:00 Art w/ Flo(w) – PAR 6:30 Mexican Train – PDR 6:30 Movie – PLR
9:30 Church Rides 7 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Fall Wreaths - PAR 1-3 Open Studio Time – PAR 2:00 Matinee, Clambake-OT 3:30 Hymn Singing- PLR 6:30 Movie – PLR Grandparents Day Grandparents Day	10:30 Palms Association Meeting – PLR 10:30 Grief & Loss Support Group – PCR 1:30 \$1 Bingo-PDR 3:00 Aqua Exercise - Oaks 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR 9 10:00 Communion – PGR 10-3 Chair Massage - PAR 1:00 Bridge – PDR 2:00 Scrabble – PGR 2:30 End of Life Conversations #1 - PLR 5:00 New Resident Table-PDR 6:30 TV Tuesday– PLR	9:30 Exercise w/Tonya-PLR 10 11:30-2:30 Chamisal Winery, Edna Valley 3:00 Aqua Exercise - Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley - PLR 11 10:00 Bible Study – GC 10:30-12 Acrylic Painting- PCY or PAR 10:30 HM Health Check-Oaks 11:00 Mobile Library - GC 12:30 Ukelele Class - PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – OT 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR 12 10:00 Bible Discussion-GC 10:30 Art w/ Timo Class Show w/ Mimosas - PDR 11:00 Lip Reading – PGR 2:30 Bible Study – PGR 3:00 Susan Bernard, vocals – PLR or PCY 6:30 Foreign Film Friday	9:30 Mindful Matters -PLR 13 10:30 Gentle Yoga – PLR 11:30 Card Making-PAR 1:00-5:30 Melodrama 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR
9:30 Church Rides 14 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Decoupage - PAR 1-3 Open Studio Time-PAR 1:00 Classic Car Show - Palms Roundabout 2-4 Tech w/ Nancy- PLR 6:30 Movie – PLR	9:30 Mobility Video - PLR 15 10:30 Walmart/Marshalls 1:30 Memoir Workshop- PGR 1:30 \$1 Bingo – PDR 3:00 Aqua Exercise – Oaks 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR 16 10:00 Communion – PGR 10:30 Banking w/ Brian 1-3 CWA Trishaw Rides 1:00 Bridge – PDR 2:00 Scrabble – PGR 2:30 Talk + Wine w/ Rick Chapman, Photography-PLR 6:30 TV Tuesday – PLR	9:30 Exercise w/Tonya-PLR 17 12:00 Men’s Lunch - PDR or PCY 1:30 Drum 4 Wellness-PCY 3:00 Aqua Exercise – Palms 6:30 Mexican Train – PDR	9:30 Yoga w/Lesley-PLR 18 10:00 Bible Study – GC 10:30-12 Acrylic Painting- PCY or PAR 10:30 HM Health Check-Oaks 12:30 Ukelele Class - PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR 19 10:00 Bible Discussion – GC 11:00 Lip Reading – PGR 1:00 Jewish New Year Talk w/ Rabbi Micah - PLR 2:30 Bible Study – PGR 3-4 Central Coast Harmony Chorus – Garden Creek 6:30 Foreign Film Friday	9:30 Mindful Matters-PLR 20 10:30 Gentle Yoga – PLR 11:30 Mixed Media - PAR 1:00 Art w/ Flo(w) - PAR 3 :00 Piano w/ Paul & Hannah - PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR Oktoberfest Begins
9:30 Church Rides 21 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Art w/Leaves -PAR 1-3 Open Studio Time -PAR 2:00 Sunday Matinee, American Graffiti - OT 3:30 Hymn Singing- PLR 6:30 Movie - PLR	9:30 Mobility Video - PLR 22 10:30 Target 10:30 Grief & Loss Support Group – PCR 1:30 \$1 Bingo – PDR 3:00 Rick Jarrett - PLR 3:00 Aqua Exercise - Oaks 6:30 Movie – PLR Rosh Hashana Begins Rosh Hashanah Begins Autumn Begins	9:30 Exercise w/Tonya-PLR 23 10:00 Communion – PGR 10-3 Chair Massage – PAR 1:00 Bridge – PDR 2:00 Scrabble – PGR 3:00 Bday Party w/ Pricey Diggs - PCY 5:00 New Resident Table-PDR	9:30 Exercise w/Tonya-PLR 24 11:00-2:30 SLO Museum of Art & lunch 3:00 Aqua Exercise – Palms 5:30 Once Upon a Short Story- PPDR 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley-PLR 25 10:00 Bible Study – GC 10:30-12 Acrylic Painting-PAR 10:30 HM Health Check-Oaks 12:30 Ukelele Class - PLR 1:30 \$2 Bingo – PDR 2:30 Gerry’s 100th Bday celebration w/ DJ - OLR 3:00 Doc & Wine – OT 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR 26 10:00 Bible Discussion – GC 11:00 Lip Reading – PGR 2:30 Bible Study – PGR 6:30 Foreign Film Friday	9:30 Mindful Matters- PLR 27 10:30 Gentle Yoga – PLR 11:30 Fall Jewelry - PAR 10:30 Book Club: The Best Strangers in the World – PAR 2:00 Film+Talk w/ Prof. Paul Wild Strawberries - OT 3:00 Village Voices – PLR b 6:30 Mexican Train – PDR
9:30 Church Rides 28 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Pumpkin Pins - PAR 1-3 Open Studio Time-PAR 6:30 Movie – PLR	9:30 Mobility Video - PLR 29 10:30 Trader Joe’s 1:30 \$1 Bingo – PDR 3:00 Aqua Exercise – Oaks 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR 30 9:30 Mobility Video – PLR 10:00 Communion – PGR 1:00 Bridge – PDR 2:00 Scrabble – PGR 6:30 TV Tuesday– PLR	 September 2025 All Art & Ukelele Classes will be held in the Palms Courtyard until further notice			

