

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
 8:30 Coffee Social
 10:00 Church Service
 11:00 Sit & Fit
 1:30 Mindful Coloring in The Neighborhoods

 All Fools' Day
 Passover Begins

2
 8:30 Coffee Social
 10:00 Set Up for Lunch
 11:30 **Easter Lunch Celebration**
 3:00 **Movie w/ Popcorn "Blue Miracle"**

3
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Trivia
 1:30 Musical Bunny Pass
 3:30 Nail Care (N3)

4 **Happy Birthday Renee!**
 8:30 Coffee Social
 10:30 Chair Exercise
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Nature Documentary

5
 8:30 Coffee Social
 10:00 Church Service
 11:00 Wonderful Weightlifting
 1:30 Rainbow Floats
 3:30 Easter Story

 Easter Sunday

6
 8:30 Coffee Social
 10:30 Mobility stretching
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Social

7
 8:30 Coffee Social
 10:00 Chair Fitness
 11:00 Live Music: Tim P
 1:30 Afternoon Art
 3:30 Balloon Volleyball

8
 8:30 Coffee Social
 10:00 Church Service
 11:00 Sit & Fit
 1:30 Wine Wednesday
 3:30 Nailcare (N1)

9
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Live Music: Ted W.
 1:30 Crafternoon
 3:30 Nail Care (N2)

10 **Happy Birthday Dennis!**
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Trivia
 1:30 Musical Bunny Pass
 3:30 Nail Care (N3)

11
 8:30 Coffee Social
 10:30 Chair Exercise
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Nature Documentary

12 **Happy Birthday Barbara!**
 8:30 Coffee Social
 10:00 Church Service
 11:00 am Wonderful Weights
 1:30 Mindful Coloring
 3:30 Social

13 **Happy Birthday Midge!**
 8:30 Coffee Social
 10:30 Mobility stretching
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Social

14
 8:30 Coffee Social
 10:00 Chair Fitness
 11:00 Live Music: Tim P
 1:30 Afternoon Art
 3:30 Balloon Volleyball

15
 8:30 Coffee Social
 10:00 Church Service
 11:00 Sit & Fit
 1:30 Wine Wednesday
 3:30 Nailcare (N1)

16
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Drumming with Dee
 1:30 Crafternoon
 3:30 Nailcare (N1)

17 **Happy Birthday Judith!**
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Trivia
 1:30 Musical Bunny Pass
 3:30 Nail Care (N3)

18
 8:30 Coffee Social
 10:30 Chair Exercise
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Nature Documentary

19 **Happy Birthday Doug!**
 8:30 Coffee Social
 10:00 Church Service
 11:00 Wonderful Weights
 1:30 Mindful Coloring
 3:30 Social

20
 8:30 Coffee Social
 10:30 Mobility stretching
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Social

21
 8:30 Coffee Social
 10:00 Chair Fitness
 11:00 Live Music: Noach
 1:30 Afternoon Art
 3:30 Balloon Volleyball

22
 8:30 Coffee Social
 10:00 Church Service
 11:00 Sit & Fit
 1:30 Wine Wednesday
 3:30 Nailcare (N1)

 Earth Day
 Administrative Professionals Day

23 **Happy Birthday Joseph!**
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Live Music: Ted W.
 1:30 Crafternoon
 3:30 Nailcare (N2)

24
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Trivia
 1:30 Musical Bunny Pass
 3:30 Nail Care (N3)

 Arbor Day

25
 8:30 Coffee Social
 10:30 Chair Exercise
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Nature Documentary

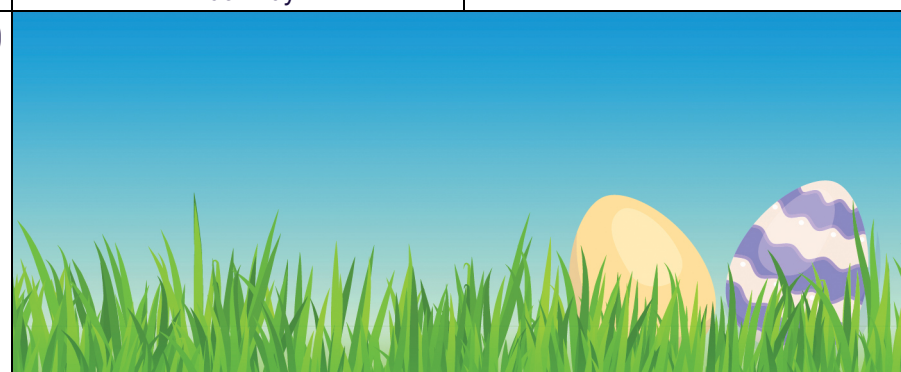
26
 8:30 Coffee Social
 10:00 Church Service
 11:00 Wonderful Weights
 1:30 Mindful Coloring
 3:30 Social

