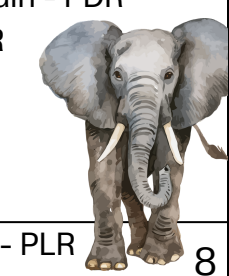
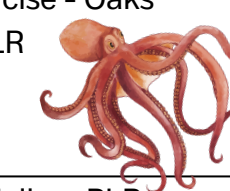
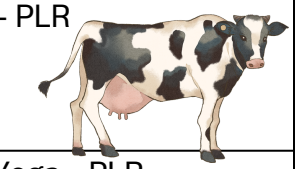


SUN	MON	TUE	WED	THU	FRI	SAT
 August 2026: Palms & Oaks 						 9:30 Chair Yoga - PLR 10:30 Mixed Media Art - PAR 6:30 Mexican Train - PDR 6:30 Movie - PLR
9:30 Church Rides 9:30 Gentle Yoga - PLR 10:30 Stretch & Move - PLR 11:30 Crafts - PAR 1-3 Open Studio Time - PAR 3:30 Hymn Singing - PLR 6:30 Movie - PLR	10:30 Palms Assoc. Mtg-PLR 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise - Oaks 6:30 Movie - PLR 	9:30 Exercise w/Tonya - PLR 10:00 Communion - PGR 10:30 Banking w/ Brian 1-3 CWA Trishaw Rides 12:30 Bridge - PDR 1:30 Scrabble - PGR 3:00 Tim Pacheco - PCY	9:30 Exercise w/Tonya - PLR 12:00 Courtyard BBQ #3 & #4 - PCY 1:30 Drumming - PLR 2:00 Oaks Assoc. Mtg. - OT 2:30 Aqua Exercise - Palms 6:30 Mexican Train - PDR	9:30 Yoga w/Lesley - PLR 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 12:30 Ukulele - PLR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - PLR	9:30 Exercise w/Astrid - PLR 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 3:00 Marilyn Darnell Presents: SLO: Cow Heaven - PLR 6:30 Foreign Film Friday: <i>The King's Choice</i> (Norway) - PLR	9:30 Chair Yoga - PLR 10:30 Card Making - PAR 1:30 CC Dahlia Show 3:00 Village Voices - PLR 6:30 Mexican Train - PDR 6:30 Movie - PLR
9:30 Church Rides 9:30 Gentle Yoga - PLR 10:30 Stretch & Move - PLR 11:30 Crafts - PAR 1-3 Open Studio Time -PAR 3:30 Discussion: Cybersecurity - OTV 	9:30 Move w/Melbra-PLR 10:30 Loss and Change -PGR 10:30 Walmart & Marshalls 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 2-4 Creative Writing Wkshop 2:30 Aqua Exercise - Oaks	9:30 Exercise w/Tonya - PLR 10:00 Communion - PGR 10-3 Chair Massage - PAR 12:30 Bridge - PDR 1:30 Scrabble - PGR 4:30 New Resident Table - PDR 6:30 TV Tuesday - PLR	9:30 Exercise w/Tonya - PLR 11:00 Octagon Barn Tour & Picnic 2:30 Aqua Exercise - Palms 6:30 Mexican Train - PDR 6:30 Movie & Talk w/Prof. Paul: My Octopus Teacher - PLR 	9:30 Yoga w/Lesley - PLR 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 12:30 Ukulele - PLR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - OT	9:30 Exercise w/Astrid - PLR 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 2:30 Safari Social & Music w/ Pricey Diggs - PCY 6:30 Foreign Film Friday: <i>Petite Maman</i> (France) - PLR	9:30 Chair Yoga - PLR 10:30 Jewelry Making - PAR 1:30 Art w/ Flo(w) - PAR 6:30 Mexican Train - PDR 6:30 Movie - PLR 
9:30 Church Rides 9:30 Gentle Yoga - PLR 10:30 Stretch & Move - PLR 11:30 Crafts - PAR 1-3 Open Studio Time - PAR 3:30 Hymn Singing - PLR 6:30 Movie - PLR	9:30 Move w/Melbra - PLR 10-4 Mobile Nail Salon - Lot 10:30 End of Life Disc. - PDR 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Rick Jarrett - PLR	9:30 Exercise w/Tonya - PLR 10:00 Communion - PGR 11:00 Meditation w/Tara- PLR 10:30 Banking w/ Brian 12:30 Bridge - PDR 1-3 CWA Trishaw Rides 1:30 Scrabble - PGR 3:00 Lavender Trio - PCY	9:30 Exercise w/Tonya - PLR 10:30 CVS/Dollar Tree 2:30 Aqua Exercise - Palms 6:30 Mexican Train - PDR 6:30 Movie - PLR 	9:30 Yoga w/Lesley - PLR 10-12 Walker Clinic - PCY 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 11:30 Nurses Lunch - PDR 12:30 Ukulele - PLR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - PLR	9:30 Exercise w/Astrid - PLR 10:30 This is Me Show Opening - PDR 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 3:00 Health Talk w/Ryan -PLR 6:30 Foreign Film Friday: <i>Monsieur Lazhar</i> (Canada) - PLR	9:30 Chair Yoga - PLR 10:30 Book Club: Crying in HMart - PCR 10:30 Collage Cards - PAR 3:00 Village Voices - PLR 6:30 Mexican Train - PDR 6:30 Movie - PLR
9:30 Church Rides 9:30 Gentle Yoga - PLR 10:30 Stretch & Move - PLR 11:30 Crafts - PAR 1-3 Collage w/ Allee - PAR 2-4 Tech w/Nancy - PLR 3:30 Discussion: AI Influence - OTV 	9:30 Move w/Melbra - PLR 10:30 Loss and Change -PGR 10:30 Target 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise - Oaks 6:30 Movie - PLR	9:30 Exercise w/Tonya - PLR 10:00 Communion - PGR 11:00 Meditation w/Tara- PLR 10-3 Chair Massage - PAR 12:30 Bridge - PDR 1:30 Scrabble - PGR 3:00 Bday w/Joy Bonner-OLR 4:30 New Resident Table -PDR	9:30 Exercise w/Tonya - PLR 11:30 Morro Bay Picnic & Boat Tour w/ Joyce Cory 2:30 Aqua Exercise - Palms 5:30 Once Upon a Story - PDR 6:30 Mexican Train - PDR 6:30 Movie - PLR 	9:30 Yoga w/Lesley - PLR 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 12:30 Ukulele - PLR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - OT	9:30 Exercise w/Astrid - PLR 11:00 Traveling Zoofari - PLR 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 6:30 Foreign Film Friday: <i>Life Is Beautiful</i> (Italy) - PLR	9:30 Chair Yoga - PLR 10:30 Summer Craft - PAR 2:00 Line Dancing w/ Patience - PLR 6:30 Mexican Train - PDR 6:30 Movie - PLR 
9:30 Church Rides 9:30 Gentle Yoga - PLR 10:30 Stretch & Move - PLR 11:30 Crafts - PAR 1-3 Open Studio Time - PAR 6:30 Movie - PLR	9:30 Move w/Melbra - PLR 10:30 Trader Joe's 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise - Oaks 6:30 Movie - PLR	 “Ready to take a walk on the wild side!” Please see calendar legend on reverse. 				

