

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1	2	3	4	5	6	7
	Purim Begins			10:00 Sit and fit 11:00 Bingo 1:00 Nail Care (N1) 3:00 Singing w/ Suzy	10:00 Sit and Fit 11:00 Tim Pacheco 1:00 Nature Documentary 3:00 Nail Care (N2)	10:00 Bingo 11:00 Sit and Fit 1:00 Nailcare (N3) 3:00 Watercolor
8 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 TV (?) Day Light Savings	9 10:00 Movie Monday 11:00 Water Colors 1:00 Moving to the Beat 3:00 TV Musical	10 10:00 Chair Exercise 11:00 Rick Jarrett 1:00 Social Hour 3:00 Singing w/ Suzie Q	11 10:00 Church 10:30 Chair Cardio 11:00 Watercolor 1:00 Wine Wednesday 3:00 Easter Crafts	12 10:00 Sit and fit 11:00 Les Beck 1:00 Nail Care (N1) 3:00 Crafternoon	13 10:00 Chair Cardio 11:00 Ken Warrick 1:00 Nail Care (N2) 3:00 Singing w/ Suzy	14 10:00 Bingo 11:00 Sit and Fit 1:00 Nail Care (N3) 3:00 Watercolor
15 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 TV (?)	16 10:00 Movie Monday 11:00 Watercolors 1:00 Moving to the Beat 3:00 TV Musical	17 10:00 Chair Exercise 11:00 Noach Tangeras 1:00 Party Prep 2:00 St. Patrick's Day Celebration St. Patrick's Day	18 10:00 Church 10:30 Chair Cardio 11:00 Watercolor 1:00 Wine Wednesday 3:00 Easter Crafts	19 10:00 Sit and Fit 11:00 Dee Digioi & Drums 1:00 Nail Care (N1) 3:00 Crafternoon	20 10:00 Chair Cardio 11:00 Bingo 1:00 Nail Care (N2) 3:00 Patio Social 1st day of Spring	21 10:00 Bingo 11:00 Sit and Fit 1:00 Nail Care (N3) 3:00 Watercolor
22 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 TV (?)	23 10:00 Movie Monday 11:00 Water Colors 1:00 Moving to the Beat 3:00 TV Musical	24 10:00 Chair Exercise 11:00 Ken Warrick 1:00 Social Hour 3:00 Singing w/ Suzie Q	25 10:00 Church 10:30 Chair Cardio 11:00 Watercolor 1:00 Wine Wednesday 3:00 Easter Crafts	26 10:00 Bingo 11:00 Les Beck 1:00 Nail Care (N1) 3:00 Crafternoon	27 10:00 Peaceful painting 10:50 Ted Waterhouse 11:00 Animal documentary 1:00 Nail Care (N2) 3:00 Patio Social	28 10:00 Bingo 11:00 Sit and Fit 1:00 Nail Care (N3) 3:00 Watercolor
29 10:00 Virtual Church Service/Chair Cardio 11:00 Crafts 1:00 Social Hour 3:00 TV (?) Palm Sunday	30 10:00 Movie Monday 11:00 Noach Tangeras 1:00 Moving to the Beat 3:00 TV Musical	31 10:00 Chair Exercise 11:00 Singing w/ Suzie Q 1:00 Social Hour 3:00 1 on1 Activities	Upcoming event: Easter Lunch on April 2nd. Watch for more details. Coming soon.			

March 2026

Let the Shenanigans Begin!

Sydney Creek Menu, Week 3

Week #3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dates:	3/22/2026	3/23/2026	3/24/2026	3/25/2026	3/26/2026	3/27/2026	3/28/2026
BREAKFAST							
HOT CEREAL	Oatmeal	Cream Of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream Of Wheat	Cream of Rice
ITEM 1	Scrambled Eggs	Vegetable Scrambled Eggs	Cheesy Scrambled Eggs	Poached Eggs	Vegetable Quiche	Biscuits and Gravy	Chheesy Scrambled Eggs
ITEM 2	Belgium Waffle Sticks	French Toast Sticks	Pork Sausage Links	Blueberry Pancakes	Hash Browns	Pork Sausage Patty	French Toast Sticks
ITEM 3	Mandarin Oranges	Fruit Cocktail	Hash Browns	Fruit Cocktail	Diced Peaches	Scrambled Eggs	Mandarin Oranges
LUNCH							
SOUP/SALAD	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Asian Noodle Salad	Salad Bar	Salad Bar
ENTRÉE	Grilled Tender Beef with Grilled Bell Peppers & Onion	Roasted Turkey	Roasted Pork Loin with Marsala Gravy	Fried Chicken	Kung -Pao Chicken	Shrimp Tempura With Tartar Sauce	Home Made Meatloaf
SIDE 1	Potato Pancakes With Mustard Sauce	Mashed potatoes with Turkey Gravy	Rice Pilaf	Mashed Potatoes with Chicken Gravy	Steamed White Rice	Lemon Basil Orzotto	Mashed Potatoes With Brown Gravy
SIDE 2	Buttered Fresh Vegetables	Buttered Fresh Vegetables	Buttered Fresh Vetables	Buttered Fresh Vegetables		Buttered Fresh Vegetables	Buttered Green beans Carrots and Zucchini
DESSERT	Bavarian Cream Eclairs	Cherry Pie	Cheese Cake	Apple Pie	Rice Crispies	Red Velvet Cake	Carrot Cake
DINNER							
SOUP/SALAD	Chicken Vegetable Soup		Turkey Noodle Soup	Lentil and Black Bean Soup			
ENTRÉE	Grilled Cheese and Ham Sandwich	B-B-Q Beef	Cheese Burgers	Deli Ham Sandwich	Primavera Pasta With Alfredo Sauce	Breaded Asian Chicken with Sweet sauce	Beef Ravioli With Marinara Sauce
SIDE 1	Wedgecut Fries	Baked Sweet Potatoes	Crispy Fries	Curly Fries	Grilled Chicken	Steamed white Rice	Garlic Dinner Rolls
SIDE 2		Grilled Vegetables			Garlic Dinner Rolls	Asian Grilled Vegetables	Buttered Fresh Vegetables
DESSERT	Tapioca Pudding	Chocolate Cream Pie	Layered Yellow Cake	Banana Cream Pie	Vanilla Pudding	Cream Filled Sponge Cake	Oreo Chocolate Cream Pie