# November 2026
# Palms & Oaks

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|---|---|---|---|---|
| 1<br>9:30 Church Rides<br>9:30 Gentle Yoga - PLR<br>10:30 Crafts - PAR<br>1-3 Open Studio Time - PAR<br>3:30 Hymn Singing - PLR<br>6:30 Movie - PLR | 2<br>**10:30 Palms Assoc. Mtg-PLR**<br>12:30 Move to Music - PLR<br>1:30 $1 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>6:30 Movie - PLR | 3<br>9:30 Exercise w/Tonya-PLR<br>10:00 Communion - PGR<br>10:30 Banking w/ Brian<br>11:00 Meditation w/Tara - PLR<br>**11:00 Grandfriends - GC**<br>12:30 Bridge - PDR<br>1-3 CWA Trishaw Rides<br>1:30 Scrabble - PGR<br>**Election Day** | 4<br>9:30 Exercise w/Tonya-PLR<br>**10:30 CVS/Dollar Tree**<br>11:15 Muscle & Mobility - PLR<br>**1:30 Drumming - PLR**<br>**2:00 Oaks Assoc. Mtg - OT**<br>2:30 Aqua Exercise - Palms<br>6:30 Mexican Train - PDR<br>6:30 Movie - PLR | 5<br>9:30 Yoga w/Lesley-PLR<br>10:00 Bible Study - GC<br>10:30 Acrylic Paint - PAR<br>**11:00 Bumpin' Out Party for Ensley - PLR**<br>1:30 $2 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>3:00 Doc & Wine - PLR | 6<br>9:30 Exercise w/Astrid-PLR<br>**11:00 Ind. Safety Prep w/ Fire Department - PLR**<br>1:00 Bible Discussion - GC<br>2:00 Bible Study - PGR<br>**3:00 Ynana Rose - PLR**<br>6:30 Foreign Film Friday:<br>*The Farewell* (CH) - PLR | 7<br>9:30 Chair Yoga - PLR<br>**10:15 SLO Symphony Dress Rehearsal**<br>10:30 Card Making - PAR<br>1:30 Art w/ Flo(w) - PAR<br>6:30 Mexican Train - PDR<br>6:30 Movie - PLR |
| 8<br>9:30 Church Rides<br>9:30 Gentle Yoga - PLR<br>10:30 Crafts - PAR<br>1-3 Open Studio Time - PAR<br>**2-4 Tech w/ Nancy - PLR**<br>**3:30 Discussion: Lessons Learned from Election- OTV** | 9<br>9:30 Move w/Melbra-PLR<br>**10:30 Men's Coffee - PDR**<br>12:30 Move to Music - PLR<br>1:30 $1 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>**3:00 Rick Jarrett - PLR**<br>6:30 Musical Monday - PLR | 10<br>9:30 Exercise w/Tonya-PLR<br>10-3 Chair Massage - PAR<br>10:00 Communion - PGR<br>11:00 Meditation w/Tara - PLR<br>**11:00 Grandfriends - GC**<br>12:30 Bridge - PDR<br>1:30 Scrabble - PGR<br>**2:30 Social w/ Pricey Diggs - PLR**<br>4:30 New Resident Table - PDR | 11<br>9:30 Exercise w/Tonya-PLR<br>**10:30 Target**<br>11:15 Muscle & Mobility - PLR<br>**12:00 Veteran's Lunch - PDR**<br>2:30 Aqua Exercise - Palms<br>6:30 Mexican Train - PDR<br>6:30 Movie - PLR<br>**Veterans Day** | 12<br>9:30 Yoga w/Lesley-PLR<br>10:00 Bible Study - GC<br>10:30 Acrylic Paint - PAR<br>11:00 Mobile Library - Lot<br>12:30 Ukulele - PLR<br>1:30 $2 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>3:00 Doc & Wine - OT | 13<br>9:30 Exercise w/Astrid-PLR<br>1:00 Bible Discussion - GC<br>2:00 Bible Study - PGR<br>**2:30 Vi Matlin COL - PLR**<br>6:30 Foreign Film Friday:<br>*Photograph* (IN) - PLR | 14<br>9:30 Chair Yoga - PLR<br>10:30 Jewelry Making - PAR<br>**1:00 Cal Poly Student Engineering Expo - PDR**<br>3:00 Village Voices - PLR<br>6:30 Mexican Train - PDR<br>6:30 Movie - PLR |