September Movies

Movies are playing in The Palms Living Room at 6:30pm,
except on T.V. Tuesdays and Foreign Film Fridays.

1. The Intern – 2015 / Prime
2. TV TUESDAYS – GOLDEN GIRLS Season 1 E1, E2, E3
3. On Golden Pond – 1981 / Prime, Apple Tv
4. The Green Mile – 1999 / Prime, Apple Tv
- 5. FOREIGN FILM FRIDAYS – AMELIE (FRANCE)**
6. Grumpy Old Men -1993 / Prime
7. Still Alice – 2014 / Prime, YouTube
8. The Penguin Lessons – 2024 / Netflix
9. TV TUESDAYS – GOLDEN GIRLS Season 1 E4, E5, E6
- 10.The Best Exotic Marigold Hotel – 2011 / Prime, Apple TV
- 11.Local Hero – 1983 / Prime, YouTube
- 12.FOREIGN FILM FRIDAYS – ROMA (MEXICO)**
- 13.Little Miss Sunshine – 2006 / Hulu, Disney +
- 14.Mrs. Doubtfire – 1993 / Disney +, Hulu
- 15.Shadowlands – 1986 / Prime
- 16.TV TUESDAYS – GOLDEN GIRLS Season 1 E7, E8, E9
- 17.Hope Springs – 2012 / YouTube, Prime
- 18.Patch Adams – 1998 / Prime
- 19.FOREIGN FILM FRIDAYS – The 100-Year-Old Man Who Climbed Out of a Window and Disappeared (Sweden)**
- 20.Funny Girl – 1968 / Prime
- 21.The Miracle Worker – 1962 / Apple Tv, Prime
- 22.The Queen – 2006 / Prime
- 23.TV TUESDAYS - GOLDEN GIRLS Season 1 E10, E11, E12
- 24.Hidden Figures – 2016 / Disney +, Prime
- 25.Seabiscuit – 2003 / Hulu, Prime
- 26.FOREIGN FILM FRIDAY – ONCE (Ireland)**
- 27.Steel Magnolias – 1989 / YouTube, Prime
- 28.Hello, Dolly! – 1969 / Disney +, Prime
- 29.The Theory of Everything – 2014 / Netflix
- 30.TV TUESDAYS - GOLDEN GIRLS Season 1 E13, E14, E15

September Campus Events

- CWA Trishaw Rides 9/2 & 9/16 @1:00 - 3:00
- Drum for Wellness - 9/3 & 9/17 @1:30 - PCY
- Aqua Exercise w/Marni 9/3, 9/10, 9/17, 9/24 @3:00 - PALMS POOL
- Acrylic Painting 9/4, 9/11, 9/18, 9/25 @10:30 -12:00 - PCY
- Ukelele Class 9/4, 9/11, 9/18, 9/25 @12:30 PCY
- Coffee with Daniel (Spectrum Representative) 9/5 @10:45 - PLR
- Matinee “Clambake” 9/7 @2:00 - OT
- Aqua Exercise w/Marni 9/8, 9/15, 9/22, 9/29 @3:00- OAKS POOL
- End of Life Conversations #1 9/9 @2:30 - PLR
- Chair Massage 9/9 & 9/23 @10-3:00 - PAR
- Art w/ Timo Class Opening 9/12 @10:30 - PDR
- Classic Car Show 9/14 @1:00- Palms Roundabout
- Talk and Wine w/ Rick Chapman 9/16 @2:30 - PLR
- Men’s Lunch 9/17 @12:00 - PDR or PCY
- Jewish New Year Presentation 9/19 @1:00 - PLR
- Central Coast Harmony Chorus 9/19 @3:00 Garden Creek
- Piano with Paul and Hannah - 9/20 @3:00 - PLR
- Matinee “American Graffiti” 9/21 @2:00 - OT
- September Bday Party w/ Pricey Diggs 9/23 @3:00 - PCY
- **Gerry’s 100th Bday Dance Party 9/25 @2:30 - OLR**
- Film and Talk w/ Professor Paul “Wild Strawberries” 9/27 @2:00 - OT

September Outings

- **Chamisal Winery: 9/10 @11:30 – 2:30**
- **Melodrama: 9/13 @1:00 – 5:00**
- **SLO Museum of Art: 9/24 @10:30 – 2:30**

September Shopping

- CVS 9/3 @10:30
- Walmart/ Marshalls 9/15 @10:30
- Target 9/22 @10:30
- Trader Joes 9/29 @10:30

