

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Valentine Decor - PAR 1-3 Open Studio Time – PAR 2:00 Sunday Matinee: A Beautiful Day in the Neighborhood - OT 3:30 Hymn Singing- PLR 6:30 Movie <small>Tu B'Shevat Begins</small></p>	<p>9:30 Exercise w/Melbra-PLR 10:30 Palms Association Meeting – PLR 12:30 Move to Music- PLR 1:30 Memoir Workshop- PGR 1:30 \$1 Bingo-PDR 2:30 Aqua Exercise – Oaks 6:30 Movie – PLR <small>Groundhog Day</small></p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Communion – PGR 10:30 Banking w/ Brian 10:30 GF Music Class - PLR 1-3 CWA Trishaw Rides 1:00 Bridge – PD 1:30 Scrabble -PGR 3:00 Village Photos + Video Social – PLR 6:30 TV Tuesday - PLR</p>	<p>9:30 Exercise w/Tonya-PLR 10:30 HM Health Check-Oaks 10:30 CVS 1:30 Drumming - PLR 2:00 Oaks Assoc. Mtg. – OT 2:30 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie - PLR</p>	<p>9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 11:00 Mobile Library - GC 12:30 Ukelele Class -PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR</p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 12:30 Men's Lunch - PDR 2:00 Bible Study – PGR 6:30 Foreign Film Friday Still Walking, Japan - PLR</p>	<p>9:30 Chair Yoga – PLR 10:15 SLO Symphony Dress Rehearsal 10:30 Valentine Cards - PAR 1:30 Art w/ Flo(w) – PAR 6:30 Mexican Train – PDR 6:30 Movie – PLR</p>
<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Candy Craft -PAR 3:30 Discussion: OLR 1-3 Open Studio Time -PAR 3:30 Superbowl Party-PLR</p>	<p>9:30 Exercise w/Melbra-PLR 10:30 Walmart/Marshalls 10:30 Loss & Change Support Group - PGR 12:30 Move to Music- PLR 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise – Oaks 3:00 Valentines Floral Design w/ Kathy Keys -OLR</p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Communion – PGR 10-3 Chair Massage – PAR 10:30 GF Music Class - PLR 1:00 Bridge – PDR 1:30 Scrabble – PGR 3:00 Kiki's Senior Project: Lineage of Light - PLR 5:00 New Resident Table-PDR</p>	<p>9:30 Exercise w/Tonya-PLR 10:30 HM Health Check-Oaks 11-3 Paso Gallery + Lunch 2:30 Aqua Exercise - Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR</p>	<p>9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 12:30 Ukelele Class – PLR 1-3 Then & Now Photo Booth – PGR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – OT 6:30 Movie - PLR</p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 2:00 Bible Study 2:30 Valentine's Social w/ Tim Pacheco – PLR 6:30 Movie - PLR <small>Valentine's Day</small></p>	<p>9:30 Chair Yoga – PLR 10:30 Crafts – PAR 2:00 Film + Talk w / Prof. Paul, Captain America: The Winter Soldier - OT 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR</p>
<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Decoupage Art – PAR 1-3 Open Studio Time -PAR 2-4 Tech w/ Nancy- PLR 3:30 Hymn Singing- PLR 6:30 Movie – PLR</p>	<p>9:30 Exercise w/Melbra-PLR 10-4 Mobile Nail Salon – Lot 10:30 End of Life Discussion Group – PDR 12:30 Move to Music- PLR 1:30 Memoir Workshop- PGR 1:30 \$1 Bingo – PDR 2:30 Aqua Exercise – Oaks 3:00 Rick Jarrett - PLR <small>Presidents' Day (U.S.)</small></p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Communion – PGR 10:30 Banking w/ Brian 10:30 Grandfriends Music Class - PLR 1-3 CWA Trishaw Rides 1:00 Bridge – PDR 1:30 Scrabble <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>	<p>9:30 Exercise w/Tonya-PLR 10:30 HM Health Check-Oaks 10:30 Target 1-3 Then & Now Photo Booth - PGR 2:30 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR</p>	<p>9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 12:30 Ukelele Class – PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR</p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 11:30 Lunar NY w/ Lion Dance Performance - GC 2:00 Bible Study – PGR 2:30 Move to Music w/ SLO Winds Ensemble - GC 6:30 Foreign Film Friday: Life is Beautiful, Italy - PLR</p>	<p>9:30 Chair Yoga – PLR 10:30 Jewelry Making – PAR 1:30 Art w/ Flo(w) – PAR 1-3 Podiatrist -PCR 6:30 Mexican Train – PDR 6:30 Movie – PLR</p>
<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Collage Art - PAR 1-3 Open Studio Time -PAR 3:30 Hymn Singing- PLR 3:30 Discussion: Vaccines- OLR 6:30 Movie - PLR</p>	<p>9:30 Exercise w/Melbra-PLR 10:30 Trader Joe's 10:30 Loss & Change Support Group - PGR 12:30 Move to Music- PLR 1:30 \$1 Bingo - PDR 30 Aqua Exercise - Oaks 6:30 Movie - PLR</p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Communion-PGR 10:30 GF Music Class -PLR 10-3 Chair Massage – PAR 1:00 Bridge – PDR 1:30 Scrabble – PGR 3:00 Bday Party w/Les Beck & Wendy Morrow - OLR 5:00 New Resident Table-PDR</p>	<p>9:30 Exercise w/Tonya-PLR 10:30 HM Health Check-Oaks 10:30-2 Thrifting & Lunch @ Piadina 2:30 Aqua Exercise – Palms 5:30 Once Upon a Short Story - PDR 6:30 Mexican Train - PDR 6:30 Movie – PLR</p>	<p>9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 12:30 Ukelele Class - PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – OT 6:30 Movie - PLR</p>	<p>9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 2:00 Bible Study – PGR 1-3 Tech w/ DG - PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Yoga - PLR 10:30 Mixed Media Art - PAR 10:30 Book Club: The Mighty River- PGR 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR</p>

