

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Church Rides <b>1</b> 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Shamrock Art - PAR 1:00 Open Studio Time –PAR 3:30 Hymn Singing- PLR 6:30 Movie - PLR	9:30 Exercise w/Melbra-PLR <b>2</b> <b>10:30 Palms Association Meeting – PLR</b> <b>12:30 Move to Music- PLR</b> 1:30 \$1 Bingo-PDR 2:30 Aqua Exercise - Oaks 6:30 Movie – PLR  <small>Purim Begins</small>	9:30 Exercise w/Tonya-PLR <b>3</b> 10:00 Communion – PGR 10:30 Banking w/ Brian <b>10:30 GF Music Class - PLR</b> <b>1-3 CWA Trishaw Rides</b> 1:00 Bridge – PD 1:30 Scrabble -PGR <b>3:00 Caregiver to Author w/ Marilyn Darnell - PLR</b> 6:30 TV Tuesday - PLR	9:30 Exercise w/Tonya-PLR <b>4</b> <del>10:30 HM Health Check-Oaks</del> <b>10:30 CVS</b> <b>1:30 Drumming – PCY/PLR</b> <b>2:00 Oaks Association Meeting - OT</b> 2:30 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie - PLR	9:30 Yoga w/Lesley-PLR <b>5</b> 10:00 Bible Study – GC <b>10:30 Acrylic Painting- PAR</b> 11:00 Mobile Library - GC <b>12:30 Ukelele Class -PLR</b> 1:30 \$2 Bingo – PDR <b>3:00 Doc &amp; Wine Screening: Why We Dance – PLR</b> 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR <b>6</b> 10:00 Bible Discussion – GC 2:00 Bible Study – PGR <b>3:00 Free Hand + Shoulder Massages – PLR</b> <b>6:30 Foreign Film Friday: The Boy Who Harnessed the Wind (Malawi) - PLR</b>	9:30 Chair Yoga – PLR <b>7</b> 10:30 Leprechaun Craft-PAR <b>1:30 Million Dollar Quartet</b> <b>1:30 Art w/ Flo(w) – PAR</b> 6:30 Mexican Train – PDR 6:30 Movie – PLR
9:30 Church Rides <b>8</b> 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Mixed Media Art - PAR 1:00 Open Studio Time -PAR <b>2-4 Tech w/ Nancy- PLR</b> <b>3:30 Discussion: 1950s Culture Today - OLR</b> 6:30 Movie - PLR  <small>Daylight Saving Time Begins</small>	9:30 Exercise w/Melbra-PLR <b>9</b> <b>10:30 Walmart/Marshalls</b> 10:30 Loss & Change Support Group - PGR <b>12:30 Move to Music- PLR</b> 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise – Oaks <b>3:00 Rick Jarrett - PLR</b> 6:30 Movie – PLR	9:30 Exercise w/Tonya-PLR <b>10</b> 10:00 Communion – PGR <b>10-3 Chair Massage – PAR</b> <b>10:30 GF Music Class - PLR</b> 1:00 Bridge – PDR 1:30 Scrabble – PGR <b>3:00 Tim Pacheco - PLR</b> <b>5:00 New Resident Table-PDR</b> 6:30 TV Tuesday - PLR	9:30 Exercise w/Tonya- PLR <b>11</b> <del>10:30 HM Health Check-Oaks</del> <b>10:45 Cal Poly Plant Conservatory + Picnic</b> 2:30 Aqua Exercise - Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley-PLR <b>12</b> 10:00 Bible Study – GC <b>10:30 Acrylic Painting- PAR</b> 11:00 Mobile Library - GC <b>12:30 Ukelele Class - PLR</b> 1:30 \$2 Bingo – PDR <b>3:00 Doc &amp; Wine – OT</b> 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR <b>13</b> 10:00 Bible Discussion – GC 2:00 Bible Study <b>3:00 Cornelius, Piano &amp; Vocals - PLR</b> 6:30 Movie - PLR	9:30 Chair Yoga - PLR <b>14</b> 10:30 Spring Cards - PAR <b>2:00 Film + Talk w/ Prof. Paul: Captain America, Civil War - OT</b> 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR
