

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 Exercise w/Melbra-PLR 1 10:30 Palms Association Meeting – PLR 1:30 Memoir Workshop- PGR 1:30 \$1 Bingo-PDR 3:00 Aqua Exercise – Oaks 3:00 Brynn Albanese, Violin Vivaldi's Four Seasons-PLR 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR 2 10:00 Communion – PGR 10:30 Banking w/ Brian 1-3 CWA Trishaw Rides 1:00 Bridge – PDR 2:00 Scrabble -PGR 2:30 Wacky Accessory Social w/ The Bald Spots Barbershop Ensemble - PLR 6:30 TV Tuesday - PLR	9:30 Exercise w/Tonya-PLR 3 11:00-1:00 SLOcally Made Makers Market 1:30 Drumming - PCY 2:30 Oaks Assoc. Mtg. – OT 3:00 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie - PLR	9:30 Yoga w/Lesley-PLR 4 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 10:30 HM Health Check-Oaks 12:30 Ukelele Class – PLR 1:00 Holiday Vocal Arts- PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – OT	9:30 Exercise w/Tonya-PLR 5 10:00 Bible Discussion – GC 11:00 Lip Reading – PGR 2:00 Bible Study – PGR 6:30 Foreign Film Friday: The Best Exotic Marigold Hotel, UK/India	9:30 Chair Yoga - PLR 6 10:30 Paper Crafts -PAR 10:30 Employee Appreciation Party - PDR 1:30 Art w/ Flo(w) – PAR 6:30 Mexican Train – PDR 6:30 Movie – PLR	
	9:30 Church Rides 7 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Candle Craft-PAR 1-3 Open Studio Time – PAR 1:15 Piano Recital - OLR 3:30 Hymn Singing- PLR 6:30 Movie – PLR	9:30 Exercise w/Melbra-PLR 8 10:30 Walmart/Marshalls 10:30 Loss & Change Support Group - PDR 1:30 \$1 Bingo – PDR 3:00 Rick Jarrett - PLR 3:00 Aqua Exercise - Oaks 6:30 Movie – PLR	9:30 Exercise w/Cindy - PLR 9 10:00 Communion – PGR 10-3 Chair Massage – PAR 1:00 Bridge – PDR 2:00 Scrabble – PGR 3:00 Central Coast Harmony Chorus - PLR 5:00 New Resident Table-PDR 6:30 TV Tuesday - PLR	9:30 Exercise w/Tonya- 10 9:30 Mobility Video – PLR 10:30-1:30 Pismo Outlets & In-N-Out to go 3:00 Aqua Exercise - Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley-PLR 11 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 10:30 HM Health Check-Oaks 12:30 Ukelele Class – OLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine 5:30-7:30 OPEN HOUSE w/ 3 Martini Lunch – PLR & GC	9:30 Exercise w/Tonya-PLR 12 10:00 Bible Discussion – GC 11:00 Lip Reading – PGR 2:00 Bible Study – PGR 6:30 Foreign Film Friday: Bombardment, Denmark	9:30 Chair Yoga - PLR 13 10:30 Holiday Dish -PAR 2:15 SLO Winds Orchestra 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR
	9:30 Gentle Yoga – PLR 14 10:30 Stretch & Move – PLR 11:30 Gift Making - PAR 2:00 Jingle-Belles, A cappella trio - GC 2-4 Tech w/ Nancy- PLR 3:30 Discussion: How to deal with immigration - OLR Hanukkah Begins	9:30 Exercise w/Melbra-PLR 15 10-4 Mobile Nail Salon-Lot 10:30 End of Life Discussion Group - PDR 1:30 Memoir Workshop- PGR 1:30 \$1 Bingo – PDR 2:00 C.C. Follies - GC 3:00 Aqua Exercise - Oaks 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR 16 10:00 Communion – PGR 10:30 Banking w/ Brian 11:00 Write a Letter from Santa - PLR 1-3 CWA Trishaw Rides 1:00 Bridge – PDR 2:00 Scrabble – PGR 6:30 TV Tuesday – PLR	9:30 Exercise w/Tonya-PLR 17 10:30 Target 1:30 Drumming – PCY 3:00 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR 6:30 Resident Caroling Party - PLR	9:30 Yoga w/Lesley-PLR 18 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 11:00 Mobile Library - GC 10:30 CA Conservation Corp Visit - PLR 10:30 HM Health Check-Oaks 12:30 Ukelele Class - PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR	9:30 Exercise w/Tonya-PLR 19 10:00 Bible Discussion – GC 11:00 Lip Reading – PGR 2:00 Bible Study – PGR 3:00 Hanukkah Party - PLR 6:30 Foreign Film Friday: Il Postino, Italy	9:30 Chair Yoga - PLR 20 10:30 Mug Craft – PAR 10:30 Book Club: The Mighty Red - PGR 1:15 SLO Nutcracker 1:30 Art w/ Flo(w) – PAR 6:30 Mexican Train – PDR 6:30 Movie – PLR
	9:30 Church Rides 21 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Mason Jar Craft - PAR 1-3 Open Studio Time -PAR 3:30 Hymn Singing- PLR 6:30 Movie - PLR Winter Solstice Winter Begins	9:30 Exercise w/Cindy-PLR 22 10:30 Trader Joe's 10:30 Loss & Change Support Group – PDR 1:30 \$1 Bingo – PDR 3:00 Caroling w/Javier Family - PLR 3:00 Aqua Exercise – Oaks 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR 23 10:00 Communion – PGR 10-3 Chair Massage – PAR 1:00 Bridge – PDR 2:00 Scrabble – PGR 3:00 Birthday Party w/ Tim Pacheco - OLR 5:00 New Resident Table-PDR 6:30 TV Tuesday – PLR	9:30 Exercise w/Tonya-PLR 24 3:00 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR	MERRY CHRISTMAS No Classes Today  12:30-3:00 Christmas Dinner PDR & ODR Reservations needed Christmas	9:30 Exercise w/Tonya-PLR 26 10:00 Bible Discussion – GC 11:00 Lip Reading – PGR 2:00 Bible Study – PGR 6:30 Foreign Film Friday: Il Postino, Italy Boxing Day (Canada) Kwanzaa Begins	9:30 Chair Yoga - PLR 27 10:30 Mixed Media Art - PAR 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR
	9:30 Church Rides 28 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Collage Art - PAR 1-3 Open Studio Time-PAR 3:30 Discussion: How to deal with immigration - OLR 6:30 Movie – PLR	9:30 Exercise w/Cindy-PLR 29 1:30 \$1 Bingo – PDR 3:00 Aqua Exercise – Oaks 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR 30 10:00 Communion – PGR 1:00 Bridge – PDR 2:00 Scrabble – PGR 6:30 TV Tuesday – PLR	9:30 Exercise w/Tonya-PLR 31 2-4 NYE CASINO - GC 3:00 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR New Year's Eve			