| 15<br>9:30 Church Rides<br>9:30 Gentle Yoga - PLR<br>10:30 Crafts - PAR<br>1-3 Open Studio Time - PAR<br>3:30 Hymn Singing - PLR<br>6:30 Movie - PLR | 16<br>9:30 Move w/Melbra-PLR<br>**10-4 Mobile Nail Salon - Lot**<br>**10:30 End of Life Disc. - PDR**<br>**10:30 Trader Joe's**<br>12:30 Move to Music - PLR<br>1:30 $1 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>**3:00 Presentation: *Tech in Agriculture* - PLR** | 17<br>9:30 Exercise w/Tonya-PLR<br>10:00 Communion - PGR<br>10:30 Banking w/ Brian<br>11:00 Meditation w/Tara - PLR<br>**11:00 Grandfriends - GC**<br>12:30 Bridge - PDR<br>1-3 CWA Trishaw Rides<br>1:30 Scrabble - PGR<br>**3:00 Tim Pacheco - PLR** | 18<br>9:30 Exercise w/Tonya-PLR<br>11:15 Muscle & Mobility - PLR<br>**12:00 Finney's, McConnell's, & Monterey Street Stroll**<br>2:30 Aqua Exercise - Palms<br>6:30 Mexican Train - PDR<br>**6:30 Movie & Talk w/ Prof Paul: *Best Years of Our Lives* - PLR** | 19<br>9:30 Yoga w/Lesley-PLR<br>10:00 Bible Study - GC<br>10:30 Acrylic Paint - PAR<br>11:30 Nurses Lunch - PDR<br>1:30 $2 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>3:00 Doc & Wine - PLR<br>6:30 Movie - PLR | 20<br>9:30 Exercise w/Astrid-PLR<br>**11:00 Thanksgiving Gratitude Tree & Morning Pie - PLR**<br>1:00 Bible Discussion - GC<br>2:00 Bible Study - PGR<br>**2:30 Cal Poly TOM: *Devices to Assist You* - PLR**<br>6:30 Foreign Film Friday:<br>*La Sarrasine* (CAN) - PLR | 21<br>9:30 Chair Yoga - PLR<br>**10:30 Book Club: *Horse* - PCR**<br>10:30 Mixed Media Art - PAR<br>1:30 Art w/ Flo(w) - PAR<br>6:30 Mexican Train - PDR<br>6:30 Movie - PLR |
| 22<br>9:30 Church Rides<br>9:30 Gentle Yoga - PLR<br>10:30 Crafts - PAR<br>1-3 Open Studio Time - PAR<br>**3:30 Discussion: Term Limits - OTV**<br>6:30 Movie - PLR | 23<br>9:30 Exercise Video - PLR<br>**10:30 Loss Support Group-PGR**<br>**10:30 Men's Coffee - PDR**<br>**10:30 Walmart/Marshalls**<br>~~12:30 Move to Music - PLR~~<br>1:30 $1 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>**3:00 Author's Talk: *Tennis Players as Works of Art* - PLR** | 24<br>9:30 Exercise w/Tonya-PLR<br>10-3 Chair Massage - PAR<br>**11:00 Advent Reconciliation Service w/ Father Matt - GC**<br>11:00 Meditation w/Tara - PLR<br>12:30 Bridge - PDR<br>1:30 Scrabble - PGR<br>**3:00 Bday Party w/ The Bald Spots - PLR**<br>4:30 New Resident Table - PDR | 25<br>9:30 Exercise w/Tonya-PLR<br>11:15 Muscle & Mobility - PLR<br>2:30 Aqua Exercise - Palms<br>6:30 Mexican Train - PDR<br>6:30 Movie - PLR | 26<br>9:30 Exercise Video - PLR<br>6:30 Movie - PLR<br>**Thanksgiving Day** | 27<br>9:30 Exercise w/Astrid-PLR<br>1:00 Bible Discussion - GC<br>2:00 Bible Study - PGR<br>6:30 Foreign Film Friday:<br>*Wild Strawberries* (SW) - PLR | 28<br>9:30 Chair Yoga - PLR<br>10:30 Holiday Project - PAR<br>**12:00 AG Farmers' Market**<br>3:00 Village Voices - PLR<br>6:30 Mexican Train - PDR<br>6:30 Movie - PLR |
| 29<br>9:30 Church Rides<br>9:30 Gentle Yoga - PLR<br>10:30 Crafts - PAR<br>1-3 Open Studio Time - PAR<br>6:30 Movie - PLR | 30<br>9:30 Exercise Video - PLR<br>12:30 Move to Music - PLR<br>1:30 $1 Bingo - PDR<br>2:30 Aqua Exercise - Oaks<br>6:30 Movie - PLR | | | | | |



