

SUN	MON	TUE	WED	THU	FRI	SAT
October 2026 Palms & Oaks Please see calendar legend on reverse. 				9:30 Yoga w/Lesley-PLR 1 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - PLR 4-6 A Look in the Life - Sydney Creek	9:30 Exercise w/Astrid-PLR 2 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 2:30 Ballot Propositions Pros & Cons Video - PLR 6:30 Foreign Film Friday: <i>Declaration of War</i> (FR) - PLR	9:30 Chair Yoga - PLR 3 10:30 Mixed Media Art - PAR 1:15-5:00 Melodrama: Legend of Sleepy Hollow 1:30 Art w/ Flo(w) - PAR 6:30 Mexican Train - PDR 6:30 Movie - PLR
9:30 Church Rides 4 9:30 Gentle Yoga - PLR ~~10:30 Stretch & Move - PLR~~ 10:30 Crafts - PAR 1-3 Open Studio Time - PAR 3:30 Hymn Singing - PLR 6:30 Movie - PLR	10:30 Palms Assoc. Mtg-PLR 5 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 2-4 Costume Shop - PLR 2:30 Aqua Exercise - Oaks 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR 6 10:00 Communion - PGR 10:30 Banking w/ Brian 11:00 Grandfriends - GC 11:00 Meditation w/Tara - PLR 12:30 Bridge - PDR 1-3 CWA Trishaw Rides 1:30 Scrabble - PGR 3:00 Oktoberfest Social - PCY	9:30 Exercise w/Tonya-PLR 7 10:30 CVS/Dollar Tree 11:15 Muscle & Mobility - PLR 1:30 Drumming - PLR 2:00 Oaks Assoc. Mtg - OT 2:30 Aqua Exercise - Palms 6:30 Mexican Train - PDR 6:30 Movie - PLR	9:30 Yoga w/Lesley-PLR 8 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 11:00 Mobile Library - Lot 12:30 Ukulele - PLR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - OT	9:30 Exercise w/Astrid-PLR 9 10:30 Holiday Boutique 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 3:00 Denny Wheeler Presents: Things to See in SLO - PLR 6:30 Foreign Film Friday: <i>Under the Same Moon</i> (MX)-PLR	9:30 Chair Yoga - PLR 10 10:30 Card Making - PAR 2-3 Voter Information - PCY 3:00 Village Voices - PLR 6:30 Mexican Train - PDR 6:30 Movie - PLR
9:30 Church Rides 11 9:30 Gentle Yoga - PLR ~~10:30 Stretch & Move - PLR~~ 10:30 Crafts - PAR 1-3 Open Studio Time - PAR 2-3 Voter Information - PCY 3:30 Discussion: Proposition 40 - OTV	9:30 Move w/Melbra-PLR 12 10:30 Loss and Change - PGR 10:30 Men's Coffee - PDR 10:30 Walmart/Marshalls 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Rick Jarrett - PLR 6:30 Musical Monday - PLR	9:30 Exercise w/Tonya-PLR 13 10-3 Chair Massage - PAR 10:00 Communion - PGR 11:00 Grandfriends - GC 11:00 Meditation w/Tara - PLR 12:30 Bridge - PDR 1:00 Sugar Skull Painting - PLR 1:30 Scrabble - PGR 4:30 New Resident Table - PDR	9:30 Exercise w/Tonya-PLR 14 10:30 Kelsey Vineyard Picnic & Avila Valley Barn 11:15 Muscle & Mobility - PLR ~~2:30 Aqua Exercise - Palms~~ 6:30 Mexican Train - PDR 6:30 Movie & Talk w/Prof. Paul: The Village - PLR	9:30 Yoga w/Lesley-PLR 15 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 11:30 Nurses Lunch - PDR 1:30 \$2 Bingo - PDR ~~2:30 Aqua Exercise - Oaks~~ 3:00 Doc & Wine - PLR 6:30 Movie - PLR	9:30 Exercise w/Astrid-PLR 16 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 2-4 Mini Alzheimer's Walk w/Lavender Trio-Roundabout ~~3:00 Health Talk w/Ryan - PLR~~ 6:30 Foreign Film Friday: <i>Evil Under the Sun</i> (UK) - PLR	~~9:30 Chair Yoga - PLR~~ 17 10:45 Line Dancing w/ Patience - PLR ~~10:30 Crafts - PAR~~ 1:30 Art w/ Flo(w) - PAR 6:30 Mexican Train - PDR 6:30 Movie - PLR