December Movies

Movies are playing in The Palms Living Room at 6:30pm, except on T.V. Tuesdays and Foreign Film Fridays.

1. Home Alone – 1990 / Prime Video
- 2. TV TUESDAY – The Man on The Inside**
3. A Christmas Story 1983 / Prime Video
4. Grease – 1978 / Prime Video
- 5. FFF: The Best Exotic Marigold Hotel (UK INDIA)**
6. Miracle on 34th Street – 1947 / Hulu
7. Love in the Afternoon – 1957 / Apple TV
8. It's a Wonderful Life – 1946 / Hulu
- 9. TV TUESDAYS – The Man on The Inside**
10. The Pursuit of Happiness – 2006 / Hulu
- 11. OPEN HOUSE – PLR**
- 12. FFF: Bombardment (Denmark)**
13. The Nutcracker: The Motion Picture – 1986 / Prime Video
14. Holiday Inn – 1942 / Prime Video
15. The Grapes of Wrath – 1940 / Prime Video
- 16. TV TUESDAYS: The Man on The Inside**
- 17. Resident Caroling Party - PLR**
18. Christmas in My Hometown – 1996 / Prime Video
- 19. FFF: Il Postino (Italy)**
20. The Wizard of OZ – 1939 / Hulu
21. The Shop Around the Corner – 1940 / Prime Video
22. It Happened on 5th Avenue – 1947 / Prime Video
- 23. TV TUESDAY – The Man on The Inside**
24. A Christmas Carol – 1984 / Hulu
25. Scrooge – 1971 / Prime Video
- 26. FFF: Chocolat (France)**
27. Roman Holiday – 1953 / Apple TV
28. Meet me in St. Louis – 1944 / Prime Video
29. The Family Man – 2000 / Prime Video
- 30. TV TUESDAY – A Man on The Inside**
31. Home Alone 2 – 1992 / Disney +

December Campus Events

- CWA Trishaw Rides 12/2, 12/16 @ 1-3pm
- Wild Accessory Social w/ Music Bald Spots 12/6 @ 2:30pm – PLR
- Drumming for Wellness 12/3, 12/17 @ 1:30pm – PCY
- Holiday SLO Vocal Arts 12/4, @ 1-2pm – PLR
- Employee Appreciation Party 12/6 @ 10:30 – PDR
- Piano Recital 12/7 @ 1:15 – OLR
- Chair Massage 12/9, 12/23 @ 10-3pm – PAR
- Central Coast Harmony Chorus 12/9 @ 3:00pm – PLR
- Ukelele Class 12/11, 12/18 @ 12:30 – PLR
- **OPEN HOUSE w/ 3 Martini Lunch 12/11 5:30-7:30pm - PLR & GC**
- Jingle Belles, A Capella Trio 12/14 @ 2:00 – GC
- Tech w/ Nancy 12/14 @ 2-4 – PLR
- End of Life Discussion Group 12/15 @ 10:30 – PDR
- Central Coast Follies 12/15 @ 2:00 – GC
- Write a Letter from Santa 12/16 @ 11:00 – PLR
- **Resident Caroling Party 12/17 @ 6:30 - PLR**
- California Conservation Corp Visit 12/18 @ 10:30 – PLR
- Hanukkah Party 12/19 @ 3:00 – PLR
- Caroling w/ Javier Family 12/22 @ 3:00 – PLR
- December Birthday Party 12/23 @ 3:00 – OLR
- NYE Casino Party 12/31 @ 2-4 – GC

December Outings

- SLOcally Made Makers Market 12/3 @ 11:30 pm
- Pismo Outlets & In-N-Out to go Market 12/10 @ 10:30 pm
- SLO Winds Orchestra 12/13 @ 2:15
- SLO Nutcracker 12/20 @ 1:15

December Shopping

- Walmart/ Marshalls 12/8 @10:30
- Target 12/17 @ 10:30
- Trader Joes 12/22 @10:30