

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>06/05 NATIONAL DONUT DAY 06/06 DAY 06/10 NATIONAL BLACK COW DAY 06/17 NATIONAL EAT YOUR VEGGIES DAY 06/18 NATIONAL FISHING DAY 06/21 LONGEST DAY OF THE YEAR 06/26 NATIONAL COCONUT DAY 06/28 NATIONAL BEAUTICIAN'S DAY LET'S CELEBRATE ELLIE 06/27 NATIONAL SUNGLASSES DAY SAVE THE DATE JULY 4TH CELEBRATION</p>	1 8:30 COFFEE TIME 10:00 MOBILITY MONDAY 11:00 GAMES SHOW Games 1:30 ANIMAL DOCUMENTARY 3:00 ART: GO WITH THE FLOW JELLYFISH	2 8:30 COFFEE TIME 10:00 SIT & FIT 11:00 <b>LIVE MUSIC W/ TED WATERHOUSE</b> 1:30 GARDENING IN THE PATIO 3:00 ART: POSTCARDS FROM AFAR	3 8:30 COFFEE TIME 10:00 CHURCH SERVICE 11:00 WORKOUT WITH WEIGHTS 1:30 WINE TIME 3:00 ART: ADULT COLORING	4 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 BINGO 1:30 PATIO SOCIAL 3:00 ART: JUNE PAINT BY NUMBERS	5 8:30 COFFEE TIME 10:00 GENTLE RANGE OF MOTION 11:00 <b>LIVE MUSIC W/ LES BECK</b> 1:30 NATURE DOCUMENTARY 3:00 ART: JUNK JOURNAL	6 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 ACTIVITIES IN THE N1 1:00 GARDENING IN THE PATIO 3:00 SING A LONG W/ SUZY Q  D Day	
7 8:30 COFFEE TIME 9:30 CHURCH SERVICE VIRTUAL 10:30 SUNDAY STRECHES 1:00 BINGO 3:00 RELAXING ON THE PATIO	8 8:30 COFFEE TIME 10:00 MOBILITY MONDAY 11:00 GAMES SHOW Games 1:30 ANIMAL DOCUMENTARY 3:00 ART: GO WITH THE FLOW JELLYFISH	9 8:30 COFFEE TIME 10:00 SIT & FIT 11:00 <b>LIVE MUSIC W/ RICK JARRETT</b> 1:30 GARDENING IN THE PATIO 3:00 ART: POSTCARDS FROM AFAR	10 8:30 COFFEE TIME 10:00 CHURCH SERVICE 11:00 WORKOUT WITH WEIGHTS * 3:00 ART: PAINT AND SIP  All Staff	11 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 BINGO 1:30 PATIO SOCIAL 3:00 ART: JUNE PAINT BY NUMBERS	12 8:30 COFFEE TIME 10:00 GENTLE RANGE OF MOTION 11:00 <b>LIVE MUSIC W/ KEN WARRICK</b> 1:30 NATURE DOCUMENTARY 3:00 ART: JUNK JOURNAL	13 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 ACTIVITIES IN THE N2 1:00 GARDENING IN THE PATIO 3:00 SING A LONG W/ SUZY Q	
14 8:30 COFFEE TIME 9:30 CHURCH SERVICE VIRTUAL 10:30 SUNDAY STRECHES 1:00 BINGO 3:00 RELAXING ON THE PATIO  Flag Day (U.S.)	15 8:30 COFFEE TIME 10:00 MOBILITY MONDAY 11:00 GAMES SHOW Games 1:30 ANIMAL DOCUMENTARY 3:00 CRAFTERNOON	16 8:30 COFFEE TIME 10:00 SIT & FIT 11:00 <b>LIVE MUSIC W/ TIM PACHECO</b> 1:30 GARDENING IN THE PATIO 3:00 ART: POSTCARDS FROM AFAR	17 8:30 COFFEE TIME 10:00 CHURCH SERVICE 11:00 WORKOUT WITH WEIGHTS 1:30 WINE TIME 3:00 ART: ADULT COLORING	18 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 <b>MINDFUL, KINDFUL DRUMS W/ DEE</b> 1:30 PATIO SOCIAL 3:00 ART: JUNE PAINT BY NUMBERS	19 8:30 COFFEE TIME 10:00 GENTLE RANGE OF MOTION 11:00 <b>LIVE MUSIC W/ TED WATERHOUSE</b> 1:30 NATURE DOCUMENTARY 3:00 ART: JUNK JOURNAL  Juneteenth	20 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 ACTIVITIES IN THE N3 1:00 GARDENING IN THE PATIO 3:00 SING A LONG W/ SUZY Q	
21 8:30 COFFEE TIME 9:30 CHURCH SERVICE VIRTUAL 10:30 SUNDAY STRECHES 12:00 <b>FATHER'S DAY BBQ</b> 3:00 RELAXING ON THE PATIO  Summer Begins Father's Day	22 8:30 COFFEE TIME 10:00 MOBILITY MONDAY 11:00 GAMES SHOW Games 1:30 ANIMAL DOCUMENTARY 3:00 CRAFTERNOON	23 8:30 COFFEE TIME 10:00 SIT & FIT 11:00 <b>LIVE MUSIC W/ KEN WARRICK</b> 1:30 SCENIC DRIVE W/ CLAUDE 3:00 ART: POSTCARDS FROM AFAR	24 8:30 COFFEE TIME 10:00 CHURCH SERVICE 11:00 WORKOUT WITH WEIGHTS 1:30 WINE TIME 3:00 ART: ADULT COLORING	25 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 BINGO 1:30 PATIO SOCIAL 3:00 ART: JUNE PAINT BY NUMBERS	26 8:30 COFFEE TIME 10:00 GENTLE RANGE OF MOTION 11:00 <b>LIVE MUSIC W/ LES BECK</b> 1:30 NATURE DOCUMENTARY 3:00 ART: JUNK JOURNAL  National Hairdresser Day	27 8:30 COFFEE TIME 10:00 SEATED EXERCISE 11:00 ACTIVITIES IN THE N1 1:00 GARDENING IN THE PATIO 3:00 SING A LONG W/ SUZY Q	
28 8:30 COFFEE TIME 9:30 CHURCH SERVICE VIRTUAL 10:30 SUNDAY STRECHES 1:00 BINGO 3:00 RELAXING ON THE PATIO	29 8:30 COFFEE TIME 10:00 MOBILITY MONDAY 11:00 GAMES SHOW Games 1:30 ANIMAL DOCUMENTARY 3:00 CRAFTERNOON	30 8:30 COFFEE TIME 10:00 SIT & FIT 11:00 SINGING WITH SUZY Q 1:30 GARDENING IN THE PATIO 3:00 ART: POSTCARDS FROM AFAR					