PLR=Palms Living Room PCR=Palms Community Room PAR=Palms Arts Room PCY=Palms Courtyard PDR=Palms Dining Room PPDR=Palms Private Dining Room PGR=Palms Garden Room OLR=Oaks Living Room OT=Oaks Theater

February Movies

Movies are playing in The Palms Living Room at 6:30pm, except on T.V. Tuesdays and Foreign Film Fridays.

1. The Upside – Hulu / 2017
2. Chariots of Fire – Prime / 1981
3. Tv Tuesday: Shrinking
4. Cinema Paradiso – Prime / 1988
5. Bonnie and Clyde – Prime, Apple Tv / 1967
6. Foreign Film: Still Walking (Japan)
7. Blue Miracle – Netflix / 2021
- 8. SUPERBOWL!!!**
9. The Third Man – Prime / 1949
10. Tv Tuesday: Shrinking
11. Stand by Me – Netflix / 1986
12. Titanic – Prime, Paramount / 1997
13. Wonder – Netflix / 2017
14. Romo & Juliet – Prime / 1936
15. The Sting – Netflix / 1973
16. Rescued by Ruby – Netflix / 2022
17. Tv Tuesdays: Shrinking
18. As Good as it Gets – Netflix / 1997
19. When Harry Met Sally – Prime / 1989
20. Foreign Film: Life is Beautiful (Italy)
21. Hillbilly Elegy – Netflix / 2020
22. Gone with the wind – Prime / 1940
23. Jay Kelly – Netflix / 2025
24. Tv Tuesdays: Shrinking
25. La La Land – Prime / 2016
26. Marley & Me – Hulu, Apple Tv / 2008
27. A Room with a View – Hulu, Prime / 1985
28. Oklahoma! – Prime / 1955

February Campus Events

- Sunday Matinee: A Beautiful Day in the Neighborhood 2/1 @ 2:00pm – OT
- Grandfriends Music 2/3, 2/10, 2/17, 2/24 @ 10:30am – PLR
- CWA Trishaw Rides 2/3, 2/17 @ 1-3pm
- Village Photos + Video Screening & Social 2/3 @ 3:00pm – PLR
- Kiki's Senior Project: Lineage of Light 2/10 @ 3:00pm – PLR
- Drumming for Wellness 2/4 @ 1:30pm – PLR
- Men's Lunch 2/6 @ 12:30pm – PDR
- Superbowl Party 2/8 @ 3:30pm – PLR
- Valentines Floral Design w/ Kathy Keys 2/9 @ 3:00pm – PAR
- Chair Massage 2/10, 2/24 @ 10-3pm – PAR
- Then & Now Photobooth 2/12 @ 1-3pm – PGR
- Valentines Social 2/13 @ 2:30pm (Tim Pacheco @ 3:00pm) – PLR
- Film + Talk w / Prof. Paul, *Captain America: The Winter Soldier* @ 2:00pm - OT
- Tech w/ Nancy 2/15 @ 2-4pm – PLR
- Mobile Nail Salon 2/16 @ 10-4pm – Front Parking Lot
- End of Life Discussion Group 2/16 @ 10:30am – PDR
- Lunar NY w/ Lion Dance Performance 2/20 @ 11:30 - GC
- Move to Music w/ SLO Winds Ensemble 2/20 @ 2:30pm – PLR
- Podiatrist 2/21 @ 1-3pm – PCR
- Bday Party w/ Les Beck & Wendy Morrow 2/24 @ 3:00pm – OLR
- Tech w/ DG 2/27 @ 1-3pm – PLR

February Outings

- SLO Symphony Dress Rehearsal 2/7 @ 10:15am
- Paso Lunch + Gallery 2/11 @ 11-3pm
- Thrifting & Lunch at Piadina 2/25 @ 10:30-2pm

February Shopping

- CVS 2/4 @ 10:30am
- Walmart/ Marshalls 2/9 @ 10:30am
- Target 2/18 @ 10:30am
- Trader Joes 2/23 @ 10:30am