9:30 Church Rides <b>15</b> 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Bunny Craft – PAR 1:00 Open Studio Time -PAR 3:30 Hymn Singing- PLR 6:30 Movie – PLR	9:30 Exercise w/ Melbra <b>16</b> <b>10-4 Mobile Nail Salon-Lot</b> <b>10:30 End of Life Discussion Group – PDR</b> <b>12:30 Move to Music- PLR</b> 1:30 \$1 Bingo – PDR 2 :30 Aqua Exercise - Oaks 6 :30 Movie - PLR	9:30 Exercise w/Tonya-PLR <b>17</b> 10 :00 Communion – PGR 10:30 Banking w/ Brian <b>10:30 GF Music Class - PLR</b> <b>1-3 CWA Trishaw Rides</b> 1:00 Bridge – PDR 1:30 Scrabble <b>2:30 St. Patty Social w/ Brynn Albanese - PLR</b>  <small>St. Patrick's Day</small>	9:30 Exercise w/Tonya-PLR <b>18</b> <del>10:30 HM Health Check-Oaks</del> <b>10:30 Target</b> <b>1:00 RTA Presentation</b> 2:30 Aqua Exercise – Palms <b>3 :00 Noach Tangeras: Vocals &amp; Guitar- PLR</b> 6:30 Mexican Train – PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley-PLR <b>19</b> 10:00 Bible Study – GC <b>10:30 Acrylic Painting- PAR</b> <b>12:30 Ukelele Class -PLR</b> 1:30 \$2 Bingo – PDR <b>3:00 Doc &amp; Wine – PLR</b> 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR <b>20</b> 10:00 Bible Discussion – GC <b>10:30 Then &amp; Now Opening – PDR</b> 2:00 Bible Study – PGR <b>3:00 Health Talk w/Ryan-PLR</b> <b>6:30 Foreign Film Friday: The Women on the Sixth Floor (Italy) - PLR</b>  <small>Spring Begins</small>	9:30 Chair Yoga – PLR <b>21</b> 10:30 Easter Décor – PAR <b>1:30 Art w/ Flo(w) – PAR</b> <b>2:30 SLO Winds Orchestra Free Concert at CPAC</b> 6:30 Mexican Train – PDR 6:30 Movie – PLR
9:30 Church Rides <b>22</b> 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Spring Craft - PAR 1:00 Open Studio Time -PAR <b>3:30 Discussion: Social Media Pros &amp; Cons - OLR</b> 6:30 Movie - PLR	9:30 Exercise w/ Melbra <b>23</b> <b>10:30 Trader Joe's</b> 10:30 Loss & Change Support Group - PGR <b>12:30 Move to Music- PLR</b> 1:30 \$1 Bingo - PDR 30 Aqua Exercise - Oaks 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR <b>24</b> 10:00 Communion-PGR <b>10-3 Chair Massage – PAR</b> <b>11:00 Spectrum Support</b> 1:00 Bridge – PDR 1:30 Scrabble – PGR <b>3:00 Bday Party w/Acoustic Lavender Trio – PLR</b> <b>5:00 New Resident Table-PDR</b>	9:30 Exercise w/Tonya-PLR <b>25</b> <del>10:30 HM Health Check-Oaks</del> <b>11:00 Sculpterra Winery</b> 2:30 Aqua Exercise – Palms 5:30 Once Upon a Story - PDR 6:30 Mexican Train - PDR 6:30 Movie – PLR	9:30 Yoga w/Lesley-PLR <b>26</b> 10:00 Bible Study – GC <b>10:30 Acrylic Painting- PAR</b> <b>12:30 Ukelele Class - PLR</b> 1:30 \$2 Bingo – PDR <b>3:00 Doc &amp; Wine – OT</b> 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR <b>27</b> 10:00 Bible Discussion – GC 2:00 Bible Study – PGR <b>3:00 Let's Dance w/DG-OLR</b> 6:30 Movie - PLR	9:30 Chair Yoga - PLR <b>28</b> 10:30 Mini Baskets - PAR 10:30 Book Club: <i>Anita de Monte Laughs Last</i> - PGR 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR
9:30 Church Rides <b>29</b> 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Spring Floral - PAR 1-3 Open Studio Time -PAR 6:30 Movie - PLR  <small>Palm Sunday</small>	9:30 Exercise w/ Melbra <b>30</b> <b>12:30 Move to Music- PLR</b> 1:30 \$1 Bingo - PDR 30 Aqua Exercise - Oaks 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR <b>31</b> 10:00 Communion-PGR 1:00 Bridge – PDR 1:30 Scrabble – PGR <b>2:00 Flo Bartell: Demo &amp; Studio Tour - PLR</b> 6:30 TV Tuesday - PLR				

