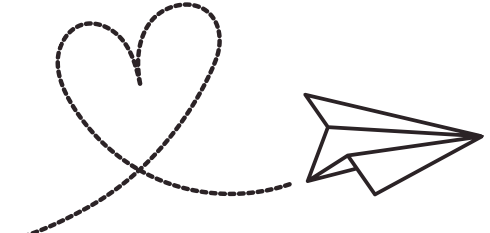


SUN	MON	TUE	WED	THU	FRI	SAT
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May 2026: Palms & Oaks

9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Arts & Crafts - PAR 1:00 Open Studio Time – PAR 3:30 Hymn Singing- PLR 6:30 Movie - PLR	3	9:30 Exercise w/Melbra-PLR 10:30 Palms Assoc Mtg - PLR 12:30 Move to Music- PLR 1:30 \$1 Bingo-PDR 2:30 Aqua Exercise - Oaks 6:30 Movie - PLR	4	9:30 Exercise w/Tonya-PLR 10:00 Communion – PGR 10:30 Banking w/ Brian 11:00 Grandfriends Music - GC 1-3 CWA Trishaw Rides 1:00 Bridge – PDR 1:30 Scrabble -PGR 2:30 Cinco de Mayo: Roundabout	5	9:30 Exercise w/Tonya-PLR 10:30 CVS 1:30 Drumming - PLR 2:00 Oaks Assoc. Mtg. – OT 2:30 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie - PLR	6	9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 12:30 Ukelele Class -PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR	7	9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 10:30 Bouquet Making w/ Kathy Keys - OLR 12:30 Sculpture - PAR 2:00 Bible Study – PGR 3:00 Louise King Piano – PLR	8	9:30 Chair Yoga - PLR 10:30 Mixed Media Art - PAR 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie – PLR	9
9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Arts & Crafts - PAR 1:00 Open Studio Time -PAR 3:30 Discussion: Consequences of Climate Change - OTV <i>Mother's Day</i>	10	9:30 Exercise w/Melbra-PLR 10:15 Cal Poly PS Collab 10:30 Loss & Change - PGR 12:30 Move to Music- PLR 1:30 \$1 Bingo - PLR 2:30 Aqua Exercise – Oaks 2:15 Lives Well Lived Wrap - PDR 6:30 Movie - PLR	11	9:30 Exercise w/Tonya - PLR 10:00 Communion – PGR 11:00 Grandfriends Music - GC 10-3 Chair Massage – PAR 11:30 Nurses Lunch - PDR 1:00 Bridge – PDR 1:30 Scrabble – PGR 2:30 Lavender Trio Social - PCY	12	9:30 Exercise w/Tonya-PLR 10:45 Picnic & Panel w/ Cal Poly Engineering Students 2:30 Aqua Exercise – Palms 6:30 Mexican Train – PDR 6:30 Movie – PLR	13	9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 11:00 Mobile Library - GC 12:30 Ukelele Class -PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – OT 6:30 Movie - PLR	14	9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 12:30 Sculpture - PAR 2:00 Bible Study – PGR 3:00 Health Talk w/Ryan-PLR 6:30 Foreign Film Friday - PLR	15	9:30 Chair Yoga – PLR 10:30 Open Studio Time – PAR 1:30 Art w/ Flo(w) – PAR 6:30 Mexican Train – PDR 6:30 Movie – PLR	16
9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Arts & Crafts – PAR 1:00 Open Studio Time -PAR 2:00 Tech w/ Nancy - PLR 3:30 Hymn Singing- PLR	17	9:30 Exercise w/Melbra-PLR 10-4 Mobile Nail Salon-Lot 10:30 Walmart/Marshalls 10:30 End of Life Disc – PDR 12:30 Move to Music- PLR 1:30 \$1 Bingo - PLR 2:30 Aqua Exercise - Oaks 2:30 LWL Photo Opening-PDR	18	9:30 Exercise w/Tonya-PLR 10 :00 Communion – PGR 10:30 Banking w/ Brian 11:00 Grandfriends Music - GC 1-3 CWA Trishaw Rides 1:00 Bridge – PDR 1:30 Scrabble - PGR 3:15 Rick Jarrett - PLR	19	9:30 Exercise w/Tonya-PLR 10:30 Target 12:30-2:30 Ceramics - PAR 2:30 Aqua Exercise – Palms 6:30 Mexican Train - PDR 6:30 Movie – PLR	20	9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10-12 Walker Clinic - PCY 10:30 Varnish Session - PAR 12:30 Ukelele Class -PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR	21	9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 11:00 June Election Info - PLR 12:30 Sculpture - PAR 2:00 Bible Study – PGR 3:00 Tim Pacheco – PLR 6:30 Foreign Film Friday- PLR	22	9:30 Chair Yoga - PLR 10:30 Open Studio Time - PAR 2:00 Movie + Talk w/ Prof. Paul: Cleo de 5 a 7 - OT 3:00 Village Voices – PLR 6:30 Mexican Train – PDR 6:30 Movie - PLR	23
9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Arts & Crafts – PAR 1:00 Open Studio Time -PAR 3:30 Discussion: Ageism and Future Generations - OTV	24	9:30 Exercise w/Melbra-PLR 10:30 Loss & Change - PGR 12:30 Move to Music- PLR 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise - Oaks 6:30 Movie - PLR <i>Memorial Day</i>	25	9:30 Exercise w/Tonya-PLR 10:00 Communion-PGR 11:00 Grandfriends Music - GC 10-3 Chair Massage – PAR 1:00 Bridge – PDR 1:30 Scrabble – PGR 3:00 Bday w/ Pricey Diggs-PCY 4:30 New Resident Table-PDR	26	9:30 Exercise w/Tonya-PLR 10:30 Bob Jones Trail + SLO Ranch Market Lunch 2:30 Aqua Exercise – Palms 5:30 Once Upon a Story - PDR 6:30 Mexican Train - PDR 6:30 Movie – PLR	27	9:30 Yoga w/Lesley-PLR 10:00 Bible Study – GC 10:30 Acrylic Painting- PAR 12:30 Ukelele Class -PLR 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – OT 6:30 Movie - PLR	28	9:30 Exercise w/Tonya-PLR 10:00 Bible Discussion – GC 12:30 Sculpture - PAR 2:00 Bible Study – PGR 3:00 Denny Wheeler: A Brief History of SLO - PLR 6:30 Foreign Film Friday - PLR	29	9:30 Chair Yoga - PLR 10:30 Decoupage - PAR 10:30 Book Club: <i>The Life Impossible</i> - PCR 2:00-4:00 Ice Cream Social w/ Live Music - Roundabout 6:30 Mexican Train – PDR	30
9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Arts & Crafts- PAR 1:00 Open Studio Time – PAR 2:00 Sunday Matinee: The Help - OT	31	 <p><i>“May your days bloom with joy.”</i></p> <p>Please see calendar legend on reverse.</p>					