27
 8:30 Coffee Social
 10:30 Mobility stretching
 11:00 Sing Along with Suzy Q
 1:30 BINGO
 3:30 Social

28
 8:30 Coffee Social
 10:00 Chair Fitness
 11:00 Live Music: Noach
 1:30 Afternoon Art
 3:30 Balloon Volleyball

29
 8:30 Coffee Social
 10:00 Church Service
 11:00 Sit & Fit
 1:30 Wine Wednesday
 3:30 Nailcare (N1)

30
 8:30 Coffee Social
 10:30 Sit & Fit
 11:00 Trivia Thursday
 1:30 Crafternoon
 3:30 Nailcare (N2)



Sydney Creek Menu, Week 3

Week #3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dates:	4/12/2026	4/13/2026	4/14/2026	4/15/2026	4/16/2026	4/17/2026	4/18/2026
BREAKFAST							
HOT CEREAL	Oatmeal	Cream Of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream Of Wheat	Cream of Rice
ITEM 1	Scrambled Eggs	Vegetable Scrambled Eggs	Cheesy Scrambled Eggs	Poached Eggs	Vegetable Quiche	Biscuits and Gravy	Chheesy Scrambled Eggs
ITEM 2	Belgium Waffle Sticks	French Toast Sticks	Pork Sausage Links	Blueberry Pancakes	Hash Browns	Pork Sausage Patty	French Toast Sticks
ITEM 3	Mandarin Oranges	Fruit Cocktail	Hash Browns	Fruit Cocktail	Diced Peaches	Scrambled Eggs	Mandarin Oranges
LUNCH							
SOUP/SALAD	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Asian Noodle Salad	Salad Bar	Salad Bar
ENTRÉE	Grilled Tender Beef with Grilled Bell Peppers & Onion	Oven Roasted Turkey	Roasted Pork Loin with Marsala Gravy	Fried Chicken	Kung -Pao Chicken	Shrimp Tempura With Tartar Sauce	Home Made Meatloaf
SIDE 1	Potato Pancakes With Mustard Sauce	Mashed potatoes with Turkey Gravy	Wild Rice Pilaf	Mashed Potatoes with Chicken Gravy	Steamed White Rice	Lemon Basil Orzotto	Mashed Potatoes With Brown Gravy
SIDE 2	Buttered Fresh Vegetables	Buttered Fresh Vegetables	Buttered Fresh Vetables	Buttered Fresh Vegetables		Buttered Fresh Vegetables	Buttered Green beans Carrots and Zucchini
DESSERT	Bavarian Cream Eclairs	Cherry Pie	Cheese Cake	Apple Pie	Rice Crispies	Red Velvet Cake	Carrot Cake
DINNER							
SOUP/SALAD	Chicken Vegetable Soup		Turkey Noodle Soup	Lentil and Black Bean Soup			
ENTRÉE	Grilled Cheese and Ham Sandwich	B-B-Q Beef	Cheese Burgers	Deli Ham Sandwich	Primavera Pasta With Alfredo Sauce	Breaded Asian Chicken with Sweet sauce	Beef Ravioli With Marinara Sauce
SIDE 1	Wedgecut Fries	oven Roasted Sweet Potatoes	Crispy Fries	Curly Fries	Grilled Chicken Breast	Steamed white Rice	Garlic Dinner Rolls
SIDE 2		Grilled Vegetables			Garlic Dinner Rolls	Asian Grilled Vegetables	Buttered Fresh Vegetables
DESSERT	Tapioca Pudding	Chocolate Cream Pie	Layered Yellow Cake	Banana Cream Pie	Vanilla Pudding	Cream Filled Sponge Cake	Oreo Chocolate Cream Pie