9:30 Church Rides 18 9:30 Gentle Yoga - PLR ~~10:30 Stretch & Move - PLR~~ 10:30 Crafts - PAR 1-3 Open Studio Time - PAR 3:30 Hymn Singing - PLR 6:30 Movie - PLR	9:30 Move w/Melbra-PLR 19 10-4 Mobile Nail Salon - Lot 10:30 End of Life Disc. - PDR 10:30 Target 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR ~~2:30 Aqua Exercise - Oaks~~ 6:30 Movie - PLR	9:30 Exercise w/Tonya-PLR 20 10:00 Communion - PGR 10:30 Banking w/ Brian 11:00 Grandfriends - GC 11:00 Meditation w/Tara- PLR 12:30 Bridge - PDR 1-3 CWA Trishaw Rides 1:30 Scrabble - PGR 2:30 Morocco Travelogue w/ Susan Stewart - PLR	9:30 Exercise w/Tonya-PLR 21 11:15 Muscle & Mobility - PLR 1:30 Music Bingo & Brews w/ DJ - PDR 2:30 Aqua Exercise - Palms 6:30 Mexican Train - PDR 6:30 Movie - PLR	9:30 Yoga w/Lesley-PLR 22 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 12:30 Ukulele - PLR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - OT 6:30 Movie - PLR	9:30 Exercise w/Astrid-PLR 23 11:00 Harvest Bouquets w/ Kathy Keys - OLR 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 6:30 Foreign Film Friday: <i>Tokyo Story</i> (JP) - PLR	9:30 Chair Yoga - PLR 24 10:30 Book Club: Everything is Tuberculosis - PCR 10:30 Jewelry Making - PAR 1:00 City Council Candidates Meet & Greet - PLR 3:00 Village Voices - PLR 6:30 Mexican Train - PDR
9:30 Church Rides 25 9:30 Gentle Yoga - PLR ~~10:30 Stretch & Move - PLR~~ 10:30 Crafts - PAR 1-3 Open Studio Time - PAR 3:30 Discussion: Proposition 4 - OTV 6:30 Movie - PLR	9:30 Move w/Melbra-PLR 26 10:30 Loss and Change - PGR 10:30 Trader Joe's 12:30 Move to Music - PLR 1:30 \$1 Bingo - PDR 3:00 Pumpkin Viewing - PLR 2:30 Aqua Exercise - Oaks 6:30 Musical Monday - PLR	9:30 Exercise w/Tonya-PLR 27 10-3 Chair Massage - PAR 10:00 Communion - PGR 11:00 Grandfriends - GC 11:00 Meditation w/Tara - PLR 12:30 Bridge - PDR 1:30 Scrabble - PGR 3:00 Bday Party w/ Ayanna McDuffie - OLR 4:30 New Resident Table - PDR	9:30 Exercise w/Tonya-PLR 28 11:15 Muscle & Mobility - PLR 1:00 Cambria Scarecrow Festival, Stroll & Linn's Pie 2:30 Aqua Exercise - Palms 5:30 Once Upon a Story - PDR 6:30 Mexican Train - PDR 6:30 Movie - PLR	9:30 Yoga w/Lesley-PLR 29 10:00 Bible Study - GC 10:30 Acrylic Paint - PAR 12-2 Costume Shop - PLR 1:30 \$2 Bingo - PDR 2:30 Aqua Exercise - Oaks 3:00 Doc & Wine - PLR 6:30 Movie - PLR	9:30 Exercise w/Astrid-PLR 30 1:00 Bible Discussion - GC 2:00 Bible Study - PGR 2:30 Halloween Party & Costume Parade - PCY/PLR 6:30 Foreign Film Friday: <i>Dancing at Lughnasa</i> (IR) - PLR	9:30 Chair Yoga - PLR 31 10:30 Mixed Media Art - PAR 6:30 Mexican Train - PDR 6:30 Movie - PLR Halloween

