

February

2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 Golden Girls Show	2 10:00 Movie Monday 11:00 Watercolor 1:00 Mani Monday 3:00 T.V. Musical	3 10:00 Bingo! 11:00 Sing-Along Concert: Rhonda Grove 1:00 Social Hour 3:00 Singing W/ Suzie Q	4 10:00 Church Service 10:30 Chair Cardio 11:00 Watercolor 1:00 Wine Wednesday 3:00 1 on 1 Activities	5 10:00 Bingo! 11:00 T.V Concert 1:00 Nail Care 3:00 Singing W/ Suzie Q	6 10:00 Peaceful Painting 11:00 Animal Documentary 1:00 Nail Care 3:00 Singing W/ Suzie Q	10:00 Bingo! 11:00 Sit & Fit 1:00 1 on 1 Acti 3:00 Watercolo
8 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 Golden Girls Show	9 10:00 Movie Monday 11:00 Watercolor 1:00 Mani Monday 3:00 T.V. Musical	10 10:00 Bingo! 11:00 Peaceful Painting 1:00 Social Hour 3:00 Singing W/ Suzie Q	11 10:00 Church Service 10:30 Chair Cardio 11:00 Watercolor 1:00 Wine Wednesday 3:00 1 on 1 Activities	12 10:00 Bingo! 11:00 Concert Leslie B 1:00 Nail Care 3:00 Singing W/ Suzie Q	13 10:00 Peaceful Painting 10:50 Concert: Ken W 1:00 Nail Care 3:00 Singing W/ Suzie Q	10:00 Bingo! 11:00 Sit & Fit 1:00 1 on 1 Acti 3:00 Watercolo
15 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 Golden Girls Show	16 10:00 Movie Monday 11:00 Watercolor 1:00 Mani Monday 3:00 T.V. Musical	17 10:00 Bingo! 11:00 Concert: Rick Jarrett 1:00 Social Hour 3:00 Singing W/ Suzie Q	18 10:00 Church Service 10:30 Chair Cardio 11:00 Watercolor 1:00 Wine Wednesday 3:00 1 on 1 Activities	19 10:00 Bingo! 11:00 Concert Ted W 1:00 Nail Care 3:00 Singing W/ Suzie Q	20 10:00 Peaceful Painting 10:50 Concert: Tim P. 1:00 Nail Care 3:00 Singing W/ Suzie Q	10:00 Bingo! 11:00 Sit & Fit 1:00 1 on 1 Acti 3:00 Watercolo
22 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 Golden Girls Show	23 10:00 Movie Monday 11:00 Watercolor 1:00 Mani Monday 3:00 T.V. Musical	24 10:00 Bingo! 11:00 Concert: Ken W. 1:00 Social Hour 3:00 Singing W/ Suzie Q	25 10:00 Church Service 10:30 Chair Cardio 11:00 Watercolor 1:00 Wine Wednesday 3:00 1 on 1 Activities	26 10:00 Bingo! 11:00 Concert Leslie B 1:00 Nail Care 3:00 Singing W/ Suzie Q	27 10:00 Peaceful Painting 11:00 Animal Documentary 1:00 Nail Care 3:00 Singing W/ Suzie Q	10:00 Bingo! 11:00 Sit & Fit 1:00 1 on 1 Acti 3:00 Watercolo

Sydney Creek Menu, Week 3

Week #3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dates:	2/8/2026	2/9/2026	2/10/2026	2/11/2026	2/12/2026	2/13/2026	2/14/2026
BREAKFAST							
HOT CEREAL	Oatmeal	Cream Of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream Of Wheat	Cream of Rice
ITEM 1	Scrambled Eggs	Vegetable Scrambled Eggs	Cheesy Scrambled Eggs	Poached Eggs	Vegetable Quiche	Biscuits and Gravy	Chheesy Scrambled Eggs
ITEM 2	Belgium Waffle Sticks	French Toast Sticks	Pork Sausage Links	Blueberry Pancakes	Hash Browns	Pork Sausage Patty	French Toast Sticks
ITEM 3	Mandarin Oranges	Fruit Cocktail	Hash Browns	Fruit Cocktail	Diced Peaches	Scrambled Eggs	Mandarin Oranges
LUNCH							
SOUP/SALAD	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Asian Noodle Salad	Salad Bar	Salad Bar
ENTRÉE	Grilled Tender Beef with Grilled Bell Peppers & Onion	Roasted Turkey	Roasted Pork Loin with Marsala Gravy	Fried Chicken	Kung -Pao Chicken	Shrimp Tempura With Tartar Sauce	Home Made Meatloaf
SIDE 1	Potato Pancakes With Mustard Sauce	Mashed potatoes with Turkey Gravy	Rice Pilaf	Mashed Potatoes with Chicken Gravy	Steamed White Rice	Lemon Basil Orzotto	Mashed Potatoes With Brown Gravy
SIDE 2	Buttered Fresh Vegetables	Buttered Fresh Vegetables	Buttered Fresh Vetables	Buttered Fresh Vegetables		Buttered Fresh Vegetables	Buttered Green beans Carrots and Zucchini
DESSERT	Bavarian Cream Eclairs	Cherry Pie	Cheese Cake	Apple Pie	Rice Crispies	Red Velvet Cake	Carrot Cake
DINNER							
SOUP/SALAD	Chicken Vegetable Soup		Turkey Noodle Soup	Lentil and Black Bean Soup			
ENTRÉE	Grilled Cheese and Ham Sandwich	B-B-Q Beef	Cheese Burgers	Deli Ham Sandwich	Primavera Pasta With Alfredo Sauce	Chipotle Chicken	Beef Ravioli With Marinara Sauce
SIDE 1	Wedgecut Fries	Baked Sweet Potatoes	Crispy Fries	Curly Fries	Grilled Chicken	Corn Bread	Garlic Dinner Rolls
SIDE 2		Grilled Vegetables			Garlic Dinner Rolls	Grilled Squash Medley	Buttered Fresh Vegetables
DESSERT	Tapioca Pudding	Chocolate Cream Pie	Layered Yellow Cake	Banana Cream Pie	Vanilla Pudding	Cream Filled Sponge Cake	Oreo Chocolate Cream Pie