### Sydney Creek Menu, Week 2

Week #2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dates:	6/7/2026	6/8/2026	6/9/2026	6/10/2026	6/11/2026	6/12/2026	6/13/2026
<b>BREAKFAST</b>							
HOT CEREAL	Oatmeal	Cream Of Wheat	Oatmeal	Cream of Wheat	Cream Of Rice	Oatmeal	Cream Of Wheat
ITEM 1	Vegetable and Cheese Scrambled Eggs	Scrambled Eggs	Vegetable Quiche	Cheesy Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Ham & Egg Croissant Sandwich
ITEM 2	Hash Browns	Tater Tot Potatoes	Pork Sausage Links	Cubed Potato Fries	French Toast Sticks	Pork Suasage Patty	Tater Tot Potatoes
ITEM 3	Mandarin Oranges	Sausage Patties	Fruit Cocktail	Diced Peaches	Mandarin Oranges	Biscuits and Gravy	Diced Pears
<b>LUNCH</b>							
SOUP/SALAD	Salad Bar	Salad bar	Salad Bar	Caesar Salad	Salad Bar	Salad bar	Salad Bar
ENTRÉE	Chicken Nuggets	Honey Dijon Pork Loin With Mustard Sauce	Fried Chicken	Chicken Enchiladas	Baked Italian Sausage	Breaded fried tilapia with Tartar Sauce	Orange Chicken
SIDE 1	Potato Au Gratin	Oven Roasted Sweet Potatoes	Mashed Potatoes With Chicken Gravy	Refried Beans	Pesto Pasta	Lemon Basil Orzotto	Steamed White Rice
SIDE 2	Buttered Fresh Vegetables	Buttered Edamame Succotash	Buttered Fresh Vegetables	Mexican Rice	Buttered Fresh Vegetables	Buttered Fressh Vegetables	Stir-Fry Vegetables
DESSERT	German Chocolate Cake	Upside Down Pineapple Cake	Lemon Cream Cake	Red Velvet Cake	Strawberry Shortcake	Apple & Berry Crumble	Layered Chocolate Cake
<b>DINNER</b>							
SOUP/SALAD			Cream of Mushrooms Soup				
ENTRÉE	Beef Meatballs in Marinara Sauce	BBQ Chicken Kabobs	Deli Ham Sadwich	Cheese Ravioli With Marinara Sauce	Teriyaki Chicken	Grilled Salisbury Steak With Brown Gravy	Spaguetti and Meatballs
SIDE 1	Fettuccini Alfredo	Steamed White Rice	Wedgecut Fries	Sausage Crumbled	Egg fried rice	Mashed Potatoes	Garlic Dinner Rolls
SIDE 2	Garlic Dinner Rolls			Buttered Fresh Vegetables	Steamed Fresh Vegetables	Buttered Green Beans	Sautee Zucchini Squash
DESSERT	Butterscotch Pudding	Strawberry Jello	Chocolate Cream Pie	Boston Cream Pie	Coconut Cream Pie	Vanilla Pudding	Tiramisu