**PLR= Palms Living Room PCR= Palms Community Room PAR= Palms Art Room PCY= Palms Courtyard PDR= Palms Dining Room PGR= Palms Garden Room OLR= Oaks Living Room OT= Oaks Theater**

## November Movies

Movies are playing in The Palms Living Room at 6:30pm, except T.V. Tuesdays.

1. **Resident Suggestion:** Parenthood - 1989 / Prime
2. Miss Congeniality - 2000 / Prime
3. **TV Tuesday:** Anne with an “E” - 2017 / Netflix
4. The Mirror Has Two Faces - 1996 / Prime
5. Tucker: The Man and His Dream - 1988 / Prime
6. **Foreign Film Friday:** The Farewell - 2019 / Prime (China)
7. Glory Road - 2006 / Prime
8. I Remember Mama - 1948 / Prime
9. **Musical Monday:** The Wizard of Oz - 1939 / Prime
10. **TV Tuesday**: Anne with an “E” - 2017 / Netflix
11. Twelve O’Clock High - 1950 / Prime
12. The Parent Trap - 1998 / Disney+
13. **Foreign Film Friday:** Photograph - 2019 / Prime (India)
14. **Resident Suggestion:** Dames - 1934 / Prime
15. The Spirit of St. Louis - 1957 / Prime
16. Walk the Line - 2005 / Prime
17. **TV Tuesday:** Anne with an “E” - 2017 / Netflix
18. **Movie & Talk w/ Prof Paul:** The Best Years of Our Lives - 1946 / Prime
19. The Truman Show - 1998 / Prime
20. **Foreign Film Friday:** La Sarrasine - 1992 / Prime (Canada)
21. The Asphalt Jungle - 1950 / Prime
22. Anchorman: The Legend of Ron Burgundy - 2004 / Prime
23. **Musical Monday:** Once - 2007 / Prime
24. **TV Tuesday:** Anne with an “E” - 2017 / Netflix
25. O Brother, Where Art Thou? - 2000 / Prime
26. Tootsie - 1982 / Prime
27. **Foreign Film Friday:** Wild Strawberries - 1959 / Prime (Sweden)
28. Swiss Family Robertson - 1960 / Disney+
29. A Beautiful Mind - 2001 / Prime
30. The Cider House Rules - 1999 / Prime

## November Campus Events

- Palms Association Meeting 11/2 @ 10:30 - PLR
- Grandfriends 11/3, 11/10, 11/17 @ 11:00 - Garden Creek
- Drumming for Wellness 11/4 @ 1:30 - PLR
- Oaks Association Meeting 11/4 @ 2:00 - OT
- Bumpin’ Out Party for Ensley 11/5 @ 11:00 - PLR
- Individual Safety Prep w/ SLO Fire Department 11/6 @ 11:00 - PLR
- Ynana Rose 11/6 @ 3:00 - PLR
- Tech w/ Nancy 11/8 @ 2-4 - PLR
- Resident Discussion Group 11/8, 11/22 @ 3:30 - OTV
- Men’s Coffee 11/9, 11/23 @ 10:30 - PDR
- Rick Jarrett 11/9 @ 3:00 - PLR
- Fall Social w/ Pricey Diggs 11/10 @ 2:30 - PLR
- Veteran’s Lunch 11/11 @ 12:00 - PDR
- Celebration of Life: Vi Matlin 11/13 @ 2:30 - PLR
- Cal Poly Student Engineering Expo 11/14 @ 1:00 - PDR
- Presentation: *Technology in Agriculture* 11/16 @ 3:00 - PLR
- Tim Pacheco 11/17 @ 3:00 - PLR
- Movie & Talk w/ Prof Paul: *The Best Years of Our Lives* 11/18 @ 6:30 - PLR
- Thanksgiving Gratitude Tree & Morning Pie 11/20 @ 11:00 - PLR
- Cal Poly TOM: *Devices to Assist You* 11/20 @ 2:30 - PLR
- Author’s Talk: *Tennis Players as Works of Art* 11/23 @ 3:00 - PLR
- Advent Reconciliation Service w/ Father Matt 11/24 @ 11:00 - Garden Creek
- Birthday Party w/ The Bald Spots 11/24 @ 3:00 - PLR

## November Outings

- SLO Symphony Dress Rehearsal: *Keys of Grandeur* 11/7 @ 10:15-12:45
- Finney’s, McConnell’s. & Monterey Street Stroll 11/18 @ 12:00-3:00
- Arroyo Grande Farmers Market 11/28 @ 12:00-2:00

## November Shopping

- CVS/Dollar Tree 11/4 @ 10:30
- Target 11/11 @ 10:30
- Trader Joe’s 11/16 @ 10:30
- Walmart/Marshalls 11/23 @ 10:30