August Movies

Movies are playing in The Palms Living Room at 6:30pm.

1. Some Like It Hot – 1959 / Prime
2. What About Bob? – 1991 / Prime
3. A Man Called Otto – 2022 / Prime
4. **TV Tuesday:** Young Sheldon – 2017-2024 / Netflix
5. The Devil Wears Prada 2 – 2026 / Disney+
6. Rocky – 1976 / Prime
7. **Foreign Film Friday:** The King’s Choice - 2016 (Norway) / Prime
8. Beaches – 1989 / Prime
9. High Noon – 1952 / Prime
10. Of Mice and Men – 1992 / Prime
11. **TV Tuesday:** Young Sheldon – 2017-2024 / Netflix
12. **Movie Talk w/ Professor Paul:** My Octopus Teacher – 2020 / Netflix
13. CODA – 2021 / Prime
14. **Foreign Film Friday:** Petite Maman – 2021 (France) / Prime
15. The Pelican Brief – 1993 / Prime
16. Charade – 1963 / Prime
17. The Notebook – 2004 / Prime
18. **TV Tuesday:** Young Sheldon – 2017-2024 / Netflix
19. South Pacific – 1958 / Prime
20. The Other Woman – 2014 / Prime
21. **Foreign Film Friday:** Monsieur Lazhar – 2011 (Canada) / Prime
22. Father of the Bride – 1991 / Prime
23. The Seven-Year Itch – 1955 / Prime
24. Green Book – 2018 / Prime
25. **TV Tuesday:** Young Sheldon – 2017-2024 / Netflix
26. McFarland USA – 2015 / Prime
27. Catch Me If You Can – 2002 / Prime
28. **Foreign Film Friday:** Life Is Beautiful – 1997 (Italy) / Prime
29. The Peanut Butter Falcon – 2019 / Prime
30. The Jerk – 1979 / Prime
31. Space Cowboys – 2000 / Prime

August Campus Events

- Palms Association Meeting 8/3 @ 10:30 - PLR
- CWA Trishaw Rides 8/4, 8/18 @ 1-3
- Tim Pacheco 8/4 @ 3:00 - PCY
- Courtyard #3 & #4 BBQ 8/5 @ 12:00 - PCY
- Drumming for Wellness 8/5 @ 1:30 - PLR
- Oaks Association Meeting 8/5 @ 2:00 - OT
- Marilyn Darnell Presents: *SLO: Cow Heaven* 8/7 @ 3:00 - PLR
- Creative Writing Workshop 8/10 @ 2-4 - PLR
- Chair Massage 8/11, 8/25 @ 10-3 - PAR
- Movie & Talk w/ Prof. Paul: *My Octopus Teacher* 8/12 @ 6:30 - PLR
- Safari Social & Music w/ Pricey Diggs 8/14 @ 2:30 - PCY
- Mobile Nail Salon 8/17 @ 10:00 - 4:00 - Parking lot
- End of Life Discussion 8/17 @ 10:30 - PDR
- Rick Jarrett 8/17 @ 3:00 - PLR
- Acoustic Lavender Trio 8/18 @ 3:00 - PCY
- Walker Clinic 8/20 @ 10-12 - PCY
- *This is Me* Show Opening 8/21 @ 10:30 - PDR
- Health Talk w/ Ryan 8/21 @ 3:00 - PLR
- Book Club: *Crying in HMart* 8/22 @ 10:30 - PCR
- Tech w/ Nancy 8/23 @ 2-4 - PLR
- Bday w/ Joy Bonner 8/25 @ 3:00 - OLR
- Traveling Zoofari 8/28 @ 11:00 - PLR
- Line Dancing w/ Patience 8/29 @ 2:00 - PLR

August Outings

- Central Coast Dahlia Show 8/8 @ 1:30-3:00
- Octagon Barn Tour & Picnic 8/12 @ 11:00-2:00
- Morro Bay Picnic & Boat Tour w/ Joyce Cory 8/26 @ 11:30-2:00

August Shopping

- Walmart/Marshalls 8/10 @ 10:30
- CVS/Dollar Tree 8/19 @ 10:30
- Target 8/24 @ 10:30
- Trader Joe’s 8/31 @ 10:30