October Movies

Movies are playing in The Palms Living Room at 6:30pm.

- 1. Practical Magic - 1998 / Prime
- 2. **Foreign Film Friday:** Declaration of War - 2011 / Prime (France)
- 3. Clue - 1985 / Prime
- 4. Penny Serenade - 1941 / Prime
- 5. Field of Dreams - 1989 / Netflix
- 6. **TV Tuesday:** Anne with an “E” - 2017 / Netflix
- 7. On the Rocks - 2020 / Prime
- 8. The Mask of Zorro - 1998 / Prime
- 9. **Foreign Film Friday:** Under the Same Moon - 2007 / Prime (Mexico)
- 10. Arsenic and Old Lace - 1944 / Prime
- 11. Little Women - 2019 / Prime
- 12. **Musical Monday:** Little Shop of Horrors - 1986 / Prime
- 13. **TV Tuesday:** Anne with an “E” - 2017 / Netflix
- 14. **Movie & Talk w/ Professor Paul:** The Village - 2004 / Prime
- 15. The Ghost and Mrs. Muir - 1947 / Prime
- 16. **Foreign Film Friday:** Evil Under the Sun - 1982 / Prime (UK)
- 17. Moonstruck - 1988 / Prime
- 18. **Resident’s Choice:** Thelma and Louise - 1991 / Prime
- 19. A Beautiful Day in the Neighborhood - 2019 / Prime
- 20. **TV Tuesday:** Anne with an “E” - 2017 / Netflix
- 21. Hannah and her Sisters - 1986 / Prime
- 22. Abbott and Costello Meet Frankenstein - 1948 / Prime
- 23. **Foreign Film Friday:** Tokyo Story - 1972 / Prime (Japan)
- 24. The Outsiders - 1983 / Prime
- 25. Straight Talk - 1992 / Prime
- 26. **Musical Monday:** Coco - 2017 / Disney+
- 27. **TV Tuesday:** Anne with an “E” - 2017 / Netflix
- 28. Temple Grandin - 2010 / Prime
- 29. The Ambassador’s Daughter - 1956 / Prime
- 30. **Foreign Film Friday:** Dancing at Lughnasa - 1998 / Prime (Ireland)
- 31. Hocus Pocus - 1993 / Disney+

October Campus Events

- A Look in the Life 10/1 @ 4:00-6:00 - Sydney Creek
- Ballot Propositions Pros & Cons Video 10/2 @ 2:30 - PLR
- Palms Association Meeting 10/5 @ 10:30 - PLR
- Costume Shop 10/5 @ 2:00-4:00, 10/29 @ 12:00-2:00 - PLR
- Grandfriends 10/6, 10/13, 10/20, 10/27 @ 11:00 - Garden Creek 1st Floor
- Oktoberfest Social 10/6 @ 3:00 - PCY
- Muscles & Mobility 10/7, 10/14, 10/21, 10/28 @ 11:15 - PLR
- Drumming for Wellness 10/7 @ 1:30 - PLR
- Oaks Association Meeting 10/7 @ 2:00 - OT
- Voter Information Booth 10/10, 10/11 @ 2-3 - PCY
- Resident Discussion Group 10/11, 10/25 @ 3:30 - OTV
- Men’s Coffee 10/12 @ 10:30 - PDR
- Rick Jarrett 10/12 @ 3:00 - PLR
- Sugar Skull Painting w/ Ensley @ 1:00 - PLR
- Movie & Talk w/ Professor Paul: *The Village* 10/14 @ 6:30 - PLR
- Mini Alzheimer’s Walk w/ Acoustic Lavender Trio 10/16 @ 2:00-4:00 - Lot
- Line Dancing w/ Patience 10/17 @ 10:45 - PLR
- Mobile Nail Salon 10/19 @ 10:00-4:00 - Lot
- End of Life Discussion 10/19 @ 10:30 - PDR
- Morocco Travelogue w/ Susan Stewart 10/20 @ 2:30 - PLR
- Music Bingo & Brews w/ DJ 10/21 @ 1:30 - PDR
- Harvest Bouquets w/ Kathy Keys 10/23 @ 11:00 - OLR
- City Council Candidates Meet & Greet 10/24 @ 1:00 - PLR
- Pumpkin Viewing 10/26 @ 3:00 - PLR
- Bday Party w/ Ayanna McDuffie 10/27 @ 3:00 - OLR
- Halloween Party & Costume Parade 10/30 @ 2:30 - PCY/PLR

October Outings

- Melodrama: *The Legend of Sleepy Hollow* 10/3 @ 1:15-5:00
- Kelsey Winery + Picnic & Avila Valley Barn 10/14 @ 10:30-2:30
- Cambria Scarecrow Festival, Stroll, & Linn’s Pies 10/28 @ 1:00-4:00

October Shopping

- CVS/Dollar Tree 10/7 @ 10:30
- SLO Elks Lodge: Holiday Boutique 10/9 @ 10:30
- Walmart/Marshalls 10/12 @ 10:30
- Target 10/19 @ 10:30
- Trader Joe’s 10/26 @ 10:30