PLR=Palms Living Room PCR=Palms Community Room PAR=Palms Arts Room PCY=Palms Courtyard PDR=Palms Dining Room PPDR=Palms Private Dining Room PGR=Palms Garden Room OLR=Oaks Living Room OT=Oaks Theater

## **March Movies**

Movies are playing in The Palms Living Room at 6:30pm,  
except on T.V. Tuesdays and Foreign Film Fridays.

1. The Princess Bride - Prime / 1987
2. Mary Poppins - Prime / 1964
3. Tv Tuesday: Young Sheldon - Netflix
4. Enola Holmes - Netflix / 2020
5. Jumanji: Welcome to the Jungle - Prime / 2017
6. Foreign Film: Boy who Harnessed the Wind (Malawai)-Netflix / 2019
7. The Devil Wears Prada - Prime / 2006
8. The Zookeeper's Wife - Prime / 2017
9. Mamma Mia - Prime / 2008
10. Tv Tuesday: Young Sheldon - Netflix
11. Back to the Future - Prime / 1985
12. People We Meet on Vacation - Prime / 2026
13. Spiderman: Into the Spiderverse - Prime / 2018
14. Wicked - Prime / 2024
15. My Big Fat Greek Wedding - Prime / 2004
16. Groundhog Day - Prime / 1993
17. Tv Tuesday: Young Sheldon - Netflix
18. Footloose - Prime / 1984
19. Monty Python and the Holy Grail - Prime / 1975
20. Foreign Film: The Women on the Sixth Floor (France) - Prime / 2010
21. Train Dreams - Netflix / 2025
22. You've Got Mail - Prime / 1998
23. How to Train your Dragon - Netflix / 2010
24. Tv Tuesday: Young Sheldon - Netflix
25. Letters to Juliet - Netflix / 2010
26. Are You There God? It's Me Margaret - Netflix / 2023
27. Night at the Museum - Netflix / 2006
28. Glory - Netflix / 1989
29. The Dig - Netflix / 2021
30. The Long Game - Netflix / 2023
31. Tv Tuesday: Young Sheldon - Netflix

## **March Campus Events**

- Palms Association Meeting 3/2 @ 10:30 - PLR
- Grandfriends Music 3/3, 3/10, 3/17 @ 10:30am - PLR
- CWA Trishaw Rides 3/3, 3/17 @ 1-3pm
- Caregiver to Author w/ Marilyn Darnell 3/3 @ 3:00 - PLR
- Drumming for Wellness 3/4 @ 1:30pm - PCY or PLR
- Oaks Association Meeting 3/4 @ 2:00 - OT
- Film Screening: *Why We Dance* at Doc & Wine 3/5 @ 3:00 - PLR
- Free Hand + Shoulder Massages 3/6 @ 3:00 - PLR
- Rick Jarrett 3/9 @ 3:00 - PLR
- Chair Massage 3/10, 3/24 @ 10-3pm - PAR
- Tim Pacheco 3/10 @ 3:00 - PLR
- Cornelius, Piano + Vocals 3/13 @ 3:00 - PLR
- Movie + Talk w/ Prof. Paul: *Captain America Civil War* 3/14 @ 2:00 - OT
- Tech w/ Nancy 3/15 @ 2-4pm - PLR
- Mobile Nail Salon 3/16 @ 10-4pm - Front Parking Lot
- End of Life Discussion Group 3/16 @ 10:30am - PDR
- St. Patrick's Day Social w/ Brynn Albanese on Fiddle 3/17 @ 2:30 - PLR
- RTA Presentation 3/18 @ 1:00 - PLR
- Noach Tangerang Vocals + Guitar 3/18 @ 3:00 - PLR
- Then + Now Opening 3/20 @ 10:30 - PDR
- Spectrum Support 3/24 @ 11:00 - PLR
- Birthday Party w/ Acoustic Lavender Trio 3/24 @ 3:00pm - PLR
- Let's Dance w/ DG 3/27 @ 3:00 - OLR
- Flo Bartell: Demo + Studio Tour 3/31 @ 2:00 - PLR

## **March Outings**

- Million Dollar Quartet Show 3/7 @ 1:30
- Cal Poly Plant Conservatory + Picnic 3/11 @ 10:45
- SLO Winds Concert 3/21 @ 2:30
- Sculpterra Winery + Picnic 3/25 @ 11:00

## **March Shopping**

- CVS 3/4 @ 10:30
- Walmart/ Marshalls 3/9 @ 10:30
- Target 3/18 @ 10:30
- Trader Joes 3/23 @ 10:30